

# Prudhoe West First School



## Sex and Relationships Policy 2014/15

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### Sex and Relationships Education Policy

Prudhoe West First School will provide a balanced and broadly-based curriculum which:

- ***promotes the spiritual, moral, cultural, mental and physical development of pupils at the school, and***
- ***prepares pupils at the school for the opportunities, responsibilities and experiences of later life.***

Sex and Relationship Education (SRE) is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care.

SRE also links closely with health. From a very early age emphasis is placed on good health and hygiene practices. These practices are further developed through science topic work on the body. The aim of this is to provide the pupils with a broad and balanced view of 'growing up'. Teachers will be responsible for delivering the new sex and relationships curriculum set out by Northumberland County Council.

Use is made of the expertise of the Health Authority. The School Nurse can be a regular visitor to school offering advice and support to both pupils and teachers, on specific areas such as personal or dental hygiene.

#### **Moral and Values Framework**

Sex and relationships education (SRE) will reflect the values of the non-statutory framework for PSHE and citizenship. SRE will be taught in the context of relationships. In addition SRE will promote self-esteem and emotional health and well-being and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, work and in the community.

#### **Aims and Objectives**

The aim of SRE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour. This will take place with consideration of the qualities of relationships within families.

The objectives of Sex and Relationships Education are:

- To provide the knowledge and information at an age appropriate level.
- To clarify / reinforce existing knowledge.
- To raise pupils' self-esteem and confidence, especially in their relationships with others.
- To help pupils' to develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others.
- To develop skills for a healthy and safe lifestyle.
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media.
- To respect and care for their bodies.
- To be prepared for puberty and adulthood.

#### **The Teaching Programme for Sex and Relationship Education**

Primary school SRE is found within the statutory science curriculum and the non-statutory framework for PSHE.

**National Curriculum Science** - Animals including humans

## Year 1

**Statutory Requirements**

Pupils should be taught to:

- Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

## Year 2

**Statutory Requirements**

Pupils should be taught to:

- Notice that animals, including humans, have offspring which grow into adults
- Describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.

## Year3

**Statutory Requirements**

Pupils should be taught to:

- Identify that animals, including humans, need the right type of nutrition...
- Identify that humans and some other animals have skeletons and muscles for support, protection and movement.

## Year 4

**Statutory Requirements**

Pupils should be taught to:

- Describe the simple functions of the basic parts of the digestive system

**Personal, Social and Health Education (PSHE)**

At Prudhoe West we use the Social and Emotional Aspects of Learning (SEAL) framework and resources and this provides valuable links to support SRE. The SEAL resource is broken down into themes including:

- New Beginnings
- Getting on and falling out
- Say no to bullying
- Going for Goals
- Good to be me
- Relationships
- Changes

Each theme covers five broad social and emotional aspects of learning including, self-awareness, managing feelings, motivation, empathy and social skills.

**Sex and Relationships Education**

Our programme of study will cover the suggested topics from the SRE Core Curriculum for Northumberland:

	Early Years	Year 1	Year 2	Year 3	Year 4
Topics	Myself and Others	Myself and Others	Differences: Boys and girls	Self esteem	Growing and changing
	Family Networks	Body Parts	Differences: Males and	Challenging gender	Keeping Safe

			females	stereotypes	
	Body Awareness	Family	Naming body parts	Differences: Males and females	Thinking, feeling, doing – changing relationships
	Hygiene	Friendships	Everybody needs caring for	Family differences	Assertiveness
		Choices	Looking after the body	Decision making	Your Questions Answered
				Safety	

We will notify parents when particular aspects of sex and relationships education will be taught, by information in topic webs produced at the beginning of each half term.

Legislation states that 'parents have the right to withdraw their children from any and every aspect of sex education that is not taught as part of the statutory curriculum'.

### **The Organisation of Sex and Relationships Education**

Mrs Amanda Sutcliffe is the designated teacher with responsibility for coordinating sex and relationship education. SRE is delivered through science, RE, PSHE and Citizenship, literacy activities and circle time. SRE is taught by classroom teachers, teaching assistants and if appropriate, outside visitors such as the school nurse.

A range of teaching methods which involve children's full participation are used to teach SRE. These include video, discussion, looking at case studies, drama and role-play. We will explore with children the prior learning they bring to the classroom. SRE will be delivered in mixed gender groups.

### **Dealing with Difficult Questions**

Sex education is an integral part of health education. Staff will endeavour to answer pupils' questions truthfully and simply in an attempt to counteract myths and provide accurate knowledge and information. It is acknowledged that not all pupils come from backgrounds that correspond to this idea. There are ground rules which should be adhered to, namely:

- All pupils will be listened to and respected when opinions are passed
- We must be aware of different backgrounds, religious and cultural differences

Occasionally teachers may be faced with a question they do not feel comfortable answering within the classroom; provision will be made to meet the individual child's needs.

### **Equal Opportunities**

It is important to us to ensure that all pupils are given equality of opportunity and access to SRE within the curriculum. We will ensure that provision meets the needs of all children respecting pupils' different abilities, level of maturity and personal circumstances, for example faith, culture, sexual orientation, and gender identity. Differentiation in terms of learning objectives, tasks, teaching methods and resources will be planned for children with specific needs.

### **Safeguarding / Confidentiality**

Staff need to be aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. If staff have any

reason to believe a pupil is at risk, they will speak to the Designated Safeguarding Lead and follow the school's safeguarding procedures. A member of staff cannot promise confidentiality if concerns exist.

**Parental Consultation**

The school includes information in the school prospectus and full details are available on request. The policy is available on the school website. Parents have the right to withdraw their child from those aspects of SRE, not included in the National Curriculum for Science and alternative work would be set. However this rarely happens, as we work in partnership with parents and they recognise the importance of this aspect of their child's education.

**Monitoring and Evaluation**

Monitoring is the responsibility of the Headteacher, named governor and teacher with responsibility of Sex and Relationship Education. The school will assess the effectiveness of the aims, content and methods in promoting children's understanding by lesson observations, planning scrutiny, feedback from staff, children and parents.

Established	
Reviewed	September 2014
Review	September 2015