

# WORTHING LEISURE CENTRE: TIMETABLE 1<sup>ST</sup> – 4<sup>TH</sup> JUNE

## MULTI SPORT HOLIDAY CAMP FRAMEWORK



TIME	AGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.30-9AM	ALL		START ACTIVE – EARLY BIRD CLUB			
9-9.45AM	ALL		REGISTRATION, ICE BREAKER GAMES & WELCOME TALK			
9.45-10.45AM	5-7 YEAR OLDS		MULTI SKILLS	GYMNASTICS	TRI GOLF	TRAMPOLINE
	8-12 YEAR OLDS		BASKETBALL	ATHLETICS	ARCHERY	FOOTBALL
10.45-11AM	ALL		MORNING BREAK			
11-12PM	5-7 YEAR OLDS		BALL GAMES	ATHLETICS	ARCHERY	TRAMPOLINE
	8-12 YEAR OLDS		ARCHERY	GYMNASTICS	TRI GOLF	ULTIMATE FRISBEE
12-1PM	ALL		LUNCH, GOLDEN TIME, CREATIVE TASKS / CHALLENGES			
1-2PM	5-7 YEAR OLDS		PARACHUTE GAMES	DODGEBALL	FOOTBALL	MULTI SKILLS
	8-12 YEAR OLDS		FOOTBALL	CRICKET	FITNESS/CIRCUITS	TRAMPOLINE
2-2.15PM	ALL		AFTERNOON BREAK			
2.15-3.15PM	5-7 YEAR OLDS		ARCHERY	TEAM CHALLENGE	TAGGING GAMES	ULTIMATE FRISBEE
	8-12 YEAR OLDS		DODGEBALL	HOCKEY	HANDBALL	TRAMPOLINE
3.15-4PM	ALL		AWARDS, CELEBRATION & PERFORMANCE TIME			
4PM	ALL	DE-REGISTRATION				