

# Top tips to help your child get ready for Nursery



Some ideas to help your child with their learning at home

Listen to me and look at me when I talk, even if I only use a few words

Help me to learn our family rules and routines by being clear and consistent

Let me make simple choices such as if I want milk or water to drink, an apple or a pear

Give me time to do things for myself e.g. help me to put my coat or shoes on by myself

Everyone that looks after me can help me to learn if they spend time with me and they:



Use the correct words for things as they chat with me such as names of food, clothes, animals etc.  
Share lots of books and stories with me

Sit and eat with me so I learn to use a knife and fork and drink from a cup



Encourage me to play with other children and start to share and take turns



Help me to follow simple routines such as a story at bedtime or brushing my teeth

Take me out and about to see new things e.g. to the park or a ride on the bus

Soon your child will be 3 and this is an exciting time for you both. There is a lot you can do to help your child learn and be ready for their next step. This leaflet has been produced with support from a variety of professionals and other settings including Sure Start. It will give you ideas about what you can do to help prepare your child so they can make the best start possible in nursery or preschool.

Children learn by watching what others do and say.

It's not about how much money you spend but **what you do with your child** that makes the difference.



Support me to care for myself e.g. learn to go to the toilet and wash my hands

Encourage me to walk, run, jump and skip and not spend too much time in a buggy