

What should I do if I am being bullied?



Do:-

- Ask them to stop if you can.
- Use eye contact and tell them to go away.
- Walk away.
- Use the classroom worry box if you do not want to speak openly about it.
- Talk to a friend.
- **ALWAYS TELL SOMEONE!**

Don't:-

- Do what they say.
- Get angry.
- Hit them.
- Think it is your fault.
- Hide it.



What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Try not to get involved

What will the adults do about bullying?

They will work together to:

- Make our school a safe place. That means no bullying allowed.
- Listen to the views and ideas of the children.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

What will happen to a bully?

Teachers will get involved and help you solve problems. They can give out yellow and red cards and talk to your parents and your friends.

Etwall Primary School



Child Friendly Anti-Bullying Policy

What is Bullying?

Bullying is when someone hurts someone else by using behaviour which is meant to hurt, frighten or upset another person.

This behaviour is repeated lots of times.

Bullying behaviour can be:

Physical—kicking, hitting, pushing, spitting and punching.

Verbal—being teased and name calling.

Emotional— hurting people's feelings and leaving you out.

Cyber— saying unkind things by text, e-mail or online.

Common types of bullying are:

Racist—calling people names because of the colour of their skin.

Religious or cultural - using religious based name-calling.

Physical appearance or ability - commenting on the size and appearance of someone. Commenting on academic capability.

Sexual - homophobia, sexism, or sexual harassment.

When is it Bullying?



Several

Times

On

Purpose

Two children falling out in some way is not bullying.

We promise to treat bullying seriously.

Who can I tell?

An adult in school/at home you trust:

Class teacher

Miss Dixey

Other Teachers

Teaching Assistants

Midday Supervisors

Parents/Carers

Kitchen Staff

Digital Leaders

Friends

Any other adult you can trust

