

Menu week Three – 17th Sept & 8th Oct 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE				
Roast Pork & Yorkshire Pudding Mashed & Roast Potatoes Cabbage & Carrots/Peas	Cheesy Chips with BBQ Baked Beans Peas & Corn	Creamy Salmon & Cod Pie with Parsley Sauce New Potatoes Carrots & Broccoli	Cowboy Pie Roast Potatoes Whole Green Beans Peas	Chicken Breast Burger Chips Mixed Salad
VEGETARIAN COURSE				
Quorn Burger in Gravy with Yorkshire Pudding Mashed & Roast Potatoes Cabbage & Carrots/Peas	Veggie Sausage Pasta Bake Cheesy Garlic Bread Peas & Corn	Potato Frittata New Potatoes Mixed Salad	Veggie Cowboy Pie Roast Potatoes Whole Green Beans Peas	Vegetable Fingers Chips Mixed Salad
ALTERNATIVE				
Roast Pork Baguette Roast Potatoes Mixed Salad	Jacket Potato with Chilli Mixed Salad	Ham/Cheese Sandwich Potato Salad Mixed Salad	Jacket Potato with Cheese & Spring Onion Mixed Salad	Omelette Chips Mixed Salad
DESSERT				
Toffee Apple Crumble & Custard	Pineapple Flapjack Strawberry Milkshake	Frozen Toffee Yoghurt Fresh Fruit Salad	Fruit Sponge & Custard	Chocolate Brownie Fresh Orange Juice