



Farne Primary School Long Term Planning
Whole School Curriculum Map

Subject Area: Physical Education

| Term | Autumn Term | | Spring Term | | Summer Term | |
|------------------|--|--|---|--|---|---|
| Yr Group | 1 | 2 | 1 | 2 | 1 | 2 |
| Rec | Basic Motor Skills & Spatial Awareness X2 per week | Basic Motor Skills & F.M.S. Movement through Stories Spatial Awareness x1 per week with class teacher | Gymnastics- exploring actions with our gymnastic friends & travelling, stretching & curling Dance linked to simple movement patterns | Introduction to running, jumping & throwing(outcome based) Dance- Exploration & Development – Exploring Actions | Games- rolling & receiving (small & large balls) Coordination & Control using bat, ball/beanbag | Games- basic team games, pair/small group work Games to include running, jumping and throwing (Sports Day focus incorporated) |
| 1 | F.M.S Skill Development 1-4 and throughout unit, .Ball Skills- Rolling & Receiving/ Decision Making Dance with class teacher x1 per week | Gymnastics- Story Sequencing using our gymnastic friends with apparatus Dance with class teacher x1 per week | Dance- Responding to Stimuli & Exploring Actions Ball Skill Development- using large and small balls to include passing and receiving | Net & Wall – Basic Racket & Ball Skills, adapted Tennis games with simple Scoring systems Athletic development to include running jumping and throwing | Games – Dribbling & Dodging Balls, Hoops & Beanbags Aiming & Throwing/ Hitting and Target Scoring Points Games – Striking & fielding rounder’s, French cricket | Team Games – Mini Team Building Activities OAA incorporating appropriate age related challenges Games to include running, jumping and throwing (Sports Day Focus incorporated) |
| Resources | | | | | | |
| 2 | F.M.S. Skill Development 1-4 and throughout unit. Ball Skills – Bouncing /Catching / Decision Making Gymnastics – Creating a sequence of shapes on levels guided & independent travelling | Ball Skill Development- using large and small balls Dance – using simple movements/range of movements | S.A.Q – Balance agility, coordination in isolation and team skills Dance – Levels Direction and Speed | Net & Wall – Basic Racket & Ball Skills, adapted Tennis games with simple Scoring systems Games – Uni Hockey Skill development to include game play and basic rules | Striking & Fielding – Kwik Cricket Skill development Net & Wall – Introduction to racket skill and Tennis development & challenges | Athletics – Running, Jumping and Throwing to include a competitive element (Sports Day focus incorporated OAA – Challenges to involve cooperation and teamwork. |
| Resources | | | | | | |
| 3 | Rugby – Rugby Skill Development introduction/ball skills/art of passing tag to be played Hockey –Skills x1 per week with class teacher | Gymnastics – Creating a sequence of shapes on levels to include travelling Multi-Skills to include hopping skipping jumping | S.A.Q – Balance agility, coordination in isolation and team skills Dance – Creating Ideas to move to music. (Perform in front of peers) | Games – Basketball skill development, to include games, rules. Striking & Fielding – Kwik Cricket Skill development, rules and match play. | Striking & Fielding – Kwik Cricket Skill development Net & Wall – Tennis skill development to include single/pair matches | Athletics – Running, Jumping and Throwing to include a competitive element (sports day focus incorporated Swimming x1 per week |

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| Resources | | | | | | |
| 4 | Rugby – Rugby Skill Development introduction/ball skills/art of passing tag to be played Swimming x1 per week | Gymnastics – Creating a sequence of shapes on levels to include Flight Swimming x1 per week | Dance – To explore movement ideas & respond to a range of stimuli Swimming x1 per week | Games – Netball Skill development to include High 5 rules and games. Swimming x1 per week | Striking & Fielding – Kwik Cricket Skill development, rules and match play. Tennis Fit Liz x1 per week Swimming x1 per week | Athletics – Running, Jumping and Throwing/ to include a competitive element OAA – Challenges to involve cooperation and teamwork. |
| Resources | | | | | | |
| 5 | Rugby – Rugby Skill Development introduction/ball skills/art of passing tag to be played Fit Liz- Boxer fit x1 per week | Gymnastics – Creating a sequence of shapes on levels/apparatus to include group sequence and peer observations Dance 1x per week with class teacher | Games – Hockey Skill development, passing, dribbling, shooting and defending and attacking & tactics Basketball Fit Liz x1 per week | S.A.Q – Balance agility, coordination in isolation and team skills to include fitness testing Dance 1x per week with class teacher | Athletics – Running, Jumping and Throwing/ to include a competitive element Tennis Fit Liz x1 per week | Games – Basketball skill development, dribbling, shooting positional play and to include games, rules . Athletics – Running, Jumping and Throwing/ to include a competitive element |
| Resources | | | | | | |
| 6 | Games – Tag Rugby Skill development, passing, grounding, tag removing and rules and regulations . Fit Liz Boxer fit x1 per week | Gymnastics – Creating a sequence of shapes on levels/apparatus to include group sequence and peer observations Dance x1 per week with class teacher | Dance – Ideas into movement and Evaluate refine and develop performance and composition. Basketball Fit Liz x1 per week | S.A.Q – Balance agility, coordination in isolation and team skills to include fitness testing Net & Wall – Tennis Skill Development all strokes/ single and doubles to be played. Umpire and scoring | Games – Football Skill development, passing, dribbling passing, shooting and defending and attacking & tactics Striking & Fielding – Rounder’s skill development, striking of ball, fielding and teamwork. | OAA – Challenges to involve cooperation and team decision making. Athletics – Running, Jumping and Throwing/ to include a competitive element |
| Resources | | | | | | |