



Allendale Primary School Inclusive Toileting

Allendale Primary School is committed to promoting inclusion for all children.

We recognise that every child is an individual and, therefore, will have a unique development pattern.

Toilet training is a developmental stage that may create anxiety for the child and their parents and carers. Some children will be out of nappies between the ages of two and three, for others it may be later and, for some children, it may never happen.

The term 'toilet training' suggests that children can somehow be taught to have control over their bladder and bowels.

Early Years practitioners with a sound knowledge of child development will know that bladder and bowel control is largely dependent on a child's nervous system. Practitioners should support and reassure parents and carers that their child will be welcomed into the group.

Parents and carers should never feel under pressure to have their child toilet trained before they can be accepted into an early years setting. It may leave them feeling anxious or inadequate.

An intimate care policy for Allendale Primary School is in place and will be adhered to by all staff.

This policy must be read in conjunction with the Intimate Care Policy and guidelines.



**Allendale Primary School
Intimate Care Policy
(For children requiring nappies)**

Nappy changing is an opportunity for a one to one relationship between the adult and the child. It should be a positive experience with eye-to-eye contact and conversation taking place.

- All children will be changed in a discreet area with all of the necessary equipment to hand i.e. changing mat, protective gloves, wipes, clean nappies, change of clothes etc.
- Children will only be changed by a fully cleared member of staff as soon as necessary. Volunteers shall not be allowed to carry out this task.
- Cultural and religious needs will be taken into account at all times. Parents should inform staff of any particular needs.
- Staff will inform other members of staff when intimate care is necessary.
- Children will be changed in privacy and treated with respect
- Staff shall reassure children who need to be changed and help them to remain relaxed, comfortable and safe.
- Children shall never be left unattended in the changing area.
- Only creams supplied by the child's parents/carers will be applied
- Staff will wear a fresh pair of disposable gloves when changing each child
- Changing surfaces shall be disinfected after each change and health and safety regarded at all times
- All changes of nappies or clothing shall be recorded. A copy of the record is attached.

Intimate Care Policy
April 2016
Review Date
April 2019

Allendale Primary School Guidelines for Intimate Care

To be read in conjunction with Allendale Primary School's Intimate Care Policy.

- Staff aim to encourage young children to become independent at toilet time. However, this is a learning process where staff will need to give help and assistance as and when appropriate e.g. if struggling with fasteners etc.
- Staff members need to respond positively, to give practical and emotional support to children to enable them to develop their self-help skills towards independence.
- Children may ask for or require assistance to adjust and remove their own clothing when going to the toilet. Children will be encouraged to perform this task independently when appropriate.
- Children may ask for or require assistance to wipe their bottoms. Children must perform this task independently, unless there is an exceptional circumstance, e.g. SEND, and only where written parental permission has been given.
- Children may close cubicle doors themselves for privacy. Staff would be advised to leave the door open if they enter a toilet cubicle to assist a child whilst respecting the child's need for privacy and dignity.
- All children will be changed in a discreet area with all the necessary equipment at hand.
- Children will only be changed by a fully cleared member of staff as soon as necessary. Volunteers will not be allowed to carry out this duty.
- Cultural and religious needs will be taken into account at all times. Parents should inform staff of any particular needs.
- Staff will inform other members of staff when intimate care is necessary.
- Staff shall reassure children who need to be changed and help them to remain relaxed, comfortable and safe. They will be treated with respect at all times.
- Children shall never be left unattended whilst being changed.
- Staff should wear appropriate protective clothing when changing a child i.e. disposable gloves, apron.
- A record should be kept of each change and stored confidentially