

Seaton Sluice First School

PHSE – Intent, implementation and impact statement

INTENT

At Seaton Sluice First School we place high emphasis on promoting pupils' wellbeing as well as their academic achievement. We are committed to promoting the health and wellbeing of pupils, and of the whole school community, and we fully recognise the important repeated relationship between wellbeing and learning.

Personal, Social, Health and Economic (PSHE) education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. At Seaton Sluice First School we help pupils to achieve their full potential, and leave school equipped with skills they will need throughout later life.

At Seaton Sluice First School we believe that PSHE plays a vital part of primary education and needs to be taught at least weekly. This enables staff to ensure full coverage of PSHE, RSE and SEAL (Social and Emotional Aspects of Learning). There are always occasions where teachers may feel it necessary to teach PSHE as a result of an issue arisen in their own class.

We have adopted a scheme of work called You, Me and PSE. This provides 8 comprehensive and engaging units of work, which supports the teaching of PSHE for ALL our children in key stages 1 and 2. It enables teachers to track topics across the academic year alongside relevant learning expectations. The curriculum builds on prior learning and allows for children to revisit and embed PSHE topics.

We have made changes so that our school is in line with statutory Relationships Education and Sex Education (RSE). This sets out that it is compulsory for all schools to teach Health Education.

In the Foundation Stage, PSHE is taught through PSED (Personal, Social and Emotional aspects of learning) and Understanding of the World through People and Communities.

Implementation

You, Me and PSE is a clear and comprehensive scheme of work that is in line with the National Curriculum. It consists of 8 units of work that all our children in key stages 1 and 2 cover. These are:

- Careers
- Drug, alcohol and tobacco education
- Financial capability and economic wellbeing
- Identity, society and equality
- Keeping safe and managing risks
- Mental health and emotional wellbeing
- Physical health and wellbeing
- Sex and relationship education

These units of work help develop skills that can be used across the wider curriculum. For example, Drug, alcohol and tobacco education, will help support certain Science topics, whilst physical health and wellbeing will help support all children in Physical Education.

PSHE is reviewed termly by teaching staff, pre and post assessments are completed by the children to help staff evaluate the impact of their teaching and the needs of their children. Each year group has an age appropriate long-term overview. This is then broken down into units of work and are taught within lessons.

PSHE is monitored termly through; pupil discussions, pupil questionnaires, discussions with staff and by using assessment analysis.

Impact

At Seaton Sluice First School, we intend that the impact of PSHE will:

- Improve pupil wellbeing with knock-on effects on readiness to learn.
- It will teach skills like perseverance, conflict resolutions, self-management, and teamwork.
- Children will have respect for themselves and others.
- Children will understand the physical aspects involved in RSE at an age appropriate level.