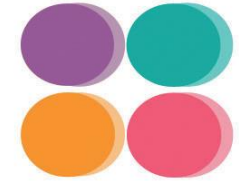




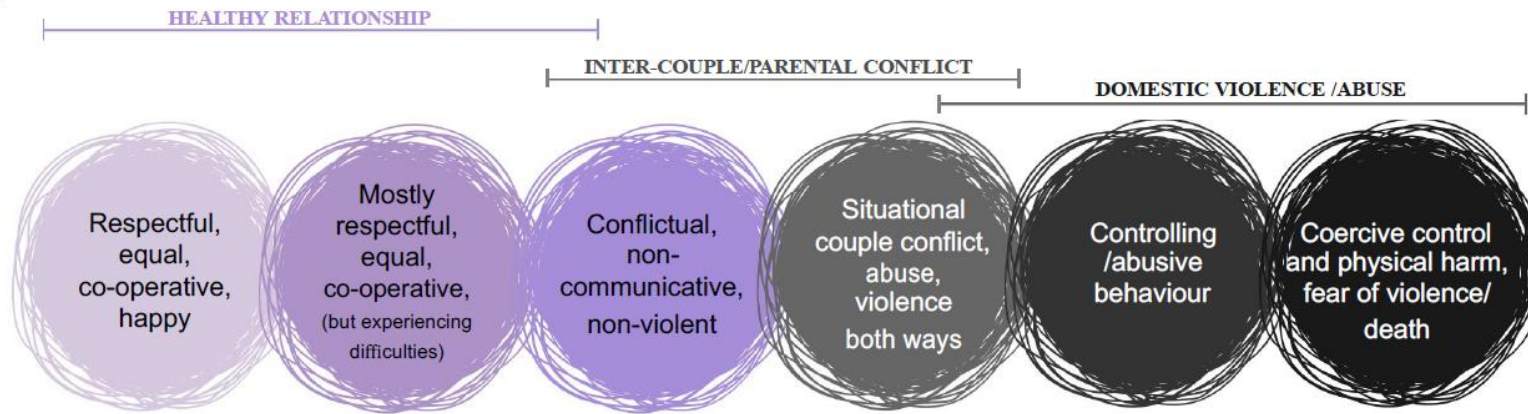
Parenting Together
Support Programme



INFORMATION FOR PROFESSIONALS WORKING WITH PARENTAL
CONFLICT AND/OR DOMESTIC ABUSE:

THE PARENTAL RELATIONSHIPS SPECTRUM

Parental Relationships Spectrum*



SITUATION

All relationships have tricky moments, it's how they're experienced and resolved that matters

Children are experiencing constructive resolution of any arguments, characterised by mutual respect and emotional control

SITUATION

Lack of open and honest communication; difficulties are minimised, not recognised or addressed

Children beginning to be affected by conflict between their parents

SITUATION

Conflict is frequent, intense and poorly resolved; parents emotionally unavailable to their partner and children; lack of consistency in parenting; feeling isolated; toxic atmosphere

Children being adversely affected

SITUATION

Day to day unresolved and unresolvable conflicts; no consistent pattern of 'victim' or 'abuser'

Children being adversely affected; children may show signs of distress and their mental health/behaviour may be affected

SITUATION

Clearer 'victim' and clearer 'abuser'

Children being significantly adversely affected; children's mental health and/or behaviour being affected

SITUATION

Clear 'abuser' and 'victim' who is at significant risk of harm

Children at risk of significant harm; children being traumatised



Parental Relationships Spectrum*

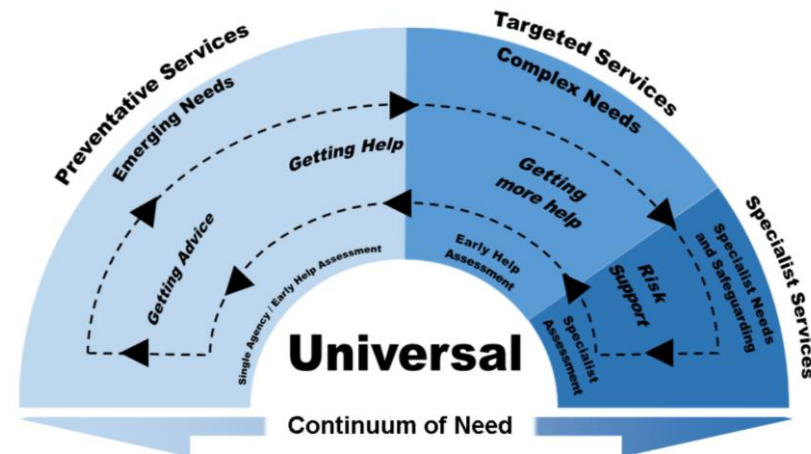
With all parents you're in contact with, use motivational interviewing and active listening techniques to explore whether they may be experiencing relationship conflict or domestic violence and abuse.

Consider asking some or all of the following questions to explore where on the spectrum diagram the relationship may sit:

<ul style="list-style-type: none"> • What aspects of your relationship trouble you? 	
<ul style="list-style-type: none"> • What would you change if you had the opportunity? 	
<ul style="list-style-type: none"> • How understanding is your partner? 	
<ul style="list-style-type: none"> • How safe do you feel at home and in your relationship? 	<p>This is a really important question to ask. If the parent clearly feels safe, this would tend to suggest they are experiencing parental conflict and may appreciate further discussion, information about sources of self-help and/or referral into local relationships support services.</p> <p>If the parent says they are scared or sometimes feel unsafe at home, this would tend to indicate that the parents are on the domestic abuse side of the spectrum (including on the domestic abuse side of 'situational couple conflict and abuse') so a referral into local domestic abuse pathways and processes might be appropriate</p>
<ul style="list-style-type: none"> • How confident do you feel about making decisions? • How comfortable do you feel about expressing your own views and opinions? • How much choice do you have about your own life and family life? 	<p>These questions might indicate the presence of coercive or controlling behaviour within the relationship.</p>
<ul style="list-style-type: none"> • Where is the joy in your life? 	<p>Those in an abusive relationship may feel the lack of joy in their life and start to see the reality of their situation.</p>
<ul style="list-style-type: none"> • What would your children say about life at home? • What changes, if any have you noticed in your children's behaviour? 	<p>These questions could lead to a discussion about the impact on the children who may be experiencing conflict or abuse between their parents.</p>
<ul style="list-style-type: none"> • What prevents you from asking for support? 	<p>This question may lead to a discussion about how the parent and/or family could be enabled to access the support they need.</p>

More information and guidance on distinguishing between domestic abuse and harmful conflict can be found at <https://www.cafcass.gov.uk/grown-ups/professionals/ciaf/resources-for-assessing-harmful-conflict/>

WHERE CHILDREN ARE PRESENT WITHIN A FAMILY THEN THEIR SAFEGUARDING MUST BE CONSIDERED ALONGSIDE THE NEEDS OF THE VICTIM.



Peterborough and Cambridgeshire SCPB Continuum of Need

From [Effective Support for Children and Families in Cambridgeshire and Peterborough \(Thresholds\) Document](#)

Parental conflict and domestic abuse will have a significant effect on children and young people. Professionals should consider the impact of parental conflict and domestic abuse on every child in the household. If their context places the child at risk of significant harm, or may be doing so, then you should make a safeguarding referral.

If you think you or the child is in immediate danger and needs urgent help, please call the police on 999.

REPORTING A SAFEGUARDING CONCERN: <https://www.safeguardingcambspeterborough.org.uk/children-board/reporting-concerns/>

- Cambridgeshire children: 0345 045 5203
- Peterborough children: 01733 864180
- Out of Hours Emergency Duty Team (EDT): (01733) 234724



ASSESSMENT

Professional judgement/parents views. No tool available

REFERRALS

Parenting Courses

<https://www.cambridgeshire.gov.uk/residents/children-and-families/parenting-and-family-support/parenting-courses/>

<https://www.peterborough.gov.uk/healthcare/professionals-area/early-help/the-early-help-approach-in-peterborough/>

ASSESSMENT

Professional judgement/parents views. No tool available

REFERRALS

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<https://www.peterborough.gov.uk/healthcare/professionals-area/early-help/the-early-help-approach-in-peterborough/>

Parenting Together (Parental Conflict)

<https://www.parentingtogethersupportprogramme.org.uk/launch-events-special-edition-may-2019/latest-news/interventions-available>

ASSESSMENT

CAFCASS Toolkit
<https://www.cafcass.gov.uk/grown-ups/professionals/ciaf/resources-for-assessing-harmful-conflict/>

REFERRALS

Parenting Together (Parental Conflict)
<https://www.parentingtogethersupportprogramme.org.uk/launch-events-special-edition-may-2019/latest-news/interventions-available>



ASSESSMENT

DASH (all victims)

https://www.cambsdasv.org.uk/website/referral_forms/296136

Respect Toolkit (for support in identifying male victims)*

<http://www.mensadviceline.org.uk/help-and-information/frontline-workers-and-male-domestic-violence-victims/toolkit-for-work-with-male-victims-of-domestic-violence/>

REFERRALS, GUIDANCE AND SUPPORT

Independent Domestic Abuse Adviser

(IDVA) team are based at the Multi Agency Safeguarding Hub (MASH) at Godmanchester and at the Victim's and Witness Hub in Peterborough. The IDVA team work across Cambridgeshire and Peterborough. IDVA's provide an independent service offering crisis (short term) intervention and support to high risk victims (scoring 14 or over on the Safe Lives DASH Risk Indicator checklist, or on professional judgement of high risk). There are also specialist client based IDVA's that take referrals at all risk levels, Some of these only work across Cambridgeshire as indicated below:

- The Young People's IDVA works with 13-19 year olds who are experiencing abuse in their own intimate relationships (up to 25 if they have a diagnosed learning or physical disability or mental health issue, or where they are ex-LAC). Cambridgeshire and Peterborough.
- A8 IDVA works with victims and survivors from Eastern European A8 countries. Cambridgeshire only.
- The Health IDVA is based at Addenbrookes Hospital and takes referrals from hospital based services and midwifery across Cambridgeshire only.
- Stalking and Harassment IDVA who supports victims of Harassment and Stalking who are victims of domestic abuse and non-DA harassment/ stalking across Cambridgeshire and Peterborough.

Cambridgeshire and Peterborough IDVA office: 01480 847718

*'Assessing the domestic abuse experiences and help-seeking needs of men presenting as victims will give practitioners a good understanding of the level or risk, so they can carry out safety planning. It will also help them understand the context and history of the abusive relationship, so they can make informed decisions about the needs of the service user. Finally, frontline workers will be able to identify perpetrators presenting as victims or service users in an unhappy relationship, but not in a domestic abuse context, and support or signpost them appropriately.' Respect Toolkit

Outreach Services

Outreach Services work with victims and survivors in the community (you can make a self-referral to Outreach)

Cambridge City, East Cambs and South Cambs - Cambridge Women's Aid Advice/Outreach 01223 361214

Fenland, Huntingdonshire & Peterborough - Refuge 07787 255821 (outreach)

For Baby's Sake (Cambridge City, South Cambridgeshire and East Cambridgeshire only)

<https://www.stefanoufoundation.org/forbabysake@cambridgeshire.gov.uk>

Guidance/Support/Self-Referral

National Domestic Violence helpline
<http://www.nationaldomesticviolencehelpline.org.uk/>

Cambridgeshire and Peterborough Domestic Abuse and Sexual Violence Partnership resources:

https://www.cambsdasv.org.uk/website/referral_forms/296136
https://www.cambsdasv.org.uk/website/downloads_and_resources_1/96816
https://www.cambsdasv.org.uk/website/caring_dads/380014
<https://www.womensaid.org.uk/information-support/helpline/>

Victims of a crime

Police Emergency Phone No. 999 Non-Emergency Phone No. 101
On line at <https://www.cambs.police.uk/home>

Victim and Witness Hub <https://www.cambs.police.uk/information-and-services/Victims-and-Witnesses/Victim-and-Witness-Hub>

And their directory of support at
<https://www.cambsvictimservices.co.uk/support-directory>

Honour Based Violence

Karma Nirvana at <https://karmanirvana.org.uk/>

Resources for LGBT victims

Galop at <http://www.galop.org.uk/domesticabuse/>

Resources for male victims

https://www.cambsdasv.org.uk/website/male_victims/90534

