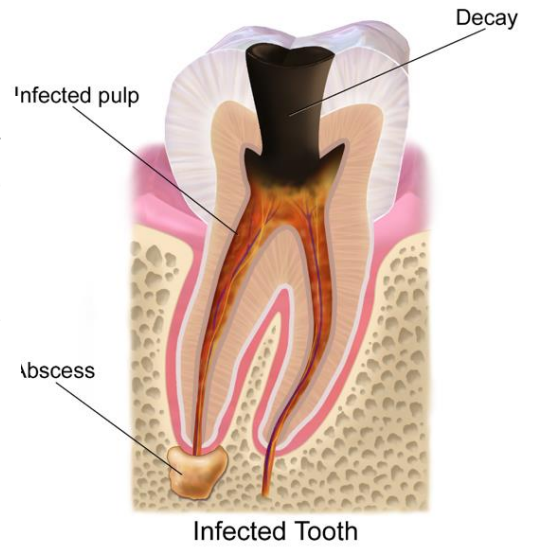




TOOTH DECAY

Tooth decay is caused by **bacteria** in the mouth. These bacteria make a sticky substance called **plaque** that can eat away at a tooth's **enamel**. Poor oral hygiene can raise your risk of tooth **decay**.

This might mean more trips to the dentist, or even a filling! It is important to eat a healthy diet and brush your teeth twice a day to prevent tooth decay.



TOOTH DECAY

Your Task

Write about how to look after your teeth. Draw an illustration to go with each one of your suggestions. Use the word bank to help you.

Word Bank						
decay	tartar	plaque	bacteria	enamel	hygiene	sugar