



Menu 2 – Meadowfield

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2	Cycle one				
BEST OF BRITISH (a selection of dishes we all love, both young and old)	Mighty 'bangers & mash' (our special low fat pork sausages with mash potato & low salt gravy, steamed broccoli & peas) (gl) (mk) (sd)	The great British cottage pie (ground beef & hidden vegetables, cooked with a touch of gravy and topped with creamy mash potato & served with broccoli & carrots) (mk)	Fish finger butty (hand crumbed locally caught haddock fillet, served in a soft bun with ketchup, baby gem & slaw) (gl) (mk) (fsh)	Roast chicken dinner with all the trimmings (homemade Yorkshire pudding, stuffing & pig in blanket, new potatoes steamed vegetables) (gl) (mk) (eg) (h)	Finding Nemo (sustainably sourced haddock fillet in our crisp batter, served with chunky hand cut chips & beans) (gl) (fsh)
JETSETTER'S CHOICE (a selection of favourite foods from all over the globe)	Southern baked chicken wrap (jacket wedges, chopped salad and coleslaw) (gl) (mk) (mst) (h)	Chicken tikka masala (chicken breast pieces poached in a mild tikka masala sauce, served with steamed rice & broccoli) (mk) (h)	Meatball calzones (mini calzone pizza pockets filled with meatballs & tomato sauce, glazed with mozzarella and served with shoestring potatoes and salad) (gl) (mk) (eg) (sd)	chicken korma (mild with coconut & cream & served with pilau rice) (mst) (mk)	Crunchy popcorn chicken (oven baked and served with chunky chips & corn on the cobb) (gl) (mk) (eg) (h)
AWESOME VEGETARIAN MAINS (our twist on some fantastic mains, full of flavour & fun)	Four cheese ravioli (mini parcels served in a cream & tomato sauce and served with garlic bread wedge) (gl)(mk) (eg) (v)	Napolitano pasta pot (classic tomato & cheese sauce served with chopped salad) (mk) (gl) (eg) (v)	Cheese & tomato omelette (served with carrot & cucumber sticks) (mk) (eg) (v)	Vegetable sausage casserole (served with Yorkshire pudding, new potatoes & steamed vegetables) (gl) (mk) (eg) (v)	Classic pizza slice (mini pizza topped with fresh tomato sauce with mozzarella and basil) (gl) (mk)
CLASSIC PUDS & TREATS (healthy twists for the sweet tooth)	Chocolate chip cookie (gl) (mk) (eg) (v)	Melon & grape pots (v)	Children's choice – Winner of the Healthy Pudding Competition	Fresh fruit selection (v)	Mixed mini ice-creams (mini pots of no sugar ice-cream) (v) (mk)
NOTES			Please note fresh chopped house salad always available and we also have jacket potatoes available with daily choices of toppings		