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The Future Begins Here.....

7th October 2019

#HelloYellow YOUNG MINDS

Dear Parents & Carers

WORLD MENTAL HEALTH DAY – THURSDAY 10th OCTOBER 2010

We are pleased to be supporting this year's World Mental Health Day by getting involved in their **#HelloYellow** campaign.

The crisis in children and young people's mental health is real and it is urgent. More children and young people than ever before are reaching out for help with their mental health.

Pupils who wish to can come to school wearing a yellow T-Shirt or accessory i.e. a yellow hair band, bow tie, scarf or pair of socks in exchange for a donation towards the campaign.

Thursday's assembly will focus on raising awareness of mental health in young people and pupils will take part in activities throughout the day. Donations will help to raise much-needed funds for Young Minds, while helping to show young people they're **not alone** when struggling with mental health issues.

Kind Regards

Samantha Mason
Headteacher

