



Milecastle Primary School

Children's Anti-Bullying Policy

February 2017



MILECASTLE PRIMARY SCHOOL

CHILDREN'S ANTI-BULLYING POLICY

Stop	Solve the problem
Targeting	Talk to
Other	Others
People	Parents and teachers

At Milecastle Primary School we want all children to feel safe and understand that bullying is not acceptable and that any incidents are treated seriously.

WHAT IS BULLYING?

Bullying is: Repetitive - Several Times On Purpose.

Intentional - not by mistake.

Power - trying to force someone else to do something.

Bullying can be in different forms:

Physical - hitting, kicking, pinching, damaging property etc.

Verbal - name calling, teasing.

Threatening - saying "I'll get you after school".

Emotional - hurting feelings, leaving people out of games.

Cyber - using texts, e-mails or social media (Facebook, Snapchat, Instagram or WhatsApp)

WHAT SHOULD I DO IF I'M BEING BULLIED?

Always tell someone, a teacher or another trusted adult in school, parent or friend.

Act as though you do not care and are not scared, even when you are.

Ignore the bully and walk away.

Try not to do what they say.

Remember it is NOT your fault.

If you do not want to tell someone that you know, you can call ChildLine or the Samaritans.

ChildLine

www.childline.org.uk



The Samaritans

www.samaritans.org
116 123



WHAT SHOULD I DO IF I SEE SOMEONE BEING BULLIED?

Do not smile or laugh with the bully.

Do not ignore the bullying and do not leave the victim alone.

Support the person being bullied.

Tell someone who can help such as an adult.

Tell the bully to **S.T.O.P.**

HOW CAN WE PREVENT BULLYING?

All work together to **S.T.O.P.** bullying.

Take bullying seriously.

Respect and understand each other.

HOW CAN WE HELP THE BULLY TO STOP?

Encourage them to understand that their actions are upsetting someone.

Ask them why they are deliberately distressing someone.

Include their parents in helping them.

WHAT ACTIONS ARE TAKEN IF BULLYING HAPPENS?

Teachers and the head teacher talk to the bully and victim/s.

The bully/ies receives sanctions such as telling off, missing playtimes, apologising to the victim. In extreme circumstances the bully may be suspended from school.

A meeting between the bully and the victim arranged so the bully can understand how their actions affect the victim.

Other staff are told so they can support the victim

Parents of the bully are informed of the action.

Stop

Targeting

Other

People

Solve the problem

Talk to

Others

Parents and teachers

This anti-bullying policy was considered and written by members of the School Council. The policy was presented in an assembly and a copy was given to each class. Each class teacher read and discussed the policy with their class and signed it on their behalf.