



**Newcastle Healthy School Status**  
**Good Practice Moderation Visit Feedback Report**

**School Name: Broadway East First School**

**Head:** Helen McKenna

**PSHE/Healthy School Coordinator;** Carol Gurr

**Others 'Interviewed:** S MacMillan (PE Coordinator), R Crosby (school governor), School Council, Dylan and Isobel (Pupils)

**Date of Visit:** 31.01.17

**Date of Report:** 6.02.17

**'Moderators':** Judith MacMorran (Health Improvement Practitioner (Advanced) and Roz Rigby (Health Improvement Practitioner)

This report could help to contribute evidence towards the Ofsted judgement for 'Personal Development, Behaviour and Welfare'.

**Overall Comments**

Broadway East First School demonstrated through a wide range of evidence that it is an exemplar healthy school. A comprehensive whole school approach is used to address pupil wellbeing and a strong health promoting ethos is evident. The school has undertaken a thorough review of its practice and it is committed to continually improving and developing. Pupils are engaged and listened to, and supported well to maintain and improve their health and wellbeing.

Broadway East works closely with key partners and agencies and makes everyone feel welcomed and valued. The pupils we met were impeccably well behaved and enthusiastic and were a credit to the school.

**Culture**

A positive culture supports the development of the emotional, health and wellbeing of pupils and staff. Circle time is embedded in practice with Key Stage 1 pupils and pupil voice is valued and acted upon. A range of interventions are in place to support pupils emotional health and wellbeing and a new "Talking Tuesday" initiative will further support existing provision. The buddy scheme and paired reading between older children and younger children helps to support the most vulnerable pupils.

## **Environment**

The teaching and learning environment provided is excellent, giving pupils the wide range of opportunities to improve their wellbeing. The health promoting displays throughout the building further enhance and reinforce curricular messages. They include displays related to sports and PE, secrets of success, play leaders, achievers book, charity fund-raising, eco-warriors, balance bikes, gardening club and star of the week. The building is immaculate and well maintained.

The outside environment is well laid out and provides opportunities for children to take part in a wide range of activities. Playground markings, a buddy bench, gardening area and marked running and cycling track all help to support the promotion of physical activity. Pupils are provided with play equipment at break and there is a clear rota for use of different elements of equipment and play areas. The play leader's programme is embedded, further supporting physical activity amongst pupils.

The school food provided is good and well appreciated and it was noted that the school cook is responsive to need. Broadway East First School has a high uptake of universal infant free school meals and a lower than expected drop-off of school meal uptake in Key Stage 2. The school has in place very clear packed lunch guidance which pupils understand. Packed lunches are rigorously monitored and a personal approach is made to parents should any issues emerge. The weekly 'finest dining' reward scheme helps to further embed healthy eating messages to pupils and recognises good healthy eating practice. Theme days are regularly held to reinforce curricular messages about health eating. The dual purpose dining area could be further enhanced by the introduction of artwork illustrating healthy foods to pupils.

Pupils in the School Council felt that more work could be done to try and increase pupils' fruit and vegetable intake whilst at school. The school may wish to work with the school cook to increase the number of fruit based desserts offered and may perhaps wish to develop a regular fruit scheme/market stall for pupils or hold initiatives such as 'Fruity Friday'. (Brunton First School operates a fruit stall for key stage 2 pupils and Broadway East may wish to learn from their experiences). The school gardening club could potentially contribute to further focussed work on increasing fruit and vegetable uptake.

Broadway East First School undertakes a comprehensive range of activity to increase active travel to school including park and stride, cycling and walking. It is working towards the Modeshift Stars award and planning to introduce an innovative 'bike train' scheme with other partner schools within the Learning Trust. It will be interesting to see how this develops and learn from the experience. The new running and cycling track is being used in a new 'daily mile' initiative which is to be welcomed.

As an eco-school, pupils were keen to use the fruit peelings from break-times to create opportunities for composting and growing. They also wish to re-invigorate the Eco Warriors programme which they felt had reduced in priority recently.

## **Curriculum**

PSHE is taught as both a stand-alone lesson and amplified by cross curricular themes. The spiral curriculum is used to support pupils learning and progression, with the PSHE Association programme of study used as the framework for the programme offered at

Broadway East. PSHE is very effectively monitored and co-ordinated with all staff involved in regular reflection and development of the programme. Pupils maintain learning journals for PSHE which are reflected upon and shared with parents. Staff are clearly continuously involved in reviewing and developing the PSHE programme. The school works closely with a range of partner agencies including the school nurse. Pupils on the school council were able to recall many of the key curricular messages learnt in PSHE and reported that they found the lessons very helpful. They did request that in order to make the lessons even better they had the opportunity to experience some real life scenarios and or environments e.g. farm visits, using safety equipment when talking about safety. It is recognised that a forthcoming visit to Safety Works interactive Centre will enable pupils to experience some scenarios in real life.

Physical activity data is used effectively to target pupils who are inactive and or are below expected levels of development in specific motor functions. The school provides targeted programmes to help increase activity levels, for example, an aspire club was set up to increase physical activity levels amongst female pupils and specific support is being provided to boost levels amongst EAL pupils. Pupil progress is closely tracked and pupils were also able to speak about the 'Go Noodle' Programme of activities which they undertake regularly and enjoy. Broadway East First School is imaginative in planning work to encourage pupil activity and includes for example; Zumba, glow sticks, pound and dance within the activities offered. Pupils spoke about setting their own targets and activities.

E-safety education is embedded and regularly promoted both to pupils and parents. It is recommended that this could be further enhanced by sharing pupil data on the issue from the forthcoming health related behaviour survey with parents. This may help to bring to life even more to parents the issues concerning child use of social media, websites etc.

### **Engagement (Pupils, parents, staff and community)**

Pupil Voice is embedded and valued with regular meetings held of the School Council. Pupils talked positively about their role in the School Council and shared a number of the developments which they have implemented, for example; charity fundraising activity. They offered a number of suggested improvements for the school which have been mentioned throughout the text. It would be helpful if the School Council noticeboard could be further developed to include notes from the meetings held and the actions emerging e.g. "You said...We did". This would help to further feedback to the whole school community what was discussed and what was achieved from the Council.

Broadway East First School works closely with a number of agencies such as Sustrans, Daft as a Brush, a nutritionist and the Newcastle United Foundation. It supports a number of relevant health promoting campaigns during the year including the 'Big Pedal'.

Parents and governors are active in school life and the First School works closely with their partners in the Learning Trust to share good practice and improve and develop areas of its work. The Active Challenge involving the whole School Trust is welcomed and the allotment activity involving the whole school family is to be commended.

## **Areas for Development**

1. The pupils made a small number of suggestions of how Broadway East First School could become more health promoting. These are identified in more detail within the main body of the text but can be summarised as: the introduction of composting, increasing fruit and vegetable consumption, reinvigorating eco warriors, experiencing some real life scenarios within PSHE. It is recommended that the school works with pupils and the School Council to discuss and develop such suggestions further.
2. Develop a small display on healthy eating in the dining area to reinforce key curricular messages.

## **Key Contacts to Support Development Identified on Visit**

A link to applying for Ward Council budgets is given below which the school may wish to consider in relation to the development of its outside space as discussed;

<https://www.newcastle.gov.uk/communities-and-neighbourhoods/grants-and-funding/ward-committee-funding>

We thoroughly enjoyed our visit to Broadway East First School and would like to thank the pupils, staff and governors for making us so welcome. Broadway East First School is clearly an exemplar, happy healthy school which strives continuously to improve its practice.

It thoroughly deserves Newcastle Healthy Schools Status and is to be congratulated on its work. We look forward to continuing to working with you as the school works towards achievement of Healthy School Plus.



Judith MacMorran  
Health Improvement Practitioner (Advanced)



Roz Rigby  
Health Improvement Practitioner