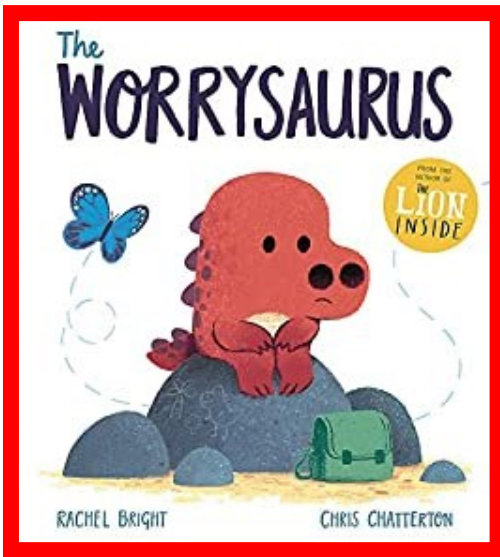


# The Worrysaurus

Written by Rachel Bright and Chris Chatterton



**TASK:** Watch the story of The Worrysaurus. When you have heard the story, answer the questions below.

## After Watching

Now you have watched the story, answer the questions below with a grown up.

1. What was the Worrysaurus excited about at the beginning of the story?
2. What kind of things did he begin to worry about?
3. What did the Worrysaurus feel like he had inside his tummy?
4. What did the Worrysaurus do to help him feel better?
5. What kind of things make you worry?
6. How do you make yourself feel better?
7. How could you help someone else to feel better if they were worried?