



## Music on the Menu

Hello West Sussex schools,

Welcome to our fifth edition of Music on the Menu 2021.

We are pleased to share ideas and resources to support music learning and enjoyment for pupils in school and at home.

It was lovely to see so many people at our **Primary TeachMeet** yesterday afternoon. We started the session by learning a three part round and then had an interesting discussion about resources to support composition. Look out for some of these ideas in future editions of Music on the Menu. In response to feedback about dates of meetings, please note that **Primary TeachMeets** for the rest of this term will take place at **3.45 pm on Tuesday 23 February 2021, Wednesday 10 March and Tuesday 23 March**. Please use the link below to join us:

<https://us02web.zoom.us/j/8233356169?pwd=SWFiTW0wUjNjMkIrVHN2QWdacVREZz09>

Best wishes,



[www.westsussexmusic.co.uk](http://www.westsussexmusic.co.uk)

**Changing lives through music**

## Listening:



Why not start the day by listening to beautiful music?

### Fantasia in F Minor

(Franz Schubert)

[https://www.youtube.com/watch?v=UyjqPPXDcw&feature=share&fbclid=IwAR2J\\_ecyx1t9IOpI8MRAgsrpU6gsQD-DbTpPgx2hAFZtMSOHHMo3vFIPr9II](https://www.youtube.com/watch?v=UyjqPPXDcw&feature=share&fbclid=IwAR2J_ecyx1t9IOpI8MRAgsrpU6gsQD-DbTpPgx2hAFZtMSOHHMo3vFIPr9II)

## Inspirational Performances:



### The Boogie Woogie Twins

Dr. John & Jools Holland's duet from NBC's Sunday Night / Night Music show, 1988.

<https://www.facebook.com/100043895001067/videos/860247044772807>



Eight performers from the international sensation **STOMP** take to an outdoor basketball court in New York City's Greenwich Village with four stars from the world famous **Harlem Globetrotters**, to celebrate the team's 90<sup>th</sup> year.

<https://youtube.com/watch?v=hqMZ9etBjeE&feature=share>

## Resources:



**Start the Week Singing Sessions** at 10 am on Mondays until the end of February. Suitable for all ages, these engaging sessions are run by independent musician Emily Barden and are available on a first come first served basis on the day, with a maximum of 300 Zoom logins available. Sessions include fun physical and vocal warm ups and uplifting, catchy songs to sing! Here is the Zoom link that will work every week:

<https://us02web.zoom.us/j/84284418999?pwd=WnBVclVNbTNvZkpQVDJTMkMtMWMvZz09>



Despite the onset of Covid-19, and the restriction of all live events, Orpheus Sinfonia is bringing music to young people, ensuring they don't lose out on creative opportunity at this time. Explore their website and enjoy **Speed-Meet the Orchestra**. Coming soon - interactive projects and DIY musical instruments at home!

<https://www.orpheusfoundation.com/about/multiplay/>



Explore secondary teaching resources at <https://www.musicalfuturesonline.org/our-resources/#secondary>, including JustPlay, Playalong **Library**, Music **Production**, Inside**Rap** and In The **Style Of**.



### Ten Pieces Musical Menu: Dynamics

This week's musical menu is all about dynamics! As with all the menus, activities can be used alone or together and are made to be delivered at home or in the classroom - no preparation is needed.

[https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-musical-menu/zmypxbk?dm\\_t=0,0,0,0,0](https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-musical-menu/zmypxbk?dm_t=0,0,0,0,0)



Ableton's **Learning Music** is a FREE online composition resource. **Get started making music** provides a series of lessons that teach the basics of music making (beats; notes and scales; chords; basslines; melodies; song structure). No prior experience or equipment is required and you can do everything in your browser.

To explore this resource, please visit <https://learningmusic.ableton.com/>

## Friday Afternoons



New **composition activities** can be used for in person or online teaching to get young people making their own music and feeling creative and inspired!

If you're looking for resources right now, explore Project One Dot, or some composition activities inspired by The Lighthouse Keeper by Errollyn Wallen.

<https://www.fridayafternoonsmusic.co.uk/>



### Calling All Young Composers!

The New Directions Composition Competition exists to encourage young people, from all walks of life, to create music and to explore the possibilities of communication and creativity that music can bring.

The competition is for anyone below the age of 18. You can compose in any style or genre (a song, an instrumental work, a piece on Logic, hip-hop, ambient etc.). The more inventive the better! All the information needed can be found by following the link below.

<https://robinsoncollegemusicsociety.co.uk/outreachprojects/>

## Project

### RAF Music Virtual Concert Resource

RAF Music is very aware of the challenges facing instrumental music delivery, throughout the UK and beyond, because of the COVID pandemic. In response to the reduced musical opportunities nationally at this time they have created a digital concert resource with East Lothian Council's Instrumental Music Service. This free digital concert resource is now available for everyone to use and includes a full score with individual parts, click track, video performance and online tuition videos. To find out more about how the East Lothian project worked and how your school or a group of schools could use this resource, please visit <https://www.musicmark.org.uk/resources/raf-music-virtual-concert-resource-pack/>.

To watch the performance please visit <https://youtu.be/O3rMIFNehV4> .

## West Sussex Music:



### West Sussex Youth Choirs Online

rehearsals via Zoom on Saturdays as part of our

#### *Virtual Music Centre*

During the national lockdown, West Sussex Youth Choirs continue to meet online every Saturday.

We remain open to applications from talented singers keen to keep singing during this time.

We have 2 choirs:

**West Sussex Young Voices** - 11-11.45am (Y5-Y8)

**West Sussex Youth Choir** - 1-2pm (Y9-Y13)

For more information and to apply, parents or staff can contact Sarah Forbes, Director of the West Sussex Youth Choirs - [sarah.forbes@westsussexmusic.co.uk](mailto:sarah.forbes@westsussexmusic.co.uk).

Do forward the attached flier to all of your best singers. More information can also be found on our website:

<https://www.westsussexmusic.co.uk/page.cfm?title=west-sussex-youth-choirs>

## Virtual Sings Live!

Our first ever Virtual Sings Live! takes place on **Wednesday 3 March 2021** at 4 pm. Participating schools will be receiving information and singing resources this week!

## Virtual Sing Up Day Celebration – CHANGE OF DATE

In light of lockdown restrictions, Sing Up has decided to postpone Sing Up Day. Originally scheduled for Wednesday 10 March, celebrations will now take place on **Wednesday 30 June**.

**SAVE THE DATE** In line with these changes, West Sussex Music has also taken the decision to postpone its **Virtual Sing Up Day Celebration** and so our event will now take place on **Wednesday 30 June**. More information will follow in due course.

In the meantime, this year's Sing Up Day song 'Unstoppable' by Emily Barden will remain available on the Sing Up website and they are hoping to share scores soon, along with more information regarding additional resources.



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