

www.gosforthpark.newcastle.sch.uk



On Tuesday 9th February it is Safer Internet Day and the theme is 'Together for a better internet.' The aim of Safer Internet Day is to make the internet a safer and better place for all, especially for children. CBBC have a live lesson available at 11am on the 9th February with tips and advice on how to stay safe, responsible and wise in an increasingly digital world.

Competition time!

To celebrate Safer Internet Day can you design a poster to make other children aware of how to stay safe online? Send your posters in via Seesaw and a winner from each class will be chosen and the posters will feature in the newsletter next week.

Miss Coughlan – Computing Lead

February half-term Mon 15th - Friday 19th

Schools will close as usual over February half-term and are not expected to remain open to vulnerable children and the children of critical workers during that week.

Families who have been receiving school meal vouchers will receive a voucher to cover the half term holiday.

5th February 2021 Issue 5 Spring Term 1

Next term's topics

EYFS: Super Heroes

Nursery and Reception children will be learning all about imaginary and real life superheroes.

KS1: Fantastic Firsts

Year 1 and 2 children will be learning about significant individuals from the past such as The Wright Brothers, Mae Jemison, Ruby Bridges, Neil Armstrong and Mary Anning (get googling!).

KS2: Ancient Egypt

Year 3 and 4 children will be learning about Ancient Egypt, historical evidence, chronological timelines and reliability of sources.

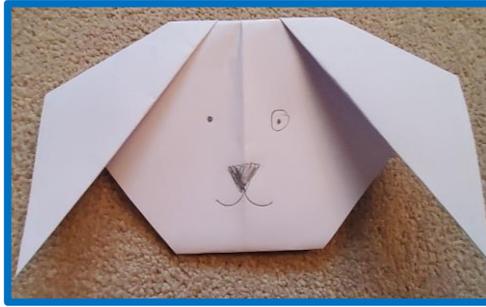
Next term's topic webs are now available on the school website.



Healthy School

More ideas for getting out and about: Go on a wildlife hunt. We have some fantastic wildlife on our doorstep and the more we get out and about, the more chances we have to see them. Dawn and dusk are the best times for certain animals but not exclusively. Some of the best spots in our area include the whole length of the Ouseburn, from the reed beds between Red House Farm and Great Park, down past our school, all the way to Garden Village. There are regular sightings of ducks and small garden birds and if you are lucky, you may see a kingfisher or a white egret. The footpath behind Melton and Whitebridge Park goes through a small woodland, past farmland and in sight of a small lake and don't forget Gosforth Park. You might spot squirrels, rabbits, deer or a fox and there is a large variety of birds in this area, sometimes even very noisy parakeets (two flew over me yesterday morning just by school so they are definitely about!). You can download bird guides from websites such as the RSPB and don't forget your camera, boots and a snack!

Mrs Wells



This week is Children's Mental Health Week. Children in school and at home have taken part in activities which promote wellbeing. They have shared worries and discussed how to manage different emotions, thought about and have drawn their happy place and have designed an island all about them and filled it full of their favourite things. We have celebrated all of our differences and what makes us unique!



William Craib – Orange Class



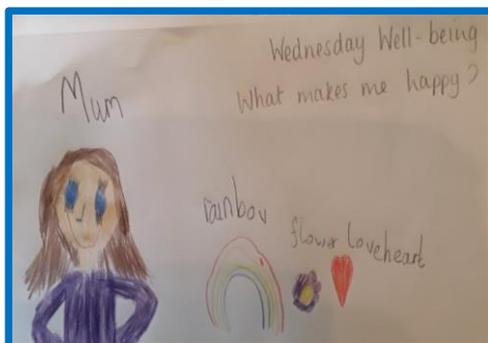
Phoebe Elwood Orange Class



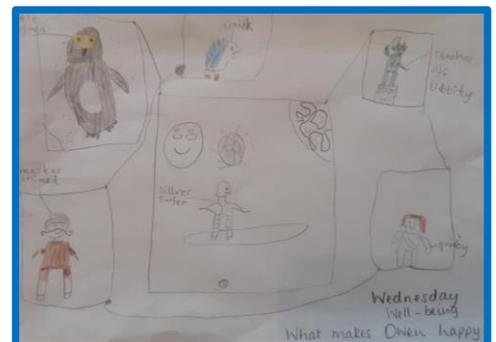
Erin Hunter in Yellow Class said school was her happy place and she "felt concentrated and switched on and had a favourite book on the bookshelf"



Archie's happy place is a holiday house with his cousins. They are in Brazil! The house is at the top of some cliffs, overlooking the beach. He said he feels cheerful and his body feels relaxed.



Megan and Owen Farnaby did some lovely pictures of the people and things that make them happy



Bruce Reid made a wonderful Happy Box full of all the happy things that cheer him up and for Thoughtful Thursday Lucy Watkins made and safely delivered cupcakes for some of her friends.

Children's Mental Health Week



chillPanda



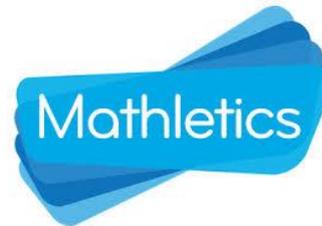
Mindful Powers

Here are two mental health Apps for children which have been recommended.

Chill Panda gives children the opportunity to do some 'Quick Chill' out exercises including breathing, Poga (panda yoga) and workouts. There are also some Chill Panda games to play.

In Mindful Powers you get your very own Fibberdyjibbert and practice calming exercises. There are mindful play activities and a 'focus time' timer. I had a very peaceful 5 minutes smoothing out my Fibberdyjibbert this afternoon!

Mrs Lamb



Well done again Yellow class for all your hard work – you are Mathletics Superstars!

Well done to Sahib Singh Dhaliwal for earning the top points. In second and third place there seems to be a competition going on between Emily and Lauren Graham, with Emily just in the lead! Well done for all your hard work girls!



Wow – our top four Rock Legends are all so fast with their Times Tables, amazing work all of you! Jemima Bond, Isabel Gent, Elizabeth Muldoon-Smith and Millie Anderson have obviously been working so hard!

Ms Gasper



Lola Anderson is our Oxford Reading Buddy this week, well done Lola! And well done everyone - our school engagement is up to 34% this week! Keep it up and happy reading!

Covid Related Pupil Absence Guide

	Scenario	Action required
1	<p>My child has COVID-19 symptoms:</p> <ul style="list-style-type: none"> • High temperature • New continuous Cough • Loss or change to sense of smell or taste 	<p>DO NOT ATTEND SCHOOL</p> <p>Ring school immediately.</p> <p>Book a test https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/</p> <p>Self-isolate everyone in your household while you wait for the test result.</p>
2	The test result is negative	<p>Ring school immediately.</p> <p>If well enough, your child can return to school on the following day (or the same day if possible).</p>
3	The test result is positive	<p>DO NOT ATTEND SCHOOL</p> <p>Everyone in your household must self-isolate for 10 days. The person who has a positive test must self-isolate for 10 days or until they are well (we will authorise 10 days self-isolation absence as we understand the practical difficulties in getting your children to school if you are self-isolating for 10 days)</p>
4	My child is unwell with non COVID-19 related symptoms	Follow the usual school absence procedures.
5	Someone in my household has COVID symptoms	<p>DO NOT ATTEND SCHOOL</p> <p>Ring school immediately.</p> <p>Book a test https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/get-a-test-to-check-if-you-have-coronavirus/</p> <p>Self-isolate everyone in your household while you wait for the test result.</p>
6	Someone in my household has tested positive for COVID-19	<p>DO NOT ATTEND SCHOOL</p> <p>Ring school immediately.</p> <p>Self-isolate everyone in your household for 10 days.</p> <p>The person who has tested positive must self-isolate for 10 days from the onset of symptoms.</p>
7	NHS Test and Trace has identified my child as being in close contact with someone who has tested positive for COVID-19 or I know that my child has had close contact with someone who has tested positive for COVID-19	<p>DO NOT ATTEND SCHOOL</p> <p>Ring school immediately.</p> <p>Your child will have to self-isolate for 10 days. Other members of your household do not need to self-isolate. If your child develops symptoms in the self-isolation period, follow the advice for scenario 1. If another member of the household develops symptoms, follow the advice for scenario 5.</p>

8	We are returning from travel to a country where a period of quarantine is necessary.	<p>DO NOT ATTEND SCHOOL</p> <p>Follow advice regarding the need to quarantine https://www.gov.uk/foreign-travel-advice and how to quarantine https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk</p> <p>Ring school immediately so that we are aware and so that we can agree a return to school date.</p>
9	We have received medical advice that my child needs to resume shielding	<p>DO NOT ATTEND SCHOOL</p> <p>Ring school immediately.</p> <p>Shield until you are informed that restrictions are lifted and shielding is paused again.</p>
10	My child's school bubble has been told to self-isolate.	<p>DO NOT ATTEND SCHOOL</p> <p>School will contact you to share the advice from Public Health England and to inform you of a return to school date and arrangements for remote learning.</p>

