



Games



Gymnastics



Dance



Athletics



Outdoor and Adventurous

...gain possession by working a team.

...pass in different ways.

...use new information to change my route.

...use forehand and backhand with a racket.

...change my route to overcome a problem.

...choose a tactic for defending and attacking.

...field.

...use clues and a compass to navigate a route.

...use a number of techniques to pass, dribble and shoot.

The Year 5 Sports Person 'I can...'

...follow a map in an unknown location.

...make complex, extended sequences.

...combine action, balance and shape.

...combine running and jumping.

...perform consistently to different audiences.

...perform to an accompaniment.

...throw with accuracy.

...control my taking off and landing.

...compose my own dances in a creative way.

...show clarity, fluency, accuracy and consistency in my dance.

