

PSHE Programme Spittal Community First School

The school follows the overall pattern of **Social and Emotional Aspects of Learning Program me**

This divides the year into 6 blocks. Themes within the programme are repeated yearly so that learning within each theme is enhanced as children mature and their social and emotional understanding develop

The six blocks are:-

New beginnings

Getting on and falling out

Going for goals

Good to be me

Relationships and changes

Materials' from the programme are used in assemblies, in class and when necessary in small groups. The material from the programme are adapted by staff to meet the needs of their classes. Sometimes materials may be extended or used at a different time of year to resolves issues that have arisen either in the playground or in circle time.

Additional PSHE work:

Circle time

Circle time is used by teachers to develop the social awareness of their classes. Materials are selected according to the needs of children from a variety of sources in school e.g. Jenny Moseys' s Circle time, Circle time for younger children, Poems for Circle time and philosophy for thinking materials. This work is based on teacher's observation of children's needs.

RE.

There is frequently cross over between RE and PSHE. E.g. during work on different faith communities, Images of God and Christian communities offers opportunities for reflection on the self, belief and action.

School rules and routines

Direct work on PSHE is underpinned by the school ethos, the way we behave in school, relations between staff and children and parents. School and classroom routines and rules reinforce direct teaching about personal development.

The School Council. Buddying system and responsibilities for tasks provide opportunities for children to help their peers and learn further social skills.

Keeping Safe

KS2 direct work with children on keeping themselves safe. This includes material on dangers , discussion of how to react in dangerous situations and a section on e-safety.

Health Education

Much Health Education is carried out under the science curriculum project Keeping Healthy. The content of this project may vary yearly but usually includes:

People who help us

Me myself I

Keeping safe

Healthy Humans

Healthy wealthy and wise