

PSHE Key Stage 3 Curriculum Framework

KEY STAGE 3			
	AUTUMN	SPRING	SUMMER
	Health And Wellbeing	Relationships	Living in the Wider World
3A	<p><u>Healthy lifestyles</u> *To make an informed choice about a their health Choices about food and balanced diet Spread of bacteria and viruses Medicines that keep us healthy Leisure facilities (school/home/community)</p>	<p><u>Healthy relationships</u> *Develop and maintain healthy relationships *Acceptable/unacceptable physical contact and how to respond Working collaboratively towards shared goals How our actions can affect ourselves and others Solving disputes and conflict Stereotypes Appropriate behaviour in private and public</p>	<p><u>Rights & responsibilities</u> To learn about rules & laws that protect themselves & others in different situations. To understand that everyone has human rights. *To learn that some cultural practices which are against British Law e.g. FGM. To recognise the consequences of anti-social behaviour such as bullying and discrimination. That there are different kinds of responsibilities. To appreciate the range of national, religious & ethnic identities in the UK Life skill responsibility (flat/kitchen/household)</p>
<i>Self-help, jobs in class (vocational) and independent skills(travelling within school) runs through the year</i>			
3B	<p><u>Growing & changing</u> Celebrate achievements and identify personal strengths *Good/not so good feelings To understand change and feelings of loss Becoming a teenager and personal care Vocabulary</p>	<p><u>Feelings & emotions</u> Different types of feelings *Confidential and secret</p>	<p><u>Taking care of the environment</u> To research, discuss and debate topical issues, concerning the environment. To think about the lives of people living in other places. Horticulture *(Privacy- Public/Private)</p>
<i>Self-help, jobs in class (vocational) and independent skills(travelling within school) runs through the year</i>			
3C	<p><u>Keeping safe</u> School rules for health and safety and where/how to get help Keeping safe (physical/emotional and online) inc First Aid Risks, dangers and hazards</p>	<p><u>Valuing differences</u> *Different types of relationships Differences and similarities between people Bullying Respect for others and their feelings</p>	<p><u>Money matters</u> *To learn about the role money plays in their own and others' lives. To develop the concept of 'interest, loan, debt and tax'. To learn about enterprise. *Family life and home economics</p>

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	*Asking for help, making choices and saying 'NO'		
	<i>Self-help, jobs in class (vocational) and independent skills(travelling within school) runs through the year</i>		

Green=topics taken from the Sex Ed. Rolling programme

Purple=taken from the Living and Leisure rolling programme

*topics overarching sex ed. and PSED

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