



## Music on the Menu

Hello West Sussex schools,

Welcome to our sixth edition of Music on the Menu 2021.

We are pleased to share ideas and resources to support music learning and enjoyment for pupils in school and at home.

Please note there is a change to the next **Primary TeachMeet** scheduled for Tuesday 23 February 2021. Instead of meeting in our West Sussex group, you are invited to join the **Music Education Network Teach Meet on Tuesday 23<sup>rd</sup> February at 3pm**. The event is for teachers and led by teachers and there will be some parallel sessions for primary and secondary colleagues. The event is open to all teachers and school leaders, no matter what your role and what stage of your career you are at.

Mark Phillips, Senior HMI in London and Ofsted's Lead for Music, will be giving presentation and taking questions. This is a great opportunity to hear about Ofsted's views on music education and how musical learning is embedded as a fundamental part of a broad and balanced curriculum.

This will be a joint event for teachers in Brighton and Hove, East Sussex, West Sussex and the wider University of Sussex schools' partnership. To register for this event, please visit

**[Musical Learning, Deep Dives, Ofsted and a Pandemic: Raising the Bar in Music Education](#)**

Best wishes,



[www.westsussexmusic.co.uk](http://www.westsussexmusic.co.uk)

**Changing lives through music**

## Listening:



Why not start the day by listening to beautiful music?

### **Bachianas Brasileiras No 5 Aria**

**(Soprano - Barbara Hendricks)**

*(Heitor Villa-Lobos)*

<https://www.youtube.com/watch?v=sN2wVYGhPnE>

## Performances:

V O C E S 8

### **Voces8 & The Stay at Home Choir**

**Caledonia by Dougie MacLean**

<https://www.facebook.com/VOCES8/videos/228088305624608>



The Royal Welsh College of Music and Drama's **Big Bash Percussion Weekend** starts at 7 pm on Friday 19 February with a concert featuring RWCMD percussion ensemble Taro, joined by RWCMD tutor Owen Gunnell. This concert will be live streamed from RWCMD's Dora Stoutzker Hall, and will feature the Welsh premiere of Ivan Trevino's 'Make a joyful noise'. To find out more, visit <https://www.rwcmd.ac.uk/events/2021-02/big-bash-live>

## Resources:



**Start the Week Singing Sessions** at 10 am on Mondays until the end of February, *including during half term week!* Suitable for all ages, these engaging sessions are run by independent musician Emily Barden and are available on a first come first served basis on the day, with a maximum of 300 Zoom logins available. Sessions include fun physical and vocal warm ups and uplifting, catchy songs to sing! Here is the Zoom link that will work every week:

<https://us02web.zoom.us/j/84284418999?pwd=WnBVclVNbTnvZkpQVDJTMkJtMWMvZz09>



Despite the onset of Covid-19, and the restriction of all live events, Orpheus Sinfonia is bringing music to young people, ensuring they don't lose out on creative opportunity at this time. Explore their website and enjoy **Speed-Meet the Orchestra**. Coming soon - interactive projects and DIY musical instruments at home!

<https://www.orpheusfoundation.com/about/multiplay/>

A blue poster for the "SoundCity" event titled "Build a Music Fanbase". The poster features the event title in large, bold, black letters at the top. Below it, the text reads: "Industry pros Phil Nelson and Chris Cooke", "Monday 8 March, 5-7pm online FREE!", and "book at: build-a-fanbase.eventbrite.co.uk". The main body of text describes the event: "How do you develop a fanbase and make money from your music-making? If you are aged 13-25 join our industry insiders to find out how." It further details the session: "In this intro session we'll look at what artists need to do to build momentum, tools and programmes that offer support, and what the music industry is looking for from new artists." and "We'll help you find the right platforms and collaborators, produce great marketing content on a super tight budget, and respond to your fans." At the bottom, it provides contact information: "Find out more about Phil and Chris at: pathwaysintomusic.com" and "Visit our free Music Spaces: bhma.org.uk/music-centres". The footer contains logos for Brighton &amp; Hove Music &amp; Arts, SoundCity Brighton &amp; Hove, Pathways Into Music, Youth Music, and Arts Council England.



## Ten Pieces Musical Menu: Dynamics

This week's musical menu has three courses of delicious activities all about lyrics and words!

As with all of these menus, the activities can be used alone or together and are made to be delivered at home or in the classroom – no preparation or specialist equipment needed.

[https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-musical-menu/zmypoxxk?dm\\_t=0,0,0,0,0](https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-musical-menu/zmypoxxk?dm_t=0,0,0,0,0)

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## Together with Music #itstartswithasong



Sing Up has partnered with **Together with Music**, a digital campaign connecting care homes with local schools and groups to tackle loneliness.



An exciting home-schooling pack is now live for their members, full of activities for children featuring our song *One moment, one people*. Get the pack and **sign up for free** with **Together with Music** to get connected.



**In a world which is becoming increasingly visually loud, Minute of Listening helps pupils develop their creative listening skills.**

This carefully curated collection of 60-second recordings introduces children to a range of music and sounds from Björk to Beethoven, folk music to field recordings.

Accompanying resources help enrich all curriculum areas, and follow-up questions encourage children to discuss what they heard, thought and felt. To explore resources, please visit <https://www.minuteoflistening.org/>.



### Calling All Young Composers!

The New Directions Composition Competition exists to encourage young people, from all walks of life, to create music and to explore the possibilities of communication and creativity that music can bring.

The competition is for anyone below the age of 18. You can compose in any style or genre (a song, an instrumental work, a piece on Logic, hip-hop, ambient etc.). The more inventive the better! All the information needed can be found by following the link below.

<https://robinsoncollegemusicsociety.co.uk/outreachprojects/>

# Project

## RAF Music Virtual Concert Resource

RAF Music is very aware of the challenges facing instrumental music delivery, throughout the UK and beyond, because of the COVID pandemic. In response to the reduced musical opportunities nationally at this time they have created a digital concert resource with East Lothian Council's Instrumental Music Service. This free digital concert resource is now available for everyone to use and includes a full score with individual parts, click track, video performance and online tuition videos. To find out more about how the East Lothian project worked and how your school or a group of schools could use this resource, please visit <https://www.musicmark.org.uk/resources/raf-music-virtual-concert-resource-pack/>. To watch the performance please visit <https://youtu.be/O3rMIFNehV4>.

## West Sussex Music:



### West Sussex Youth Choirs Online

rehearsals via Zoom on Saturdays as part of our  
*Virtual Music Centre*

During the national lockdown, West Sussex Youth Choirs continue to meet online every Saturday.

We remain open to applications from talented singers keen to keep singing during this time.

We have 2 choirs:

**West Sussex Young Voices** - 11-11.45am (Y5-Y8)

**West Sussex Youth Choir** - 1-2pm (Y9-Y13)

For more information and to apply, parents or staff can contact Sarah Forbes, Director of the West Sussex Youth Choirs - [sarah.forbes@westsussexmusic.co.uk](mailto:sarah.forbes@westsussexmusic.co.uk).

Do forward the attached flier to all of your best singers. More information can also be found on our website:

<https://www.westsussexmusic.co.uk/page.cfm?title=west-sussex-youth-choirs>



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