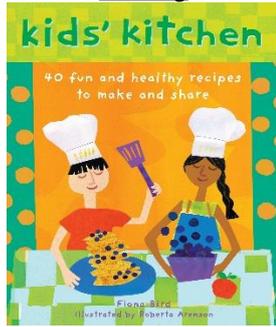


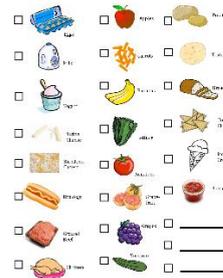
**Year 3/4 Home Learning – Week Beginning Monday 1<sup>st</sup> June**  
**Food Glorious Food**

**Reading**



- You could share a story together. This could be a chapter book where you read and discuss a chapter a day.
- Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation.
- Watch Newsround and discuss what is happening in the wider world.
- Get your child to read a book on Oxford Owl, discuss what your child enjoyed about the book.
- Get your child to read a book on Active Learn and complete the activities. These focus on comprehension skills.
- Explore new vocabulary you find when reading. What are the origins of this word? Can it be modified? Can you find any synonyms or antonyms for your new word?
- With your child, look in magazines, newspapers and books for new vocabulary they are unfamiliar with. They could use a highlighter to highlight in magazines and newspapers.
- Look at a recipe book or recipes online and select one to cook as a family.

**Writing**



- Write a recount to a family member telling them all about how your day or week has been.
- Write a shopping list that ensures their family will eat a balanced diet. Remembering to include exciting adjectives.
- Write a recipe. How to make ..... Remembering to include a list of ingredients and things they need. Also not forgetting to include headings and subheadings. Then write their set of instructions, remembering to include imperative verbs. (Verbs that command you to do something).
- Write a review about a meal they've eaten. Describe what they had to eat. What did they enjoy and why?
- Choose a particular food and write an acrostic poem. Think about where it comes from? What does it look like? What does it taste like?

**Spelling**

Choose your level of challenge and practise your words this week. Get a family member to test you at the end of the week.

|         |          |            |
|---------|----------|------------|
| Climb   | Possess  | Profession |
| Father  | Position | Privilege  |
| Water   | Popular  | Prejudice  |
| Where   | Perhaps  | Physical   |
| Because | Peculiar | Persuade   |

Don't forget to drop some of the spellings from previous weeks into your test to make sure that you have remembered them!

**Science**

**Big Question**

What happens when you swallow food? Where does it go?

**Digestive system**



**Useful links**

- <https://www.bbc.co.uk/bitesize/topics/z27kng8>
- <https://www.twinkl.co.uk/resource/tp2-s-024-planit-science-year-4-animals-including-humans-lesson-2-digestive-system-functions-lesson-pack>

**Let's Create**

Make repeated pattern prints for decorative purposes using various natural materials, e.g. potato printing or create some still life observational sketches of fruit. Look at the artwork of Giuseppe Arcimboldo Maybe recreate some of his paintings with fruit.

**Let's Wonder**

What is a balanced diet? Find out about the 5 food groups. Make slides or posters about what they find out about. Carbohydrates Protein Dairy Fruits and Vegetables Fats. Where does their food come from? Which foods come from the UK? What is Fairtrade?

**Time to Talk**

As a family, design a healthy meal plan for the week. Discuss their favourite foods and why they enjoy them? Talk about healthy and unhealthy foods and explain the importance of eating a balanced diet.

## Spelling Practise Ideas

### Word Parts

Write words using different colours - for each new syllable, change your colour  
e.g. butterfly, caterpillar

### Ransom Words

'Write' your words by cutting letters out of a magazine or newspaper and sticking them on a piece of paper to spell your words



e.g.

### Synonyms

Choose a word and find at least 2 synonyms for each using a thesaurus (online thesaurus are available)

e.g.



## Maths

- Check your mymaths homework tasks at [mymaths.co.uk/](http://mymaths.co.uk/)
- Times Tables Rockstars. Aim to complete these each week to improve accuracy of recall:
  - 2 x Studio Sessions
  - 1 x Garage
  - 1 x SoundCheck
- Adding totals of the weekly shopping list or some work around money.
- Practise telling the time.
- Read to the quarter hour and the nearest 5 minutes.
- Create a poster to show everything they know about Time. This could be pictures, diagrams, explanations, methods etc. They can be as creative as they want to be.
- Practise counting forwards and backwards from any given number in 3s.

### Useful links:

[mymaths.co.uk/](http://mymaths.co.uk/)

<https://ttrockstars.com/>

<https://www.bbc.co.uk/bitesize/articles/z4qkwtq>

## Computing



- Download the Change4Life food scanner app on to your phone or tablet (make sure to get permission from an adult - the app is free)
- Use the app to scan food and drink packaging to find out what's inside. How much sugar, saturated fat and salt is in each product?
- Can you compare or order products in terms of the amount of sugar in each?

## Get Physical

- Cosmic Kids Yoga
- Joe Wicks daily P.E. lessons
- Free Kickerz on YouTube
- Visit <https://www.activesussex.org/virtual/> and practice this week's challenges