

Pegswood Primary School



Summer Menu (May 19-October 19)

Homemade Dish	Crustaceans	Lupin	Mustard	Sesame Seeds
Celery	Eggs	Milk	Nuts	Soya
Cereals Containing Gluten	Fish	Molluscs	Peanuts	Sulphur Dioxide

WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Mince Pie OR Pizza Wrap 	Roast Chicken & Yorkshire Pudding OR Salmon Bites 	Bolognaise OR Hot Sausage Bun 	Roast Turkey & Yorkshire Pudding OR Macaroni Cheese 	Fish Fingers OR Tuna Melt
Potatoes/Rice	Jacket Potato Wedges	Creamed Potatoes 	Pasta	Creamed Potatoes 	Chips
Vegetables	Garden Peas	Carrots	Mixed Vegetables	Farmhouse Vegetables	Baked Beans
Jacket Potato choices	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans
Sandwich	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo
Salad Bar	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice
Sweets	Fruit and Arctic Roll 	Homemade Biscuit and Glass of Milk 	Cheesecake 	Fruit Whip 	Tutti Frutti Cake with a Glass of Juice



Salad bar is open to all staying for school lunches.

Fresh fruit, yoghurt and bread available daily.
Drinking water is available daily on the dining room tables.