

How you can help your child at home-general tips

- Read 10 minutes a day with them
- Ask them questions, correct speech and mispronunciations.
- Read to your child
- Have a calm, quiet place to do homework
- Children have homework once a week (maths and English)
- Discuss activity first then check your child's work when they have finished
- Children should have access to pencil, paper, sharpener, rubber, dictionary at home
- Children should have a healthy diet and get exercise
- Allows children to concentrate better
- Take children for regular medical and dental check ups
- Make sure children get a good night's sleep
- Get children to school every day and on time
- Limit Television, video game and computer time.
- Try to play educational games and programmes
- Remind your child of E-safety
- Talk to your child. Discuss what happened at school. Encourage your child to talk more and discuss feelings and thoughts.
- Visit local places with your child-The library, museums, zoo, the park, historical sites.
- Allow time for your child to rest
- Good activities for you to do at home with your child
- Writing a diary
- Playing maths games
- Getting your child to count your change at shop
- Reading
- Reading newspapers
- Growing plants/vegetables
- Encouraging your child to make videos
- Keep on asking your child the time.