

## Virtual PE Clubs

We're really lucky to have been able to re-start many of our clubs this week and will be able to offer our normal full programme after Easter.

We know that many children are missing their sporting clubs after school and so we are really pleased to be able to offer 2 Virtual Clubs for the whole family to access at home. These will run for the next couple of weeks and are led by coaches that have previously worked in school and have provided on-line lessons over the past few weeks.

They can be accessed throughout the week, or weekend by using the following YouTube links.

[CUFC Virtual PE Sessions - YouTube](#) - The football sessions are led by Cramlington United Football Club and focus on developing a range of ball skills.

[Dance Blast! - YouTube](#) - The fun Dance Blast sessions are led by Rachel, who covers a range of different, easy to follow dance styles and routines within each session.

We have really enjoyed the photos and videos that you sent us of the children and family members enjoying the PE sessions during Lockdown , and if you are taking part in the Virtual Clubs we would love to see more!

