

# Seghill First School

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Headteacher: Miss T Chappell



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Dear Parents and Carers

Here are some updates about PE lessons, milk and fruit all starting next week.

## PE lessons

Mrs Lyons, our PE lead, has arranged PE lessons for children in school starting next week. They are as follows-

- **Tuesday mornings** with Mr Dowson for both groups Nursery to Year 4;
- **Thursday afternoons** with Newcastle United Foundation for both groups Reception to Year 4;
- **Friday mornings** with Jayne from MPA Dance for both groups Nursery to Year 4.

## Children should come to school wearing their PE kit on PE days.

All coaches are fully aware of our expectations and protective measures. Their working practices and cleaning regimes are in line with our whole school risk assessments.

We are delighted to be able to offer these excellent opportunities to our children.

## Milk and fruit

The supply of milk and fruit to school was paused by the suppliers when this lockdown was announced. Both services are due to restart next week.

### Fruit

All children in both groups will be offered at least one piece of fruit every day from Monday. They will have the chance to bring fruit home if we have extra. Fruit is usually supplied free of charge to children in Early Years and key stage 1 but not at all to children in key stage 2. All children in all year groups can have fruit from Monday and there will be no charge to parents.

### Milk

All children in both groups will be offered a carton of milk every day from Monday. Milk is usually supplied free of charge to children in Early Years up to the term before their fifth birthday and children who are eligible for Free School Meals. Parents of children who are five or who are not entitled to Free School Meals usually have to pay for milk at approximately £12 per term. All children in all year groups can have milk from Monday and there will be no charge to parents.

Children who do not want to have milk do not have to have it. **Please continue to send in your child with their water bottle every day.**

We will meet the cost of milk and fruit for pupils in all year groups present in school for the rest of this half term to promote healthy eating and to ensure no extra financial pressures are placed on parents.

This will be the case for the rest of this half term. We will review the situation when we find out if and when we are reopening to all pupils and how much longer the current rules on restricted attendance at school will be in place.

Many thanks.  
Miss Chappell  
Headteacher