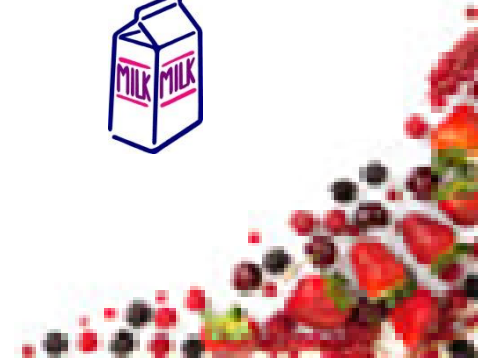
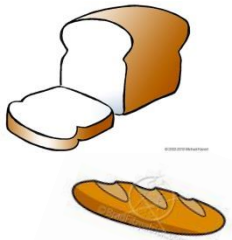


# Longhorsley St Helen's C of E First School

# SUMMER 2019 MENU

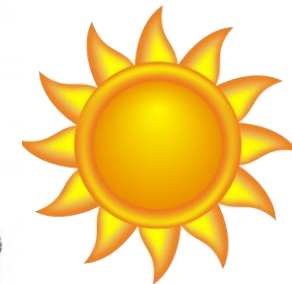


7<sup>th</sup> May to 11<sup>th</sup> November 2019










# SUMMER MENU 2019

## FIRST & PRIMARY SCHOOL

### WEEK ONE



 **Homemade Dish**      **7th May - 11th November 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Breaded Salmon Portion	 Pizza  Cheese or Tuna Melt	 Roast of the Day with Yorkshire Pudding	 Spaghetti Bolognese	Sausage
Potatoes Pasta/Rice	Oven Baked Potato Wedges	Rice or Couscous	Roast or Creamed Potatoes	Garlic Bread	Chips Pasta
Vegetables	Broccoli	Mixed Vegetables	Fresh Carrots	Sweetcorn	Peas or Baked Beans
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit Muffin with a Glass of Milk or Juice 	Homemade Assorted Fruit Sponge with Custard 	Shortbread Biscuit with Slice of Fruit and Glass of Milk or Juice 	Fruit Crumble with Ice Cream 	School Pudding of the Day 



**Fresh Fruit and a selection of Breads are always available daily**  
**Drinking Water is Available Daily on the Dining Room Tables**

**Menus are Subject to Change**

# SUMMER MENU 2019

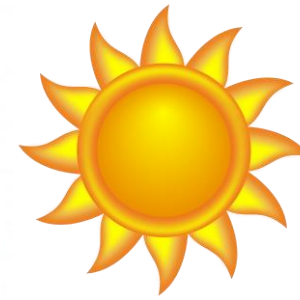
## FIRST & PRIMARY SCHOOL

### WEEK TWO



Homemade Dish

7th May - 11th November 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Tomato Pasta	Chicken Fajitas	Roast of the Day with Yorkshire Pudding	Mince Pie	Pizza
Potatoes Pasta / Rice	Crusty Bread	Rice or Couscous	Roast Potatoes	Parsley or Roast Potatoes	Chips or Pasta
Vegetables	Sweetcorn	Mixed Vegetables	Fresh Carrots	Farmhouse Vegetables	Peas or Baked Beans
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Brownie with a Glass of Milk or Juice	Fruit Sponge with Custard	Frozen Yoghurt	Fruit and Jelly or Jelly and Ice Cream	School Pudding of the Day

**Fresh Fruit and a selection of Breads are always available daily**  
**Drinking Water is Available Daily on the Dining Room Tables**

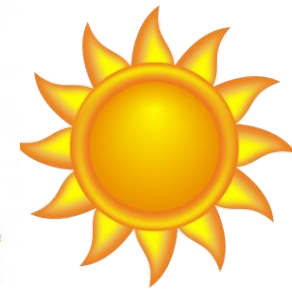
**Menus are Subject to Change**



# SUMMER MENU 2019

## FIRST & PRIMARY SCHOOL

### WEEK THREE



Homemade Dish

7th May - 11th November 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Macaroni Cheese	Quorn Curry	Roast of the Day with Yorkshire Pudding	BBQ Pulled Chicken In a Bun	Fish Fingers
Potatoes Pasta / Rice	Crusty Bread	Creamed Potatoes Roast Potatoes	Roast or Creamed Potatoes	Potato Wedges	Chips or Pasta
Vegetables	Peas	Mixed Vegetables	Fresh Carrots	Sweetcorn	Peas or Baked Beans
Salad Bar	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads	Seasonal Salads
Starters or Sweets	Ice Cream Roll with Fruit	Homemade Biscuit or Cheese & Biscuits with a Slice of Fruit and a Glass of Milk or Juice 	Fruit Cheesecake or Fruit Salad 	Ginger / Lemon Cake with Custard 	School Pudding of the Day 



**Fresh Fruit and a selection Breads are always available daily**  
**Drinking Water is Available Daily on the Dining Room Tables**  
**Menus are Subject to Change**