

# 'Music on the Menu'

Hello schools, parents and carers,

As the gradual return to school begins, we bring you our tenth edition of **Music on the Menu**. This week we have selected specific music activities that you might like to explore in the classroom and that can be shared with those who are learning at home.

## Listening



Why not start the day by listening to beautiful music? Here is a piece of choral music that will help to calm and focus the mind.

### **The Blue Bird**

*(Charles Villiers Stanford)*

<https://www.youtube.com/watch?v=PtTDo6k1Y3U>

## Key Stage 1/Lower Key Stage 2



**Love learning, start singing**

This week's **Sing Up** song of the week is '**Shake my sillies out**' – a song to banish the fidgets and wake everyone up! Sing Up has provided accompanying resources to support:

- Signing the song
- Listening and learning
- Ensemble with percussion instruments
- Literacy
- PE and dance

To learn the song and find out more about the FREE resources available, please visit <https://www.singup.org/singupathome/song-of-the-week>

## Upper Key Stage 2/Key Stage 3

### FRIDAY AFTERNOONS



**Friday Afternoons** includes a song called '*Fishing Song*' (Walton/Britten). This is a flowing unison song written in 5/8 time that explores a wide range of musical elements.

Suitable for Upper Key Stage 2/Key Stage 3 children, this song comes with cross curricular resources and lots of scope for exploration and creativity including a signed video and exploration of the musical elements.

To learn the song and find out more about the FREE resources available, please visit <https://www.fridayafternoonsmusic.co.uk/>.

### SEND



Join Rosie and Dom to explore fun-filled folk music at the **Big Top 'Folk Festival'**. Musical activities designed for children and young people with additional needs and their families!

Things you might need:

- Something you can hit
- Something you can shake
- Ribbon/scarf/colourful fabric

To join in the fun, please visit <https://www.youtube.com/watch?v=S5Tp94usPaI>

### A reminder of other resources:

Sing Up

<https://www.singup.org/singupathome/>

Collins Song Bank

<https://collins.co.uk/pages/support-learning-at-home-free-childrens-song-bank>

London Sinfonietta Lockdown Live

<https://londonsinfonietta.org.uk/whats-on/lockdown-live>

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3 June 2020

West Sussex Music Lockdown Ensembles  
<https://www.facebook.com/WestSussexMusic/>

BBC Ten Pieces  
<https://www.bbc.co.uk/teach/ten-pieces/ten-pieces-at-home/zjy3382>

Music:Ed Collection of Classical Music Recordings and Activities  
<https://musiceducation.global/classical-100-available-free-until-september-2020/>

Royal Albert Hall – Meet the Orchestra  
<https://www.royalalberthall.com/about-the-hall/news/2020/april/meet-the-orchestra-with-alberts-band/>

Team Tutti  
<https://teamtutti.org/>

Ensemble Reza Tuesday Lunchtime Performances  
[https://www.youtube.com/channel/UCp-fenf137J\\_J4rCM620tqw](https://www.youtube.com/channel/UCp-fenf137J_J4rCM620tqw)

West Sussex Music Online Resources  
[www.westsussexmusic.co.uk](http://www.westsussexmusic.co.uk)

- Click on Staff Zone
  - Click on School Zone
- Username: Schools  
Password: SchoolsAccess1
- Go to 'Pulse and Rhythm' folder
  - Go to 'Pitch and Singing' folder



Changing lives through music