

## Windmill Hill kit list

- Walking boots (optional)
- Trainers for general activities
- Footwear that can get wet for water activities (old trainers, rock shoes. Not flip flops, cros open-toed sandals)
- Swimwear x1
- Socks and underwear for every day plus 2 spare
- Shorts x3 (please make sure that they cover the thighs for activities that involve climbing and harnesses)
- Trousers/ track suit bottoms x3 (no jeans as they will not dry)
- T-shirts/ shirts x 7 (include long sleeved)
- Jumper/ sweatshirt x3
- Sun hat/ sun cream
- Raincoat
- Pyjamas
- Cuddly toy for bedtime
- Towel x2
- Toilet bag with hairbrush, soap, toothbrush, toothpaste etc
- Torch
- Water bottle
- Pocket money £5 (in a named bag 5x£1 coins)
- Reading book
- Packed lunch for the first day in a disposable container. No fizzy drinks.
- Small pack of sweets we can share should children need a 'lift'.
- Several plastic bags to put wet clothes in.
- Bag/holdall preferably with wheels as the children will carry their own bags
- Wet suits should not be brought as they will not dry!

This is a guide to what to take. Please feel free to amend this as you require for your own child's needs.

NB. For medicines please refer to the medical form.

**Please ensure that everything is named.**

All bedding is provided. Safety equipment is provided.

No cameras, phones, electrical devices.

The PGL adventure holidays website has an excellent Parent Guide: Key information and FAQ section

<https://www.pgl.co.uk/en-gb/adventure-holidays/parents/our-parent-guide/key-information-and-faqs>

