

# 'Music on the Menu'

Hello schools, parents and carers,

We are delighted to bring you our fourteenth edition of **Music on the Menu**. We have selected music activities that you might like to explore in the classroom, but that can also be shared with those who are learning at home.

## Listening

Why not start the day by listening to beautiful music to calm and focus the mind?



### Concerto for Alto Saxophone and String Orchestra

*(Composer – Alexander Glazunov)*

<https://www.youtube.com/watch?v=XGL7cs8mf0A>

If you have enjoyed listening to this, please visit <https://www.wqxr.org/story/classical-sax-amazing-here-are-seven-pieces-get-you-started/> to find more examples of classical saxophone pieces.

## Key Stage 1



**Out of the Ark Music** has a large collection of songs for every occasion. It has organised its free song offer into six simple categories to help you explore and find what you're looking for. Each week features two songs of the week and one NEW song for you to try.

[https://www.outoftheark.co.uk/ootam-at-home/?utm\\_source=homepage&utm\\_campaign=ootamathomead3&utm\\_medium=homead](https://www.outoftheark.co.uk/ootam-at-home/?utm_source=homepage&utm_campaign=ootamathomead3&utm_medium=homead)



**Song Source** contains over 200 original songs for children aged 4-12 available FREE online, with backing tracks, performance tracks, lyric videos, lyric sheets and scores. Engaging songs encompass themes from history to science and environmental education to storytelling and much more!

<https://www.portsmouthmusichub.org/songsource>

## Key Stage 2



**Minute of Listening** is a creative tool, which means there are lots of ways you can use it, including ways not yet thought of!

You can explore the music by topic, curriculum area or even mood and by following a collection or independently selecting. Why not use these minutes of music as a starting point for story writing, drawing, discussing emotions or writing your own minute. To find out more, please visit <https://www.minuteoflistening.org/what-is-mol/>.



Get moving and create turntable inspired choreography using movements and gestures inspired by **Gabriel Prokofiev's 'Concerto for Turntables and Orchestra'**. Join dancer Jordan Douglas from Sadler's Wells in creating your own table-top dance!

<https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382>.

## SEND



**Inspire Works** is offering free educational world-music workshops consisting of video tuition and an online quiz. New lessons are published every weekday at 2pm. Participants will learn a piece of music in a particular style/genre of world-music over 5 lessons, enhance rhythmic and improvisational skills, develop listening skills, musical knowledge & understanding and an appreciation of a culture different to their own.

To find out more, please visit <https://www.inspire-works.co.uk/free-youtube-workshops>.

## Key Stage 3

### Friday Afternoons



Inspired by Benjamin Britten, **Friday Afternoons** is an international initiative encouraging young people to sing.

The ever-growing Song Bank contains new music and support materials to help teachers develop their students' skills – as performers, listeners and composers. To register FREE and explore all the wonderful songs and resources, please visit <https://www.fridayafternoonsmusic.co.uk/>.



National Public Radio is a publicly funded non-profit media organization based in Washington, D.C. which produces and distributes news and cultural programming. Visit **NPR Music** for streams, live concerts and music news. <https://www.npr.org/music/>

Other webcasts and live streams to explore:

#### Quarantune

A daily music post from NYCGB in which they share some joyful music recorded by the outstanding young voices of members of NYCGB choirs from across the years.

<https://www.nycgb.org.uk/news/quarantune>

#### The Piano Guys

Five guys play popular tunes on one piano.

<https://www.youtube.com/watch?v=0VqTwnAuHws>

#### Royal Albert Home

Royal Albert Home brings exclusive sessions from artists' homes to yours whilst the Hall is shut.

<https://www.royalalberthall.com/tickets/series/royal-albert-home/>

#### LSO Always Playing

The London Symphony Orchestra bring concerts to your living rooms with a digital programme of full-length archive concerts, interviews, articles, playlists, and activities for young people and families.

<https://lso.co.uk/whats-on/alwaysplaying.html>

## A reminder of other resources:

Sing Up

<https://www.singup.org/singupathome/>

Friday Afternoons

<https://www.fridayafternoonsmusic.co.uk/>

Collins Song Bank

<https://collins.co.uk/pages/support-learning-at-home-free-childrens-song-bank>

London Sinfonietta Lockdown Live

<https://londonsinfonietta.org.uk/whats-on/lockdown-live>

West Sussex Music Lockdown Ensembles

<https://www.facebook.com/WestSussexMusic/>

BBC Ten Pieces

<https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382>

Music:Ed Collection of Classical Music Recordings and Activities

<https://musiceducation.global/classical-100-available-free-until-september-2020/>

Royal Albert Hall – Meet the Orchestra

<https://www.royalalberthall.com/about-the-hall/news/2020/april/meet-the-orchestra-with-alberts-band/>

Team Tutti

<https://teamtutti.org/>

Ensemble Reza Tuesday Lunchtime Performances

[https://www.youtube.com/channel/UCp-fenf137J\\_J4rCM620tqw](https://www.youtube.com/channel/UCp-fenf137J_J4rCM620tqw)

West Sussex Music Online Resources

[www.westsussexmusic.co.uk](http://www.westsussexmusic.co.uk)

- Click on Staff Zone
  - Click on School Zone
- Username: Schools  
Password: SchoolsAccess1
- Go to 'Pulse and Rhythm' folder
  - Go to 'Pitch and Singing' folder

(All past editions of Music on the Menu can be found on School Zone/Music on the Menu.)



Changing lives through music