



Hipsburn Primary School, Lesbury, ALNWICK, Northumberland. NE66 3PX

Tel: 01665 830210

Email: admin@hipsburn.northumberland.sch.uk

Web: www.hipsburn.northumberland.sch.uk

Headteacher Mr Kevin Moloney

2.2.18

Dear Parents and Carers,

We are doing a lot of work on growth mindset in school; developing a positive view of ourselves which can help us cope with life's challenges - inside and outside of school!

Did you know that 1 in 10 children suffer mental health problems that include depression and anxiety? Mental health can affect anyone of any age and that is why we are going to be focussing on the importance of "being ourselves," and we are going to be celebrating our unique strengths as part of Mental Health Awareness Week.

If you would like further guidance on this subject please visit the link below.

<https://www.childrensmentalhealthweek.org.uk/about-the-week/>

Kind regards,

Kevin Moloney
Headteacher

