



# Galaxy Glow-in-the-Dark

## Sensory Bottle

### You will need:

Cotton wool

Glow-in-the-dark paint

Glitter

Red food colouring

Blue food colouring

Water

Container with a lid

Strong glue

Sticky tape

### Method

1. Fill the container a quarter full with cotton wool balls.
2. Add a few drops of blue food colouring and enough water to saturate the cotton wool balls.
3. Add a sprinkling of glitter and a squeeze of glow-in-the-dark paint.
4. Add the same amount of cotton wool balls into the bottle again.
5. Add a few drops of red food colouring and again, enough water to saturate the cotton wool balls.
6. Add a sprinkling of glitter and a squeeze of glow-in-the-dark paint.
7. Continue to add layers of cotton wool, paint and glitter, alternating the colour of the food colouring until the bottle is full.
8. Glue around the lid of the bottle and twist it into place. Allow time for the glue to dry.
9. Tape around the lid of the bottle with the sticky tape.
10. The bottle is now ready for the children to explore.

