

# Grange First Family Weekly News



Spring Term Week 8

## A Message from Mrs Clougher

We've done it! Today was the last day of home learning. An enormous well done to all our children, their families and the staff at Grange for the tremendous amount of hard work you've all done. I would also like to thank our front line workers who have had no option but to go out to work throughout this lockdown. Cases in Newcastle continue to fall. There were 250 new cases in the last seven days, compared to 302 in the previous seven. Cases currently stand at 83 per hundred thousand, compared to 100 in the North East and 80 nationally. We have updated our school risk assessment in preparation for all pupils returning to school on March 8<sup>th</sup> and this is now available for you to read on the school website.

We are all very excited to welcome you back. I will be at the school gate to greet you all on Monday morning with a huge smile. Have a good weekend everyone.

## Music

We are looking forward to welcoming our music specialist back to school next Thursday. Year 3 Sycamore Class will have a weekly lesson playing glockenspiels and both Year 4 classes will learn how to play the ukulele.



## Fruit

Our younger children are provided with a piece of free fruit each day. However, the government does not provide fruit for Year 3 and 4 children unfortunately. Please could children from these year groups bring a piece of fruit to school each day to eat as a mid-morning snack? This is particularly important at the moment as they won't be eating their school dinner until 1pm. Please don't send in cereal bars- only fruit is allowed.



## Book Week

I hope you've all enjoyed Book Week. There has been some exciting work going on around books both at school and at home. Many of you guessed who our masked readers were and could identify the books too; well done! I'd like to thank Mrs Stubbs for organising the week and for preparing so many of the resources.



Reading a book in a box!

## School Dinners

All our children will be able to stay for a school dinner from Monday 8<sup>th</sup> March. I have attached the menu so that you can look at it with your child. We will be on week 2 menu choice. Monday is pizza!



## Chrome Books

Please could all families that borrowed a Chrome book to support them with home learning return them to the school office on Monday. These will be available in the future if a bubble has to isolate and return to home learning.

# Primary School Lunch Menu

"Take care of your body – it's the only place you have to live!"

## Monday

Chicken & Vegetable Pie  
Creamed Potatoes • Broccoli  
Quorn Frankfurter (V) or Classic Hot Dog  
Seasoned Potato Wedges  
Wholemeal Spaghetti Hoops  
In Tomato Sauce  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Frozen Yoghurt or Fresh Fruit

## Tuesday

Savory Beef Mince with Dumpling  
Carrot & Sauté Mash • Cauliflower  
Cheese Omelette (V) • Hash Browns  
Baked Beans  
Ham Sandwich  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Sticky Orange Sponge • Custard

## Wednesday

Homemade Cheese & Tomato Pizza (V)  
Country Diced Potatoes  
Sweetcorn  
Quorn Keema Curry (V) • Savory Rice  
Biscotti  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Apple Cumble Muffin

## Thursday

Roast Pork with Sage & Onion Stuffing  
Oven Roast Potatoes • Turnip  
Homemade Tomato Soup (V)  
Focaccia Bread  
Tuna Sandwich  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Fresh Fruit Salad or Yoghurt

## Friday

Chips/ Coated Fish  
Chips • Mashed Peas  
Spaghetti Napoli (V) • Garlic Bread  
Sweetcorn  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Fruity Flapjack • Custard

## Monday

Quorn Style Dippers with Tomato Relish (V)  
Chips • Garden Peas  
Homemade Baked Vegetable Pizza (V)  
Chips • Garden Peas  
Egg and Cress Sandwich (V)  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Chocolate Brownie • Chocolate Sauce

## Tuesday

Baked Pork Sausage  
with Yorkshire Pudding  
Creamed Potatoes  
Spring Cabbage  
Tuna Pasta Bake  
Garlic and Herb Bread • Sweetcorn  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Frozen Strawberry Mousse

## Wednesday

Beef Burger or Quorn Burger (V)  
Sweet Potato Fries • Colislaw  
Creamed Potatoes • Turnip  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Chilled Yoghurt  
or Fresh Fruit Salad

## Thursday

Roast Turkey & Sage and Onion Stuffing  
Oven Roast Potatoes • Carrots  
Quorn Korona (V)  
Steamed Rice • Nann Bread  
Mashed Apple and Cucumber Salad  
Cheese Sandwich  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Iced Sponge • Custard

## Friday

Cod Fricasole  
Seasoned Wedges • Baked Beans  
Quorn Korona  
In Pesto Rocket (V)  
Savory Vegetable Rice  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Fresh Fruit Selection  
or Frozen Yoghurt

## Monday

Meatballs in Tomato & Herb Sauce  
Pasta Twists • Garlic & Herb Bread  
Sweetcorn  
Cheese Roll (V)  
Country Diced Potatoes • Baked Beans  
Ham & Tomato Baguette  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Lemon Drizzle Cake • Custard

## Tuesday

BBQ Chicken Grill  
Seasoned Wedges • Garden Peas  
Quorn & Lentil Jalfrazi (V)  
Steamed Rice • Nann Bread  
Tomato & Onion Salad  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Mixed Fruit Cobble

## Wednesday

Turkey Cobbler  
New Potatoes • Broccoli  
Vegetable Nuggies (V) with Garlic Mayo  
Seasoned Potato Wedges  
Wholemeal Spagetti Hoops  
Cheese Savory Sandwich  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Shortbread • Custard

## Thursday

Roast Beef with Yorkshire Pudding  
Oven Roast Potatoes • Savory Cabbage  
Homemade Cheese & Tomato Pizza (V)  
Oven Roast Potatoes  
Colislaw  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Ice Cream Tub

## Friday

Cod fish Fingers or Salmon Fish Fingers.  
Chips • Beetroot  
Quorn Sausage Roll (V)  
Chips • Baked Beans  
Tuna Sandwich  
Jacket Potato with Choice of Filling  
Cheese, Baked Beans (V) or Tuna  
Fresh Fruit Salad or Chilled Yoghurt

### Week one

7 September 20 - 28 September 20  
19 October 20 / 16 November 20  
7 December 20 - 11 January 21  
1 February 21 - 1 March 21  
22 March 21 - 26 April 21  
17 May 21 - 14 June 21  
5 July 21

### Week two

14 September 20 - 5 October 20  
2 November 20 - 23 November 20  
14 December 20 - 18 January 21  
8 February 21 - 8 March 21  
29 March 21 - 3 May 21  
24 May 21 - 21 June 21  
12 July 21

### Week three

21 September 20 - 12 October 20  
9 November 20 - 30 November 20  
4 January 21 - 25 January 21  
22 February 21 - 15 March 21  
19 April 21 - 10 May 21  
7 June 21 - 28 June 21  
19 July 21

Available daily: salad bar, selection of fresh bread and rolls.  
Choice of drinks - fruit juice drinks, reduced fat milks, chilled drinking  
water, Fresh Fruit Selection, yoghurt and cheese and biscuits.  
(V) Suitable for vegetarians.

"Drinking water  
helps you look  
and feel your best!"

September 2020 - July 2021

