Pegswood Primary School

Summer Menu (May 19-October 19)

Homemade Dish	Crustaceans	Lupin	Mustard	Sesame Seeds
Celery	Eggs	Milk	Nuts	Soya
Cereals Containing Gluten	Fish	Molluscs	Peanuts	Sulphur Dioxide

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Bolognaise OR Salmon Bites	Roast Chicken & Yorkshire Pudding OR Chicken Wrap	Chicken Curry OR Fish Cakes	Roast Beef in Gravy & Yorkshire Pudding OR Hot Roast Beef Bun	Pepperoni or Margarita Pizza OR Fish Portion
Potatoes/Rice	Pasta	Mashed Potatoes	Rice	Mashed Potatoes	Chips
Vegetables	Garden Peas	Carrots	Mixed Veg	Broccoli	Baked Beans
Jacket Potato choices	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans
Sandwich	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo
Salad Bar	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice
Sweets	Fruit Sponge with Custard	Blueberry Muffin with Glass of Milk	Biscuit and Slice of Fruit	Fruit Crumble with Ice Cream	Iced Cake and Glass of Juice

Salad bar is open to all staying for school lunches.

Fresh fruit, yoghurt and bread available daily.
Drinking water is available daily on the dining room tables.