



Dear Parents/Carers,



'Sport' Golden Day!



Today we started the countdown to our next 'Golden Day' which will take place on **Friday 24th May 2019**. The theme for the day will be '**Sport**' and thanks to the support of both local and national sporting coaches and organisations Mrs Stafford has arranged a programme of different sporting activities for the day which we know will be a real highlight for the children.

So what exactly will be happening?

- **A NON-UNIFORM DAY FOR EVERYONE!** As the children will be actively involved in sports events throughout the day then sports gear/shorts/t-shirts/tracksuits/trainers etc will be required!
- Different sports sessions with local coaches for various year groups – including **rugby, football, archery, boxing, dodgeball, pilates** and **hula hooping**



- **A visit from a Commonwealth weightlifter (Kelly-Jo Robson) as part of the 'Inspired through Sport' national organisation.** This is a really exciting element of the day as Kelly-Jo will speak to all the children at different times, demonstrate her skills, lead resilience and healthy living workshops and encourage the children to take part in a fitness circuit either in the school hall or on the playground.



We are very fortunate to have secured this visit and the glossy leaflet attached explains more about this element of the day. Please do not be put off by the fact that it is called a 'sponsorship form'. As a school we are standing by our policy of **NOT CHARGING** for Golden Days so **WE** will be sponsoring each child to take part in the fitness circuit activities during the day and therefore each child will be rewarded with a participation certificate. There is no requirement to collect any other money, however, **IF YOU WISH** to take the sponsor form to your work place or ask wider family members to 'sponsor' your child then of course you can – but this is not something we are expecting!

- An Early Years '**Movers**' workshop – for pupils in Nursery and Reception
- A sporting themed **design challenge** and competition for all KS1&2 classes
- An **athletics competition** at Northburn Sports Centre in the afternoon for Year 5 and Year 6 pupils (*there will be separate letter outlining arrangements for this event – which will take place within school time*)
- **Usual arrangements for lunch please** – so your child will have their school lunch (£2.30 for those who pay – or £2.00 for 30 hours Nursery pupils) or a packed lunch as normal in the school hall.
- 11.50am (Nursery) or 3.15pm (rest of the school) – usual arrangements for the end of the school day

And the best news, as always, is that there will be no additional charge for this. **The children do not have to bring in any money for coming in non-uniform, the coaching activities, workshops or challenges.** This is their treat for trying hard with their behaviour this half term. **The only thing we ask is that a school lunch is funded as normal on the day or a packed lunch is provided.**

As always attendance on our Golden Days is dependent on each child following the Eastlea rules in school and at lunchtimes. We are hoping to include all children; however, for those who are struggling to follow the rules, we have been or will be in contact with parents to discuss ways to support children to get them 'back on track' in terms of behaviour.

Yours sincerely

Miss Beeston, Head Teacher

