



# PE & School Sport Action Plan 2018-19

## Areas for development for 2018-19

Physical Education Actions	Planned Interventions	Impact/Purpose	Evidence
Gold Service Level Agreement with Newcastle PE & School Sport Service	Enhanced provision to support the development of Physical Education across the whole school using PE as an additional resource to drive whole school improvement.	Developing a vision for PE across school and working wherever possible to link PE & sport outcomes with whole school plan (2)	PE Action Plan PE Provision Audit Outcomes
PE Action planning	<p>6 half-termly meetings to support the PE Coordinator to plan and review the impact of PE. Dates confirmed: <b>12<sup>th</sup> Oct, 13<sup>th</sup> Dec, 14<sup>th</sup> Feb, 4<sup>th</sup> Apr, 23<sup>rd</sup> May and 4<sup>th</sup> July 2019.</b></p> <p>Audit of PE Provision to be completed by the School (PE Coordinator/SLT)</p> <p>Continue to look implement the PE Core Values (Passion, Teamwork, Self-Belief, Determination, Respect, Honesty); using PE to help drive whole school improvement.</p> <p>Sharing of PE best practice from other Newcastle Schools.</p>	<p>2 way communication on issues or challenges with ongoing support for staff to develop confidence and competency in PE &amp; sport (2) (3)</p> <p>Audit will provide an overall picture of the current provision of PE and School Sport. Areas for development will be highlighted and necessary actions agreed as part of the planning support (1) (2) (3) (4) (5)</p> <p>Raising the profile of PE and School Sport as a tool for whole school improvement (2)</p>	<p>PE Action Plan updates every half-term</p> <p>Audit of PE Provision Tool Outcomes linked to PE Action Plan</p> <p>PE Planning Notes</p> <p>Core Values being used in Curriculum PE</p>
Sports Leadership/Playground Crew	<p>Selected Playground Leaders – cohort of 30.</p> <p>1<sup>st</sup> Session – 26<sup>th</sup> Sept 2018, Refresher – 18<sup>th</sup> Jan 2019. Invite to Gold Event – date TBC</p>	Developing confidence in pupils to lead others in playground activities. (1) (2)	School Sport Organising Crew and Active Playground



	<p>Developing a pathway within school for sports leadership through Bronze, Silver and Gold experiences.</p>	<p>Developing a student voice for PE &amp; Sport (2)</p>	
<p>Professional Development</p>	<p>In PE Action Planning Meetings, Staff identified to attend specific training opportunities base on their level of confidence or competence to teach PE.</p> <p>Confidence Survey circulated to assess School Staff Training Needs (part of PE Provision Audit).</p> <p><b>What will the focus be in terms of training/upskilling staff?</b></p> <p><b>Focus will be on dance for all staff and to introduce a new dance scheme for all key stages. Badminton is being introduced to all children and staff. Staff have been provided with planning schemes and video examples to follow.</b></p> <p><b>Do you employ external deliverers to upskill? What are staff being in upskilled in? How is this being evaluated?</b></p> <p>Newcastle PE and Sport Service will deliver an afternoon CPD session to upskill all teaching staff in a new dance scheme. Badminton England have been in touch to arrange a badminton afternoon for 1 class and teacher to model how to carry out the lessons. PE coordinator to observe lessons after training to see if staff have used the CPD provided effectively.</p>	<p>Putting a plan in place to support the needs of teachers to develop their knowledge, skills and understanding of teaching PE. (3)</p> <p>Help increase Confidence and Competence of Teaching Staff in delivering High Quality PE (3)</p> <p>Raise the standards of Curriculum PE Provision (1) (2) (3) (4) (5)</p> <p>Ongoing self-evaluation of the programme will be emailed to the head teacher after every course. (3)</p>	<p>Staff Confidence Survey</p> <p>Impact statement pre and post training</p> <p>Monitoring, Evaluation &amp; Moderation – Lesson Observations</p>

PE Intervention programmes	1 full day of PE Assessments on 14 <sup>th</sup> September 2018 which will then be linked to a series of booster classes for EYFS/KS1 & KS2	4 <sup>th</sup> year of developing the schools own levels for PE (1) (2)	Class PE Assessment registers Teachers twilight session linked to PE Assessment ( to be confirmed )
PE Booster Sessions linked to PE Assessments	Targeted PE Booster sessions for the least able pupils based on PE Assessments – Spring Term 1 Weds 16 <sup>th</sup> Jan for 6 weeks, final week reassessment.	Supporting every child to make progress in PE with targeted interventions for most and least able pupils. (1) (2)	Registers and Re-Assessments PE Assessment Data
Whole School PE Twilight	Whole School PE Twilight linked to PE assessments, giving teachers knowledge to development Fundamental Skills through the PE Curriculum. Also looking at how we develop personal and social skills through PE  1 Twilight teacher training session following the whole school PE assessments. Training will support linking the PE assessment to national curriculum. <b>Date Confirmed: Spring 1 – Dance focus</b>	Making sure there is progression from PE Assessments through to curriculum PE (3)  Sharing of ideas, games to help progress the children's skills (3)  Use data to identify children that would benefit from an Intervention (less and more able) (3)	PE Assessment Training  Warm-up and games based on fundamental movement skills, Challenge cards  Exemplar Lesson Plans & Games ideas  Implementation of Interventions to increase children's confidence and abilities in terms of FMS taught
Professional Development Courses	½ Termly PE & School Sport Network Meetings provide an opportunity for PE & School Sport Related updates, sharing best practice & opportunity for practical CPD. <b>Dates: 9<sup>th</sup> Oct, 3<sup>rd</sup> Dec, 28<sup>th</sup> Jan, 26<sup>th</sup> Mar &amp; 20<sup>th</sup> May 2019</b>  2 PE Subject Leaders Opportunities – Julie Kelly to attend. Moderation & Evaluation – Spring Term, PE & School Sport Conference – TBC July 2019  Access to a variety of CPD opportunities in the	Register of attendance of every teacher and self-evaluation, reflection and next steps (3)  Track effectiveness of upskilling Teaching Staff (3)  Providing opportunities to help increase Confidence and Competence of Teaching Staff in delivering High Quality PE (3)	Pre-Post CPD Impact statements  PE Curriculum Map  End of year PE Audit Outcomes



	<p>2018/19 Academic Year linked to PE &amp; School Sport:</p> <p>Autumn Term –Lunchtime Supervisors Training, B. (Lunch time supervisors attending training Autumn and Spring.</p> <p>Spring Term – NQT Workshop 3 &amp; 4, Quicksticks Hockey, Primary Gymnastics, Lunchtime Supervisors. (NQT workshops to be offered to NQT staff, providing LN confirms they can attend. 1 Key stage 2 staff to attend quicksticks Hockey training, Lunchtime supervisors to attend lunchtime training).</p> <p><b>How will St Charles upskill staff and increase their confidence?</b></p> <p><b>Look to upskill and increase the Teaching Staff's confidence in the teaching of Curriculum Dance by providing CPD training in the Spring term, PE Coordinator observing and assessing lessons to then provide feedback.</b></p>	<p>Raise the standards of Curriculum PE Provision <b>(2)(3)</b></p>	
<p>PE Curriculum Development</p>	<p>Planning meetings will also focus on ensuring curriculum and lesson plans reflect a skills based PE Curriculum that focuses on the fundamental movement skills (FMS). KS1 will have an emphasis on embedding FMS &amp; KS2 using FMS to support specific schemes of work. PE Assessment Twilight Training will support this.</p> <p><b>Use of specialist coaches to upskill staff and increase their confidence.</b></p> <p>Link PE Curriculum to School Games Competition</p>	<p>Making sure the school meets the needs of the national curriculum in a progressive way <b>(1)(2)(3)(4)(5)</b></p> <p>Using the PE Curriculum to drive engagement in competitive opportunities <b>(5)</b></p> <p><b>Athletics, hockey, football and gymnastics</b></p>	<p>Long-term PE Curriculum Map</p> <p>Lesson Plans</p> <p>Lesson Observations</p> <p>Monitoring, Moderation &amp; Evaluation Outcomes</p> <p>Increased engagement in competitive opportunities</p>

Calendar but remain inclusive

Healthy Active Lifestyle Actions	Planned Interventions	Impact/Purpose	Evidence
Breakfast/Lunch-time & After School Club Provision  C4L Interventions	<p>Planning meetings will be used to focus on the current provision and see where improvements could be made so every child gets an opportunity, provides target interventions for particular children and helps the school to develop pathways for not only the least active pupils across school but also provide opportunities that will encourage all children lead healthy active lifestyles.</p> <p><b>Develop C4L Intervention Clubs. – year 3 and year 4 girls as this is when girls decide not to take part in sporting activities.</b></p> <p><b>Targeting particular groups – less active, low attenders, behaviours Breakfast Club Booster for disadvantaged Ks2 children. Beginning January.</b></p>	<p>Inspiring the least active to become more active (1)</p> <p>Providing a broader experience of a range of sports and activities offered to all pupils (1)(4)</p> <p>Using the OSHL provision to support and involve the least active or those that would benefit from a C4L Intervention (1)(4)</p> <p>Link to Active Schools Strategy (1)</p>	<p>PE and School Sport Provision Audit</p> <p>PE Noticeboard</p> <p>OSHL Clubs programme</p> <p>Engagement via Newsletter, School Website, Social Media</p>
Newcastle Schools Dance Festival	<p>Opportunity to enter the Newcastle City Dance Festival. Taking place at the Newcastle City hall on <b>Wednesday 3<sup>rd</sup> April 2019.</b></p>	<p>Providing a high quality opportunity for pupils to link PE with performance (1)(4)</p>	<p>PE Noticeboard</p> <p>Dance Festival DVD</p> <p>Engagement via Newsletter, School Website, Social Media</p>
Healthy Active Lifestyles Festivals	<p>A calendar of opportunities is available to all classes to link to the PE curriculum.</p> <p><b>Year 5/6 Team Games Monday 15th October</b></p> <p><b>Year 3/4 Multi Skills Wednesday 12th December</b></p>	<p>Provision of high quality, non-competitive opportunities for pupils to participate in. Raising participation by engaging pupils in less traditional activities, encouraging them to be more active. (4)</p>	<p>PE Noticeboard</p> <p>Values used across PE Lessons, reinforced in Healthy Active Lifestyle Events</p> <p>Value Stickers</p>

	<p><b>Year 1/2 Multi Skills Wednesday 6th February</b></p> <p><b>EYFS Intro. To Play Monday 18th March</b></p> <p><b>Year 3/4 Team Games Monday 13th May</b></p> <p><b>Year 1/2 Intro. to Games Monday 8th July</b></p>	<p>Pupils are rewarded on the values of Team Work, Determination, Passion, Respect, Honesty and Self-Belief (2)</p> <p>Encouraging children to adopt a Healthy Active Lifestyle (1) (2) (4)</p>	<p>Engagement via Newsletter, School Website, Social Media</p>
Additional participation festivals	<p>To provide pupils with opportunities to engage in regular physical activity throughout the School day</p> <p>HAL – Year 5 Team games 15 October</p> <p>Year 3 Multiskills 12 December</p> <p>Year 2 Multiskills 6 February</p> <p>EYFS Introduction to play 18 March</p> <p>Year 4 Team games 13 May</p> <p>Year 1 Introduction to games 8 July</p> <p>Skipping festival for Y2 and Y4 -</p>	<p>To support the recommended guidelines that all children engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school. (1) (2) (4)</p> <p>Encouraging children to adopt a Healthy Active Lifestyle (1) (2) (4)</p>	<p>PE Noticeboard</p> <p>Engagement via Newsletter, School Website, Social Media</p>
Active Schools	<p>To provide pupils with opportunities to engage in regular physical activity throughout the School day</p>	<p>To support the recommended guidelines that all children engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school. (1) (2) (4)</p>	<p>PE and School Sport Provision Audit</p> <p>PE Noticeboard</p> <p>OSHL Clubs programme</p> <p>Active Lessons</p> <p>Active Playgrounds</p> <p>Engagement with Active Schools</p>



			<p>Planner (<a href="http://www.activeschoolsplanner.org">www.activeschoolsplanner.org</a>)</p> <p>Heat Map</p>
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Sport & Competition Actions	Planned Interventions	Impact/Purpose	Evidence
<p>School Games Competition Programme</p>	<p>Engage in the Personal Challenge Opportunities available through Newcastle PE and School Sport Service.</p> <p>To provide a competitive pathway for the most-able pupils to aspire to represent Newcastle Schools at the Tyne &amp; Wear Level 3 Finals. Schools Calendar 2018/19 shared with PE Lead.</p> <p>Apply for School Games Mark – Mark Application window opens June 2019</p> <p>Engage with School Games Website</p> <p>Engage and attend School Games Competition opportunities</p> <p>(Please record School Games Competitions attended – evidence for School Games Mark)</p>	<p>Inclusive opportunity – all children can do this. Competing against own score; demonstrates that competition starts with the individual and they can do this anytime (personal challenge station). Minimal organisation &amp; set-up</p> <p>Ensuring the school is linked to the only nationally recognized school's competition pathway (5)</p> <p>Working towards the School Games Mark 2017/18 (5)</p> <p>Committed to Increasing participation in competitive sport (5)</p>	<p>Personal Challenge Stations</p> <p>PE Noticeboard</p> <p>School Games Mark</p> <p>Registered on School Games Website</p> <p>Engagement via Newsletter, School Website, Social Media</p>
<p>Additional Competitive Opportunities</p>	<p>In PE Action Planning meetings will discuss opportunities for children to attend competitive opportunities for the most-able pupils outside of the School Games Programme</p> <p>(Please record additional competitions attended)</p> <p>Schools 500 Games: <b>TBC June 2019</b></p>	<p>Providing additional high quality competitive opportunities for pupils to attend (5)</p>	<p>PE Noticeboard</p> <p>Engagement via Newsletter, School Website, Social Media</p>