

27<sup>th</sup> February 2017



# Choppington's Early Years Unit Newsletter

<http://www.choppington.northumberland.sch.uk/site>



Thank you to you all for supporting the PTFA, by buying raffle tickets, cakes, etc. We were able to spend £90.00 on resources for early years to help with language, literacy and mathematical skills from Little Learners, to Nursery and Reception. The children will love our new resources.

Dear parents and families

Thank you for attending the recent progress meetings for your child. You can arrange an appointment any time to discuss your child's progress, please contact your child's key worker know.

**2-5 Year Olds should have 3 hours of physical activity a day. Children should only spend a maximum of an hour using digital appliances like watching TV, playing on tablets/i-pads/phones and computers per day.**

**The benefits of regular physical activity for children are:**

- Healthy growth and development including being a healthy weight and reducing the risk of disease like diabetes or cancer later in life
- Building strong hearts, muscles and bones
- Learning fundamental movement skills
- Improved movement, balance, coordination and reaction time
- Increased mental wellbeing, social skills, self-esteem and confidence.

**Please see attached sheet for activities to try at home.**

## Upcoming Events

**Thursday 2<sup>nd</sup> March- World Book Day.** All EYFS children are welcome to dress up as a character from Peter Pan or Snow White & the 7 Dwarves.

**Friday 17<sup>th</sup> March – St Patrick's Day.** All Parents and Families are invited to wear something green to participate in our Learning Morning from 9am-10am.

**Friday 4<sup>th</sup> March- Easter Learning Morning.** All Parents and Families are welcome from 9am till 10am to join in Easter activities.

The PTFA will be having a competition for the whole school to design an egg. Polystyrene eggs will be handed out to each child nearer the time. It will be judged at the **PTFA Easter Coffee afternoon on the 5<sup>th</sup> of April at 2-3PM.**

**April 6<sup>th</sup>- Class Photographs**

### Celebrating your child's Birthday

Please send in cakes or cupcakes (containing no nuts) for your child's class when it is your child's birthday. We love celebrating their birthday with them and they love the responsibility of sharing the cake with their friends.