



Grange First School.
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Children in Need 2020

Dear Parents and Carers,

Every year we hold fundraising events for Children in Need. As well as raising money, we use the focus and resources to talk with our children about their lives and the lives of others around the country.

This year we will be making some changes to what we do in response to the current Covid situation.

Non-Uniform: Friday 13th November:

Friday will be a non-uniform day for all children and staff. During the day, each class will take part in some activities related to Children in Need.

Throughout the week we will be using the BBC Children in Need wellbeing focus of **Five to Thrive**.

Five to Thrive

'We know things have been tough recently, so this year we are making children's mental wellbeing our number one priority.

Five to Thrive is our unique programme of wellbeing activities for our Appeal Week (9-13 Nov), led by Joe Wicks, Dr Radha and Blue Peter. Inspired by the 5 Ways to Wellbeing, each day we have lots of content and classroom resources designed to help children feel better about themselves – as well as helping others.'



How to donate?

We are not handling any money in school at the moment and encourage those parents who wish to donate to go directly to the BBC link <https://donate.bbcchildreninneed.co.uk/>

Thank you for your support

Matt Ward (Headteacher)

