

Welcome!



Parent Information Evening

Wednesday 15th January 2020



Agenda



❖ Welcome

❖ Education Update

❖ Carousel of Activities

Education Update



❖ New Ofsted Inspection Framework



Education Update



Carousel of Activities



❖ Split into 2 groups

	Group 1	Group 2
7 – 7:30	Maths (30min)	Reading (10min) Handwriting (10min) PE (10min)
7:30 – 8	Reading (10min) Handwriting (10min) PE (10min)	Maths (30min)

Carousel of Activities



SESSION

- ❖ Maths: Calculation Strategies from Reception to Year 2
Miss Beeks & Miss Douglas – Year 2 classroom – 30 mins

SESSION

- ❖ Reading @ Dropmore
Miss Tolmie – Year 1 classroom – 10 mins
- ❖ Handwriting: Letter formation & Letter rhymes
Mrs Bailey – Reception classroom – 10 mins
- ❖ PE: Physically active children
Mrs Streete – Hall – 10 mins

P E



Mrs Streete



Physical education programmes of study: key stages 1 and 2

National curriculum in England

Purpose of study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Subject content

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Physical Activity Guidelines

Physical activity for early years (birth – 5 years)

Active children are healthy, happy, school ready and sleep better

- BUILDS RELATIONSHIPS & SOCIAL SKILLS
- MAINTAINS HEALTH & WEIGHT
- CONTRIBUTES TO BRAIN DEVELOPMENT & LEARNING
- IMPROVES SLEEP
- DEVELOPS MUSCLES & BONES
- ENCOURAGES MOVEMENT & CO-ORDINATION

Every movement counts

Aim for at least **180** Minutes per day for children 1-5 years

- PLAYGROUND
- JUMP
- CLIMB
- MESSY PLAY
- THROW/CATCH
- SKIP
- Under-1s at least 30 minutes across the day
- OBJECT PLAY
- DANCE
- GAMES
- PLAY
- TUMMY TIME
- SWIM
- WALK
- SCOOT
- BIKE

Get Strong. Move More. Break up inactivity

UK Chief Medical Officers' Physical Activity Guidelines, 2019

Physical activity for children and young people (5 – 18 Years)

- BUILDS CONFIDENCE & SOCIAL SKILLS
- MAINTAINS HEALTHY WEIGHT
- DEVELOPS CO-ORDINATION
- STRENGTHENS MUSCLES & BONES
- IMPROVES SLEEP
- IMPROVES CONCENTRATION & LEARNING
- IMPROVES HEALTH & FITNESS
- MAKES YOU FEEL GOOD

Be physically active

Spread activity throughout the day

Aim for an average of at least **60** minutes per day across week

All activities should make you breathe faster & feel warmer

- PLAY
- RUN/WALK
- BIKE
- ACTIVE TRAVEL
- SWIM
- SKATE
- Activities to develop movement skills, and muscle and bone strength **ACROSS WEEK**
- SPORT
- PE
- SKIP
- CLIMB
- WORKOUT
- DANCE

Get strong (INACTIVITY)

Move more

Find ways to help all children and young people accumulate an average of at least 60 minutes physical activity per day across the week

UK Chief Medical Officers' Physical Activity Guidelines, 2019

❖ Why?



FACT 1: ACHIEVEMENT

Pupils improve in all subjects



FACT 2: PERSONAL DEVELOPMENT

Pupils are more confident & positive



FACT 3: SOCIAL SKILLS

Pupils have more developed social skills



FACT 4: HEALTH & EMOTIONAL WELL-BEING

Pupils have a better outlook on life



FACT 5: LEADERSHIP

Pupils will be able to make informed decisions

PE



❖ What do we do @ Dropmore?

PE:

- Reception: through play & 1 lesson/week
- KS1: 2 lessons/week

Mile-a-Day / Movement break

Playtime

PE



- ❖ Sports events & initiatives
- ❖ Inter-House competition - termly
- ❖ Football Festival - 25/4/2020
- ❖ Country Dancing Festival - 2/7/2020
- ❖ Olympic Games Tokyo – 24/7/2020

Thank you!



- ❖ Questions?
- ❖ Handouts
- ❖ Let's play!