



New! Running/Athletics Club!

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Dear Parents/Carers,

‘Activ8’ will be running a new running club at Whytemead Primary School every Monday from 8:am-8:30am. This will be primarily geared towards KS2 pupils, although Y2 children who may be interested in competing in the cross country competition in November may also apply. The aim of this club is to develop the children’s fitness, stamina, agility, body control and coordination. We will also be aiming to foster an enjoyment of physical activity, as well as build confidence, self-esteem, language and listening skills.

As well as developing their social skills, getting physically active and having great fun with friends, your child will also learn the key attributes to develop core physical skills and techniques as well as competing against themselves and others along the way! We follow the British Athletics Association’s scheme and children will have the opportunity to achieve different levels within this. The sessions are structured to accommodate all abilities, therefore it doesn’t matter if your child has never run, attended a running club or whether they run regularly – there will be activities to suit them. We will be covering sprinting, hurdling, long distance running and relay running.

Sessions are planned by a trained and experienced PE teacher and qualified coach. All Activ8 staff are DBS checked and have undergone first aid and child protection training.

On Mondays, please send your child into school in full PE kit or shorts/tracksuit bottoms, t-shirt and trainers. Please do not forget to pack school uniform! Between 8.30-8.40am the children will have time to change into their uniform and have a quick snack, so please provide your child with something healthy such as a cereal bar or fruit and plenty of water.

Sessions will start on Monday 26th February and will run for 5 weeks. As the school is subsidising this club, the cost is just £1 per week paid in half termly blocks. The first half term is therefore £5. To book your child a place please return the slip below to the school office before Wednesday 21st February.

Yours sincerely

Debbie Webb

Activ8 For Kids

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Running/Athletics Club

My child.....of.....class
Would like to take part in the new ‘Activ8’ Running/Athletics Club on a Monday 8-8.40am. I enclose £5 for the half term

Signed.....Parent/Carer