



[www.gosforthpark.newcastle.sch.uk](http://www.gosforthpark.newcastle.sch.uk)

15<sup>th</sup> January 2021 Issue 2 Spring Term 1

## Home Learning

We hope you are getting to grips with SeeSaw. We know that the children's motivation will be better on some days than others and that you might get through more or less on different days due to family or work commitments. Some families will be finding it difficult to keep up with everything (that's ok!) and some families may want a bit more. If you feel you need more time to familiarise yourself with resources, you may wish to work a day behind. It's very tricky for the teachers to get things out a day ahead with their current workload of face to face teaching, home learning, video making and phone calls.

The BBC have lots of programming for lockdown learning and although it may not match the current topics in school, I'm sure it will still be very interesting.

BBC Bitesize				
Lockdown Learning				
Mon 11 - Fri 15 Jan				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Primary Learning on CBBC</b>				
09:00 BBC Bitesize Daily 5-7 years Maths & History	09:00 BBC Bitesize Daily 5-7 years English	09:00 BBC Bitesize Daily 5-7 years Science	09:00 BBC Bitesize Daily 5-7 years Maths & French	09:00 BBC Bitesize Daily 5-7 years English & Wellbeing
09:20 BBC Bitesize Daily 7-9 years Maths & History	09:20 BBC Bitesize Daily 7-9 years English	09:20 BBC Bitesize Daily 7-9 years Science	09:20 BBC Bitesize Daily 7-9 years Maths & French	09:20 BBC Bitesize Daily 7-9 years English & Wellbeing
09:40 BBC Bitesize Daily 9-11 years Maths & History	09:40 BBC Bitesize Daily 9-11 years English	09:40 BBC Bitesize Daily 9-11 years Science	09:40 BBC Bitesize Daily 9-11 years Maths & French	09:40 BBC Bitesize Daily 9-11 years English & Wellbeing
10:05 Celebrity Supply Teacher Maths with Mark Labbett	10:05 Celebrity Supply Teacher English with Geri Horner	10:05 Celebrity Supply Teacher PE with Marcus Rashford	10:05 Celebrity Supply Teacher Gardening with Jeff Hordley & Zoe Henry	10:05 Celebrity Supply Teacher Food Science with Heston Blumenthal
10:15 Horrible Histories	10:15 Horrible Histories	10:15 Horrible Histories	10:15 Horrible Histories	10:15 Horrible Histories
10:45 Our School	10:45 Our School	10:45 Our School	10:45 Our School	10:45 Our School
11:05 Art Ninja	11:05 Art Ninja	11:05 Art Ninja	11:05 Art Ninja	11:05 Art Ninja
11:35 Operation Ouchi	11:35 Operation Ouchi	11:35 Operation Ouchi	11:35 Operation Ouchi	11:35 Operation Ouchi
<b>Secondary Learning on BBC Two</b>				
- Science Week -				
13:00 BBC Bitesize Daily Secondary 11-14 years				
14:00 Brian Cox's The Planets				
Continue your learning at <a href="http://bbc.co.uk/bitesize">bbc.co.uk/bitesize</a> Catch up on all the shows on BBC iPlayer				

We have also updated the Remote Education section of the website and will continue to add to this.

## Technology

We will be sending out a Home Learning survey to all parents today to find out what devices you have at home to support home learning. It can also be accessed by following this link <https://forms.gle/6RaDTS1Ed9QoN4jh7> We have been offered some laptops by members in the local community and will be receiving a small number of devices from the government. This survey will help us to find out who needs these the most.

## Games Consoles

Did you know you can also access home learning via an Xbox or PS4? Follow this link to find out how <https://www.techradar.com/uk/how-to/how-to-access-home-learning-on-ps4-and-xbox-one#:~:text=Simply%20plug%20in%20your%20Okeyboard,%2C%20then%20'Bluetooth%20Devices'>

## Phone calls

Staff are beginning to make fortnightly calls to catch up with families working at home. Please note that these will come from blocked numbers within school. These will be short calls as staff are working in school and will need to get back in to class and on to SeeSaw.

## Resources

Thank you so much to the parents who have been able to help with dropping resource packs off to others on their journey home from school and to those of you who have collected while out on your daily walk. We will get the rest of these out to you next week.

Thanks

## Wellbeing

At Gosforth Park First School the wellbeing, safety and mental health of our pupils is our top priority.

Below are 5 ways to support wellbeing during this challenging time. Please see the wellbeing section on the school website for updated advice and useful links.



### 5 ways to wellbeing

Sometimes life can feel challenging and stressful. We have so much going on in our minds we feel unsettled, anxious and a little unhappy.

Five ways to wellbeing are simple things we can all do to enjoy life and be kinder to ourselves, so that our minds and bodies are healthy.

The five ways to wellbeing are:

- **Connect with others:** listen to, speak to and connect with family and friends, this could be in person, over the phone or using social media
- **Keep learning:** try something new, learn a new skill, read a new book, be creative, surprise yourself
- **Be Active:** move your body and your mood! Do what you can, enjoy what you do and get moving, walking, running, playing, dancing....
- **Take notice:** be curious, ask questions, watch, think and appreciate what is around you and remember the simple things that make you happy
- **Give:** your time, your words, your presence and do something nice for someone else a friend, family member or someone you do not know by supporting a charity in some way

Additional links to support wellbeing can be found on the Remote Education section of the school website.

Mrs McClurg PSHE Lead

Well done to Yellow Class again for being our top participants, it was a close one this week though!

Well done to Sahib Singh Dhaliwal and Alexander Dye for gaining the most points this week.



Wow, amazing work this week – Jemima Bond and Isabel Gent have stormed into the top two places! Impressive times tables work both of you, really well done!

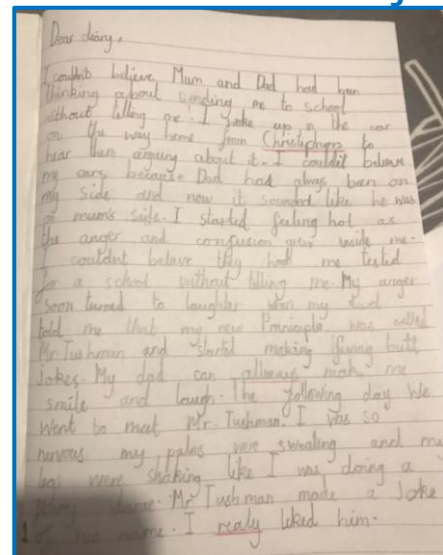
Ms Gasper



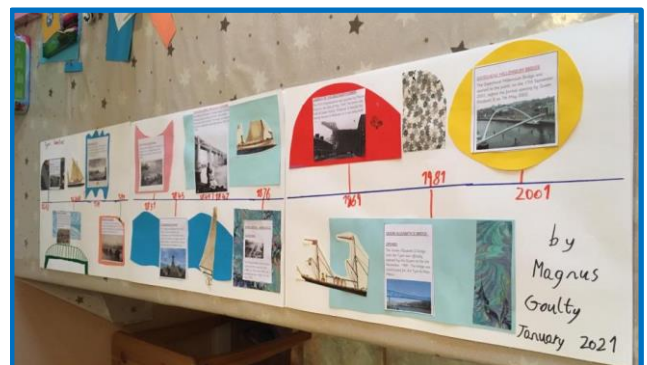
**Oxford Reading Buddy**

Our Oxford reading buddy this week is **Alexander Gibbons**, well done!

### Celebration Assembly



Here is Joe's fantastic writing as mentioned in Celebration Assembly today and Magnus' fantastic timeline of The River Tyne. Well done boys!



## Little Borrowers Toy Loan Service

**Toys are now available to be borrowed by parents, grandparents and foster carers of children under 5 in Newcastle.**

**Visit [www.napi.org.uk](http://www.napi.org.uk) and go to [Toy Library](#) to view the online catalogue.**

**4 toys can be borrowed for 4 weeks free of charge.**

**Toys can be collected from and returned to Heaton Community Centre, Trehitt Road, Heaton NE6 5DY on Wednesdays (during term time) by appointment or a home visit can be arranged.**

**For more information or to make an appointment please ring**

**0191 2656158**

**If your child has an additional need or disability please ask about the Additional Needs Toy Library.**



Team GB and Aldi have launched a competition for students aged 5-14, where they would like children to create and design an original recipe inspired by Team GB. Entrants are split into 3 age groups and winners will receive Team GB goodies, Aldi vouchers and their recipe will be featured on the Get Set Eat Fresh website. The website has a wealth of recipes, ways to get children started in the kitchen and other tips and tricks to encourage healthy eating. Just click on the parent's resources link on the website to find the competition and more: <https://getseteatfresh.co.uk/>

Mrs Wells

**YOUTUBE.COM/BLUEPETER**

**Blue Peter**

SUBSCRIBE



**SUBSCRIBE NOW!**

Blue Peter is the longest running kids TV show in the world and we are uploading videos to it that are suitable for 5-11 year olds. We have world record breaking challenges, arts and crafts, environmental videos, cooking and baking how tos, inspirational films, gaming, celebrity appearances, dance routines and music performances. We also feature ways of getting a Blue Peter badge, behind the scenes footage and extra content about our incredible presenters Adam, Lindsey, Mwaksy, Richie and Henry the Blue Peter dog.

Subscribe to

<https://www.youtube.com/bluepeter>

- (it's completely free to subscribe!) and don't forget to watch the live programme on CBBC at 5.00pm every week, or on BBC iPlayer.

## Covid Related Pupil Absence Guide

	Scenario	Action required
1	<p>My child has COVID-19 symptoms:</p> <ul style="list-style-type: none"> <li>• <b>High temperature</b></li> <li>• <b>New continuous Cough</b></li> <li>• <b>Loss or change to sense of smell or taste</b></li> </ul>	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Ring school immediately.</p> <p>Book a test <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/">https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/</a></p> <p>Self-isolate everyone in your household while you wait for the test result.</p>
2	<p>The test result is negative</p>	<p>Ring school immediately.</p> <p>If well enough, your child can return to school on the following day (or the same day if possible).</p>
3	<p>The test result is positive</p>	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Everyone in your household must self-isolate for 14 days. The person who has a positive test must self-isolate for 10 days or until they are well (we will authorise 14 days self-isolation absence as we understand the practical difficulties in getting your children to school if you are self-isolating for 14 days)</p>
4	<p>My child is unwell with non COVID-19 related symptoms</p>	<p>Follow the usual school absence procedures.</p>
5	<p>Someone in my household has COVID symptoms</p>	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Ring school immediately.</p> <p>Book a test <a href="https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/">https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/</a></p> <p>Self-isolate everyone in your household while you wait for the test result.</p>
6	<p>Someone in my household has tested positive for COVID-19</p>	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Ring school immediately.</p> <p>Self-isolate everyone in your household for 14 days.</p> <p>The person who has tested positive must self-isolate for 10 days from the onset of symptoms.</p>
7	<p>NHS Test and Trace has identified my child as being in close contact with someone who has tested positive for COVID-19 <b>or</b> I know that my child has had close contact with someone who has tested positive for COVID-19</p>	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Ring school immediately.</p> <p>Your child will have to self-isolate for 14 days. Other members of your household do not need to self-isolate. If your child develops symptoms in the self-isolation period, follow the advice for scenario 1. If another member of the household develops symptoms, follow the advice for scenario 5.</p>

8	We are returning from travel to a country where a period of quarantine is necessary.	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Follow advice regarding the need to quarantine <a href="https://www.gov.uk/foreign-travel-advice">https://www.gov.uk/foreign-travel-advice</a> and how to quarantine <a href="https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk">https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk</a></p> <p>Ring school immediately so that we are aware and so that we can agree a return to school date.</p>
9	We have received medical advice that my child needs to resume shielding	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>Ring school immediately.</p> <p>Shield until you are informed that restrictions are lifted and shielding is paused again.</p>
10	My child's school bubble has been told to self-isolate.	<p><b>DO NOT ATTEND SCHOOL</b></p> <p>School will contact you to share the advice from Public Health England and to inform you of a return to school date and arrangements for remote learning.</p>

