



Music on the Menu

Hello West Sussex schools,

Welcome to our seventh edition of Music on the Menu 2021.

As everyone prepares for the reopening of schools in March, please remember that we are here to support you in any way we can, so don't hesitate to contact us at judith.finlay@westsussexmusic.co.uk if you would like to discuss any aspect of music education in your setting.

In the meantime, we are delighted to share more ideas and resources to support music learning and enjoyment for pupils in school and at home.

Our next **Primary TeachMeet** will take place at 3.45 pm on Wednesday 10 March 2021. Please follow the link below to join us:

<https://us02web.zoom.us/j/8233356169?pwd=SWFiTW0wUjNjMkIrVHN2QWdacVREZz09>

Best wishes,



www.westsussexmusic.co.uk

Changing lives through music

Listening:



Why not start the day by listening to beautiful music?

Irlandaise

from Suite for Flute and Jazz Piano

(Claude Bolling)

https://www.youtube.com/watch?v=sIIIdERNDrA&list=PL4_LM_PDM3D7IG3VCfrnDiaOTkA27roR1K&index=3

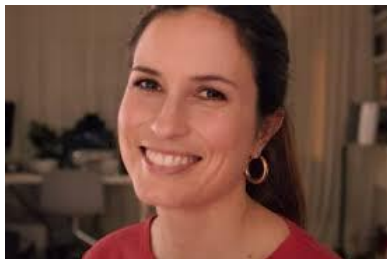
Inspirational Performance:



Nathalie Stutzmann sings Handel's aria "Ah, mio cor, schernito sen".

<https://www.youtube.com/watch?v=hSAuHrg8XnM>

Food for thought ...



When the Machine Starts Up Again

(Missy Higgins)

<https://www.youtube.com/watch?v=uYHK4SKfKnw>

Resources:



Youtube Singing Sessions with Emily Barden (Singer Songwriter)

Emily has filmed twelve 30 minute singing sessions for Key Stage 1 and Key Stage 2 children, all available for free on Portsmouth Music Hub's Youtube Channel. Follow the link below to find out more.

Music on the Menu
25 February 2021

https://www.youtube.com/playlist?list=PL7tA0WObYMFg_WS2DUyVNDXUvTpEVJJyaq



Sing Up's Recovery Curriculum resources help schools address the key themes and losses caused by the pandemic: routine, structure, friendship, opportunity, and freedom.

They have organised the resources into five themes and you can 'pick and mix' and adapt them to suit the young people you teach. Read more about the recovery curriculum resources in their blog (link below).

<https://www.singup.org/blog/article/1440-looking-forward-to-spring-singing-and-songs-for-recovery>

SOUNDCITY

Build a Music Fanbase
Industry pros Phil Nelson and Chris Cooke

Monday 8 March, 5-7pm online FREE!
book at: [build-a-fanbase.eventbrite.co.uk](https://www.eventbrite.co.uk/build-a-fanbase)

How do you develop a fanbase and make money from your music-making? If you are aged 13-25 join our industry insiders to find out how.

In this intro session we'll look at what artists need to do to build momentum, tools and programmes that offer support, and what the music industry is looking for from new artists.

We'll help you find the right platforms and collaborators, produce great marketing content on a super tight budget, and respond to your fans.

Find out more about Phil and Chris at: [pathwaysintomusic.com](https://www.pathwaysintomusic.com)
Visit our free Music Spaces: [bhma.org.uk/music-centres](https://www.bhma.org.uk/music-centres)

Logos at the bottom: Brighton & Hove Music & Arts, SOUNDCITY, PATHWAYS INTO MUSIC, YOUTH MUSIC, ARTS COUNCIL ENGLAND.



Ten Pieces Musical Menu

This week's musical menu is serving you three courses of singing! Listen, learn and create one word songs.

As with all of these menus, the activities can be used alone or together and are made to be delivered at home or in the classroom – no preparation or specialist equipment needed.

https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-musical-menu/zmypoxxbk?dm_t=0,0,0,0,0

Together with Music #itstartswithasong



Sing Up has partnered with **Together with Music**, a digital campaign connecting care homes with local schools and groups to tackle loneliness.



An exciting home-schooling pack is now live for their members, full of activities for children featuring our song *One moment, one people*. Get the pack and **sign up for free** with **Together with Music** to get connected.

Birmingham Contemporary Music Group



Birmingham Contemporary Music Group is one of the world's foremost new music ensembles. Over three decades, BCMG has developed the music of today for the audiences of tomorrow. Since then, BCMG has reached over 10 million people in concert and through broadcasts.

To find out about their series of online videos, blogs and resources that keep new music alive during these times, please visit <https://www.bcmg.org.uk/Listing/Category/bcmg-at-home>.



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