

Canning Street Primary School

Sex and Relationships Education (SRE) Policy

Rationale

Sex and Relationships Education is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care for family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

Aims

At Canning Street Primary it is our aim that through SRE children should:

- Learn the value of respect, love and care
- Learn the importance of values, consequences and moral choices
- Learn the value of family life and stable and loving relationships
- Valuing diversity and including all
- Learn to manage emotions and relationships confidently and sensitively
- Develop self respect and empathy for others
- Learn to make choices based on facts
- Develop an appreciation of the consequences of choices made
- Empower young people with the skills to be able to avoid inappropriate pressures
- Learn and understand physical development and the appropriate stages

Objectives

By the end of Key stage 1 our children should be able:

- To understand the importance of valuing themselves and others
- To recognise their membership of the family and recognise the roles of individuals in families
- To understand growth and name themselves as male or female
- To be able to name the main external parts of the body
- To recognise babies have special needs
- To appreciate relationships, friends, family, working together, sharing, playing together
- To recognise the range of emotions and how we deal with them
- To know about being safe
- To know the difference between good and bad touching
- To appreciate that some diseases are infectious
- To have an awareness of personal health and safety and personal hygiene

By the end of Key Stage 2 our children should be able:

- To understand that they grow and change throughout life
- To understand what is meant by relationships within families, friends and communities
- To develop an appreciation of what is involved in bringing up children and what responsibilities parents have
- To become aware of the different patterns of friendship
- To be aware of their changing emotions and the need to respect other peoples emotions and feelings

- To begin to know about and understand the changes that come about through puberty
- To know and understand their own bodies and their need for personal hygiene
- To know the proper names for the parts of their bodies
- To know the basic biology of human reproduction
- To appreciate that life is precious
- To become aware of the choices they make and that there are good choices and wrong choices

Conclusion

Sex and Relationships is only one aspect of PSHE It should be provided in the context of a fully integrated curriculum and should reflect the caring attitude of this school. Sex and Relationships Education should be provided in a supportive environment where there are good relationships based on trust between teacher and children.

Heather Campbell

Summer 2017

Due to be reviewed in Summer 2020

Guidance

The National Curriculum 2014 states: *All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice. Sex and relationship education (SRE) is an important part of PSHE education.*

The SRE programme is taught through the PSHE framework, in the wider context of relationships, as well as through aspects of the Science curriculum. Children are prepared for the opportunities, responsibilities and experiences of adult life.

At Key Stages 1 & 2, PSHE is delivered through four broad themes –

1. developing confidence and responsibility, and making the most of pupils' abilities;
2. preparing to play an active role as citizens;
3. developing a healthier, safer lifestyle;
4. developing good relationships, and respecting differences between people.

SRE is predominantly taught by class teachers, and is cross-curricular, tailored to the age, physical and emotional maturity of the pupils. It is delivered through a 'spiral curriculum,' which is graduated and age-appropriate.

When necessary, additional staff will be used to enable pupils to ask questions and discuss issues in small groups. (Consideration will be given as to the suitability of single gender grouping for certain sessions.)

At Key Stage One, SRE will focus mainly on friendship and understanding of bullying, as well as building confidence and self-esteem.

At Key Stage Two, pupils need to know about puberty before they experience the onset of physical changes. The teaching is delivered within science and is supported by the Newcastle NHS school nursing service.

In Year 6, the programme is designed to support the pupils' ongoing emotional and physical development as they prepare for their transition to secondary education.

Letters will be sent out at the beginning of Year 6 to give you notice of the upcoming teaching and education provided throughout the year. If you would like further

Monitoring and Evaluation.

The SRE programme will be monitored and evaluated through formal and informal routes by PSHE Coordinator. Staff will assess taught sessions and comment on the success of the programme. Pupils' views on SRE provision will be listened to and responded to.

Right of withdrawal.

Parents have the right to withdraw their child from any SRE (other than that delivered in science). In this instance we would need to agree alternative provisions. School will need to be informed at the start of the school year. There is a legal requirement that all pupils receive the Science component of the National Curriculum.