



South Gosforth First School
PSHE –Year Three Autumn Term 1 Overview



 <h2 style="text-align: center;">How can we be a good friend?</h2> 				
Relationships	Friendship; Making positive friendships; Managing loneliness; Dealing with arguments			
In this unit pupils learn:	<ul style="list-style-type: none"> • how friendships support wellbeing and the importance of seeking support if feeling lonely or excluded • how to recognise if others are feeling lonely and excluded and strategies to include them • how to build good friendships, including identifying qualities that contribute to positive friendships • that friendships sometimes have difficulties, and how to manage when there is a problem or an argument between friends, resolve disputes and reconcile differences • how to recognise if a friendship is making them unhappy, feel uncomfortable or unsafe and how to ask for support 			
PSHE Association Programme of Study references:	<p>RI0: about the importance of friendships; strategies for building positive friendships; how positive friendships support wellbeing</p> <p>RI1: what constitutes a positive healthy friendship (e.g. mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties); that the same principles apply to online friendships as to face-to-face relationships</p> <p>RI3: the importance of seeking support if feeling lonely or excluded</p> <p>RI4: that healthy friendships make people feel included; recognise when others may feel lonely or excluded; strategies for how to include them</p> <p>RI7: that friendships have ups and downs; strategies to resolve disputes and reconcile differences positively and safely</p> <p>RI8: to recognise if a friendship (online or offline) is making them feel unsafe or uncomfortable; how to manage this and ask for support if necessary</p>			
Key vocabulary:	friendship; wellbeing; lonely; excluded; qualities; resolution; reconciliation; uncomfortable; unsafe; support			
No Outsiders Text: 	<table border="1" style="width: 100%;"> <tr> <td style="width: 33%;"> 'This is Our House' by Michael Rosen </td> <td style="width: 33%; text-align: center;"> Learning Intention: To understand what discrimination means </td> <td style="width: 33%; text-align: center;"> Success Criteria: I know how someone can feel like an outsider I know how to make sure there are no outsiders in my school </td> </tr> </table>	'This is Our House' by Michael Rosen	Learning Intention: To understand what discrimination means	Success Criteria: I know how someone can feel like an outsider I know how to make sure there are no outsiders in my school
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