









St Joseph's suggested Daily Home Timetable

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| <p>Before 9am</p> | <p>Wake Up</p> <ul style="list-style-type: none"> • Have breakfast • Brush your teeth • Make your bed • Get dressed |  |
| <p>9am - 9.30</p> | <p>Exercise</p> <ul style="list-style-type: none"> • Joe Wicks Workout OR • Go Noodle |  |
| <p>9.30 - 10.30</p> | <p>Home Learning Pack - English Focus</p> <ul style="list-style-type: none"> • Phonics or Spelling • Reading Activities • Writing Activities |  |
| <p>10.30 - 11.00</p> | <p>Break Time</p> <ul style="list-style-type: none"> • Get some fresh air in the garden • Have a snack • Chill out time |  |
| <p>11.00 - 12.00</p> | <p>Home Learning Pack - Maths Focus</p> <ul style="list-style-type: none"> • White Rose Activities • Hit the Button (See weekly focus) |  |
| <p>12.00 - 1.00</p> | <p>Lunch</p> <ul style="list-style-type: none"> • Have your lunch • Get some fresh air in the garden • Chill out time |  |

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| <p>1.00 - 2.00</p> | <p>Home Learning Pack</p> <ul style="list-style-type: none"> • Other subjects (See Teacher Suggestions on Class Dojo or plans on School Website) |  |
| <p>2.00 - 2.15</p> | <p>Break Time</p> <ul style="list-style-type: none"> • Get some fresh air in the garden • Chill out time |  |
| <p>2.15 - 3.15</p> | <p>Extra-Curricular Time</p> <ul style="list-style-type: none"> • Play Board Games • Lego • Cook or Bake • Draw/Paint • Sing/Music |  |