



**Cambridgeshire
& Peterborough**
Domestic Abuse & Sexual
Violence Partnership

Domestic Abuse & Sexual Violence Newsletter
A monthly newsletter brought to you by the
Cambridgeshire & Peterborough Domestic Abuse & Sexual Violence Partnership

August

Hello and welcome to our August newsletter.

Earlier in the year we were writing about when things return to 'normal' but we now seem to be stuck in Groundhog Day with little change happening in the work week by week. We hope you are staying safe and well and will be able to take some time off over the Summer.

The Domestic Abuse Bill will be returning to the Lords after Summer Recess but the draft guidance has been published. We are pleased to see a new clause which outlaws the so-called 'rough sex' defence, and an amendment so children affected by domestic abuse will be recognised as victims in their own right. However, there are still significant gaps around migrant women, especially those with no recourse to public funds.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/896640/Draft_statutory_guidance_July_2020.pdf

Thank you to those of you who joined our virtual DASV Champions Sessions in July – it was great to hear what is happening across different organisations and how people are adapting. We suspect the next sessions in October will also be virtual but we will be in touch with all Champions to update on the latest situation.

If you would like to work in the DASV field, there are a few job vacancies at the moment from ourselves and partners – see further details in the newsletter.

If you have anything you would like us to share in the newsletter, please contact

Amanda.Warburton@cambridgeshire.gov.uk

Julia Cullum
Partnership Manager



Teenage Relationship Abuse – Hope’s Story

Thames Valley based Safe Project have produced a video to help young people with their understanding of healthy relationships.

"Today we are excited to finally release our latest SafeStories video, Hope’s Story. This story portrays the experience of Hope, as she meets and starts a relationship with Donte. The plot and characters were created by young people during workshops with SAFE!,

https://www.youtube.com/watch?v=KGZVnCN5494&feature=emb_title

NHS finds more than 200 cases of female genital mutilation on UK-born women and girls in one year

Despite being illegal in the UK for over 30 years, more than 200 cases of female genital mutilation (FGM) performed on women and girls born in the UK were identified by NHS staff during one year, figures show.

Some 6,590 women and girls had a procedure to treat their FGM or were identified as having experienced FGM previously when they were treated between April 2019 and March 2020. Of these, 205 were women or girls who had been born in the UK, according to an annual report from NHS Digital.

Since the data started being collected five years ago, around 24,420 women and girls have been identified as having previously been subject to the practice.

<https://digital.nhs.uk/data-and-information/publications/statistical/female-genital-mutilation>

New online hub to support Cambs carers

Age Space, a practical advice site for the millions of families caring for elderly parents and relatives, has launched its new Cambridgeshire online hub.



It provides unpaid carers with free and useful, Cambridgeshire-specific information, advice and signposting to elderly care services and charities.

It includes sections on dementia care, finance, legal matters, bereavement and fun accessible days out in the county. And look out for a Q&A on domestic abuse featuring soon.

To access the [Cambridgeshire hub](#), [click here](#).

For Baby's Sake evaluation

The Stefanou Foundation was established by philanthropist Stelio Stefanou with the aim of tackling the root causes of cycles of disadvantage and vulnerability affecting those without a voice. Scientific evidence about the impact of domestic abuse and trauma on babies led the Foundation to create **For Baby's Sake** as an innovative intervention to break the cycle of domestic abuse and give babies the best possible start in life.

The Foundation and researchers at Kings College, and including academics from University of Warwick, University of Central Lancashire, University of Cambridge and McMaster University, Canada have published this report that focuses on this work. The academic evaluation team have identified For Baby's Sake as the first programme of its kind to 'fill an important gap in provision' through its 'unique approach', working with the whole family and starting in pregnancy.

You can access a summary of the report [here](#) and the full report [here](#).

New extended Live Chat service from Cambridge Women's Aid

Cambridge Women's Aid has extended its Live Chat service - a free, confidential advice and emotional support service for women in Cambridge, South Cambs and East Cambs who have experienced domestic abuse at any point in their life, or who are worried about a relationship.

Every Wednesday 3pm-5pm, and Friday 11am-12pm, women can chat online to a highly trained support worker at Cambridge Women's Aid. Our workers are experienced in supporting survivors at their own pace, and creating a safe space to explore feelings and options, as well as providing advice, information, signposting and referrals into the service for ongoing support.

The Live Chat service will help make it easier for women to access support in a safe and discreet way during the Covid-19 lockdown.

Live Chat is accessed directly through the website. You can find more information and start a chat here: www.cambridgewa.org.uk/livechat

When Live Chat is offline, you can still call us on 01223 361214, or email outreach@cambridgewa.org.uk.

For more information about the services Cambridge Women's Aid offers 24/7, please visit our website www.cambridgewa.org.uk

Safeguarding Boards offer more virtual training

The Cambridgeshire and Peterborough Safeguarding Partnership Boards have created some additional virtual training, which can now be accessed via their website

The new courses includes

- Introduction to Safeguarding Children (Part 2)
- Safeguarding Adults (Part 2)
- Domestic Abuse, Safeguarding and Covid-19

Previous courses include

- Introduction to Safeguarding Children (Part 1)
- Recognising Adults at Risk (Part1)
- Safeguarding Adults from Online Abuse
- Safeguarding Children from Online Abuse
- Safeguarding for Volunteers

To access the training please visit

<http://www.safeguardingcambspeterborough.org.uk/home/covid-19/e-learning-during-covid-19/>

Reducing Parental Conflict self-referrals

in addition to being referred to the programme by a front line practitioner, parents can now refer themselves directly to Tavistock for parental conflict support.

<https://www.tavistockrelationships.org/p-together>

This is a great opportunity for families who are not currently receiving formal support to access the programme.

Please also visit our website for information around both referral routes for the programme;

<https://www.parentingtogethersupportprogramme.org.uk/summer-2020>

The interventions are continuing to take place remotely and the feedback has remained extremely positive from families, especially in relation to the flexibility of the offer by Tavistock.

Please be aware that parental conflict is different to domestic abuse. People experiencing domestic abuse can still self-refer to Outreach – details at www.cambsdasv.org.uk

Virtual Good Mood Café's

CPSL Mind have been offering Good Mood Cafes online for people to participate in from home using Zoom video calls. These would ordinarily take place in cafes and other locations at the heart of our communities, so as lockdown begins to ease they have decided to extend our online offering to six cafes each centred on a district in Cambridgeshire and Peterborough as well as one in Cambourne (delivered as part of the Cambourne Good Life project)

It is hoped to connect people who live in the same district and begin to build a community online that eventually will migrate back into their local Good Mood Cafe and continue to connect in person.

Below are the times and days and the link to the website with all the details on how to join is here: <https://www.cpslmind.org.uk/good-life-online/>

These shall commence from Monday 20th July.

- Monday 3pm-4pm Hunts
- Tuesday 10am-11am South Cambs
- Tuesday 10.30am-11.30am Cambourne (In partnership with the Monkfield Medical practice)
- Wednesday 3pm-4pm Cambs
- Wednesday 3pm-4pm East Cambs
- Thursday 3pm-4pm Peterborough
- Friday 1pm-2pm Fenland

MARAC Toolkits

Safe Lives have a number of toolkits for a range of professionals to assist when referring to MARAC. You can view them at this link <https://safelives.org.uk/taxonomy/term/456>

New tool launched locally to improve children's behaviour

Behaviour Balls are a tool designed to support families with managing behaviour of children – from toddlers to teens. Developed by local school teacher Nikki Kerss, the emphasis is on enabling families to work together to improve behaviour and set goals

For more information visit www.behaviourballs.com

Project update from One Voice for Travellers

One Voice for Travellers have been running employment workshops for women and girls who are survivors of domestic violence, abuse, and control, living in East Cambridgeshire and Fenland. The workshops are designed so that the women and girls can develop skills and obtain knowledge and thus confidence in the process of applying for employment.

During COVID the sessions have been running in several ways - by closed Facebook groups, one to one work on phones (with work being sent out by post and including a stamp address envelope for return) and E-mails. As COVID restrictions start to lift they are starting once again to include face to face (giving due regard to social distancing etc)

The work is undertaken in groups or one to one, in a format, time and if needed a venue of choice by those taking part. A warm and friendly welcomes all. Literacy and/or numeracy is no barrier.

Please continue let women and girls from the Gypsy, Romany, and Traveller community that you work with in Fenland and East Cambridge know about this project.

For more information please visit www.onevoice4travellers.co.uk

Email Onevoice4travellers@hotmail.com

Telephone 01945 430 724

Job Vacancy – Commissioning Support Officer

A vacancy has arisen for a new post in the Office of the Police and Crime Commissioner supporting the management of grants and contracts awarded to public, private and third sector organisations.

The successful candidate needs to be organised and efficient with a keen eye for detail? Knowledge of public sector commissioning, contract management or procurement processes is also important. While the focus will be on organising and supporting contract monitoring meetings with services supporting victims of crime, the postholder will also be involved in a range of other contracts and grants held by the Commissioner.

The role will be varied: the successful candidate could be helping with a bid for extra funding to support domestic abuse survivors one week and designing new services for victims of modern day slavery the next. However, they do need to be comfortable interpreting large volumes of data and completing complex returns to the Ministry of Justice or Home Office. They also need to be smart, professional and engaging and used to developing positive working relationships with local stakeholders.

More details are available on the application process from the below link.

<https://tri-force.tal.net/vx/lang-en-GB/mobile-0/appcentre-4/brand-4/xf-5a89df3a3986/candidate/so/pm/6/pl/16/opp/8712-PS-009-CPCC-SC6-Commissioning-Support-Officer-Office-of-the-Police-and-Crime-Commissioner/en-GB>

Drug Alert

Public Health England issued a national alert on the 24th July, 2020, in relation to the availability of, and harm from, illicit drugs sold as **benzodiazepines** particularly when used in conjunction with alcohol and drugs with a respiratory depressant effect including gabapentinoids and opioids.

There is significant evidence from toxicology results of illicit tablets being sold as **diazepam**, **temazepam** and **alprazolam** linked to recent hospitalisations and deaths, and from police seizures, that some illicit drugs sold as benzodiazepines are causing harm. This includes tablets known as and/or marked with 'DAN 5620' (on one side) and '10' (on the other), 'T-20', 'TEM 20', 'Bensedin' and 'MSJ' which may contain dangerously potent benzodiazepines or their analogues such as **flubromazolam**, **flualprazolam** and **etizolam**. Most of the tablets causing concern are blue (but they come in various colours) and these may stain people's mouths

Dependent opioid users; and teenagers and young adults appear to be increasingly using illicit benzodiazepines and therefore at particular risk. There is an increased possibility of overdose arising from these illicit drugs sold as benzodiazepines

Harm reduction advice

- Avoid buying or using tablets sold as benzodiazepines, most often diazepam (often referred to as 'Valium'), temazepam and alprazolam (often referred to as 'Xanax').
- Don't use any combination of benzodiazepines, opioids such as heroin and gabapentinoids such as gabapentin and pregabalin, with or without alcohol.
- If you're going to use any drugs, make sure someone is around when you take them (if you overdose alone nobody can help you)
- Be extra cautious about the sources from which you get your drugs, and about the drugs you take, test the dose by starting with a small test dose (1/2 a pill) and waiting at least an hour before taking more
- seek treatment for your drug use if it is causing you problems and you are not already in treatment

For specialist treatment support please contact CGL ASPIRE team (Peterborough) on **0800 111 4354**, CGL (Cambridgeshire-Adults) on **0300 555 0101** or CASUS (Young People's service) **01480 445316**

Young People's IDVA Vacancy

We are looking for a Young People's IDVA to cover maternity leave on a fixed term contract. The post is based in Godmanchester and will be working with young people aged 13-19 who are experiencing abuse in their own intimate relationships.

More details at this link, closing date is 4th September

[https://www.publicsectorjobseast.co.uk/Young%20People's%20Independent%20Domestic%20Violence%20Advisor%20\(YP%20IDVA\)-Chord%20Park%20-%20Godmanchester?jobId=21446&JobIndex=1&categoryList=&minsal=0&maxsal=200000&workipattern=&keywords=&employee=1&postcode=&Distance=20&AdvertiseOn=2](https://www.publicsectorjobseast.co.uk/Young%20People's%20Independent%20Domestic%20Violence%20Advisor%20(YP%20IDVA)-Chord%20Park%20-%20Godmanchester?jobId=21446&JobIndex=1&categoryList=&minsal=0&maxsal=200000&workipattern=&keywords=&employee=1&postcode=&Distance=20&AdvertiseOn=2)

Support for sudden bereavement

Sudden is a free service for bereaved people protecting their emotional and physical wellbeing from day one, and for the first ten weeks, at a time of shock and loss in cases when someone has died suddenly or too soon.

We are here for people bereaved by:

- COVID-19, or any other medical reason that happened suddenly or ended a life too soon;
- an event / incident of any kind that caused fatal injury
- suicide

Sudden is part-funded by the Department of Health and Social Care. It is a crisis response to COVID-19 but is here for the long term. It is receiving very positive feedback from users, and is run by a professional sudden bereavement team, within an established charity (Brake, which operates the National Road Victim Service for road crash victims).

The Sudden service fills a 'care gap'. (Grief support services, such as counselling, are appropriate later.)

The Sudden service provides:

- emotional support from day one, onwards, by phone or email, from a trained, named worker, at agreed times
- safeguarding, and continual assessment of a bereaved person's health, safety, and any acute needs
- a pathway towards wellbeing goals, with goals agreed with the bereaved person and unmet goals addressed
- help, advocacy, and referrals to meet care needs; emotional, practical, procedural, financial, and health
- mental health 'active monitoring'; and clinical escalation, including signposting to mental health services
- safe exit at around 10 weeks, including signposting to grief support, and other services, relevant at that time

www.sudden.org

Peterborough Rape Crisis is recruiting for a A Children and Young Peoples Independent Sexual Violence Advocate

PRCCG is recruiting a Children and Young Peoples Independent Sexual Violence Advocate (ChISVA) to support and empower children and young people who are survivors of rape, sexual abuse and sexual violence. The post will cover Peterborough, Fenland and Huntingdonshire.

Post details:

- Hours: 37 hours per week (there may be occasional evening and weekend work)
- Salary: £25,206
- Contract: Fixed term contract for 2 years (possible extension dependent on funding)

Closing date for applications is 9th August, Interviews will be on Tuesday 18 August

To get an application pack please email Heather Birch, Services Manager at heather@prccg.org.uk

Cambridge Rape Crisis Centre is recruiting for two new posts:

An Independent Sexual Violence Advocate and

A Children and Young Peoples Independent Sexual Violence Advocate

Independent Sexual Violence Advocate:

CRCC is recruiting an Independent Sexual Violence Advocate (ISVA) to support and empower adult survivors of rape, sexual abuse and sexual violence. The ISVA role is part of a countywide ISVA team providing a pro-active service to children, young people and adult survivors of sexual violence within and outside of the criminal justice system.

Post details:

- Hours: 37 hours per week (**there may be occasional evening and weekend work**)
- Location: Cambridge City
- Post coverage: Cambridgeshire
- Salary: £25,206
- Contract: Fixed term until 31st March 2022 (possible extension dependent on funding)

Children and Young Peoples Independent Sexual Violence Advocate:

CRCC is recruiting a Children and Young Peoples Independent Sexual Violence Advocate (ChISVA) to support and empower children and young people who are survivors of rape, sexual abuse and sexual violence. The ChISVA role is part of a countywide ISVA team providing a pro-active service to children, young people and adult survivors of sexual violence within and outside of the criminal justice system.

Post details:

- Hours: 37 hours per week (**there may be occasional evening and weekend work**)
- Location: Cambridge City
- Post coverage: Cambridgeshire
- Salary: : £25,206
- Contract: Fixed term contract for 1 year (possible extension dependent on funding)

Closing date for applications is Sunday 9th August.

Socially distanced face to face interviews will be held on Tuesday 18th and Wednesday 19th August in Cambridge.

To get an application pack please email Norah Al-Ani at norah@cambridgerapecrisis.org.uk specifying which post you wish to apply for.

Can you volunteer your time to support survivors of rape and sexual violence?

Join our volunteer team to provide vital phone & email support to women & girls in your community



"I get to spend my time in a meaningful way, contributing to a cause I really care about"



we can contribute to childcare costs and reasonable travel expenses to enable women to volunteer

we especially welcome applications from BME & LBT (lesbian, bi and trans) women

comprehensive training and support is provided

volunteering@cambridgerapecrisis.org.uk

01223 313 551

crcc

Cambridge Rape Crisis Centre

