

**HEALTHY – TASTY – DELICIOUS – NUTRITIOUS  
SCHOOL MEALS**

**LOCAL**

We use as much local and school garden produce as we possibly can !!

**SEASONAL**

We use seasonal fruit and vegetables

**HEALTHY DRINKS**

water, organic milk,  
seasonal smoothies,



**CHOICE**

There is always plenty to choose from

**FRESH & TASTY**

**cooked with care**

**NO** nasty additives, preservatives  
or colourings.

**NO GM** products

**NO** mechanically reclaimed meats

**FOOD ALLERGIES**

**And**

**INTOLERANCES**

**If you have a food allergy or intolerance**

**Please speak to our staff**

**about the ingredients in your meal,  
when making your order.**

**QUALITY**

We use higher welfare BRITISH meat,  
local beef, local free range pork,  
high meat percentage burgers and sausages.

Local free range eggs,

Marine Sustainable Certified fish.

Fairtrade bananas, organic milk,  
yoghurt, pasta, rice, flour, sugar,  
vegetables & other ingredients  
where possible. Whole wheat too!!



**VARIETY**

We have fresh fruit available DAILY  
served in various ways to make it fun!...

whole fruit, fruit pots, platter, melon  
boats and fruit kebabs!!!





## COLLATON LUNCH MENU ORDER FORM

Please tick as applicable and hand into the office

w/c 01.01.18



WEDNESDAY	
Local roast chicken fillet, gravy	
Quorn pieces in veggie gravy	
Filled soft roll	
Jacket potato	
Roast potatoes, yorkshire, carrots cauliflower & cabbage or salad bar	
Fruit sponge & custard yoghurt, fruit salad	

CHILDS NAME

CLASS

THURSDAY	
Cheese & ham pasta bake	
Cheese & tomato pinwheels and wedges	
Filled soft roll	
Jacket potato	
green beans & sweetcorn, salad bar	
Fruit wobble & ice cream, yoghurt, fruit bowl	

FRIDAY	
MSC fish fingers	
Sweetcorn & bean fritters	
Filled soft roll	
Jacket potato	
oven chips spaghetti hoops & peas, salad bar	
Milk shake & a cookie, cheese crackers grapes, fruit salad	

w/c 08.01.18

MONDAY	
Quality sausage, onion gravy	
Quorn sausage	
Filled soft roll	
Jacket potato	
Mashed potatoes green beans & sweetcorn or salad bar	
Apple shortbread & custard, yoghurt, fruit salad	

TUESDAY	
Italian wholemeal pasta pots, with a variety of toppings, including vegetarian options	
Filled soft roll	
Jacket potato	
Garlic bread, peas & sweetcorn or salad bar	
Mandarin sponge & custard yoghurt, fruit salad	

WEDNESDAY	
Devonshire roast beef , gravy	
Lentil loaf	
Filled soft roll	
Jacket potato	
Roast potatoes, yorkshire, carrots, cauliflower & honey parsnips	
Chocolate date brownie yoghurt, fruit salad	

THURSDAY	
Mild chicken curry	
Cauliflower & chickpea curry	
Filled soft roll	
Jacket potato	
Naan bread, savoury rice, green beans & carrots, salad bar	
Fruity flapjack, yoghurt, fruit bowl	

FRIDAY	
MSC breaded cod bites	
Vegetable fingers	
Filled soft roll	
Jacket potato	
Oven chips baked beans & peas or salad bar	
Milk shake & a cookie, cheese crackers grapes, fruit salad	

w/c 15.01.18

MONDAY	
Hot Dog	
Quorn Dog	
Filled soft roll	
Jacket potato	
Hand cut wedges peas & sweetcorn or salad bar	
Plum & apple cobbler custard, yoghurt, fruit salad	

TUESDAY	
Spaghetti bolognaise	
Quorn & chickpea bolognaise	
Filled soft roll	
Jacket potato	
Garlic bread, carrots & broccoli or seasonal salad bar	
Pear & chocolate cake & custard, fruit salad	

WEDNESDAY	
Free range roast gammon	
Quorn wellington	
Filled soft roll	
Jacket potato	
Roast potatoes, yorkshire, carrots broccoli & cabbage or salad bar	
Toffee apple sponge & ice cream yoghurt, fruit salad	

THURSDAY	
Sticky BBQ chicken	
Lentil & veggie burger	
Filled soft roll	
Jacket potato	
Noodles, green beans & sweetcorn, salad bar	
PIP Organic Apple lolly, yoghurt, fruit bowl	

FRIDAY	
MSC Salmon nibbles	
Vegetable & chickpea nuggets	
Filled soft roll	
Jacket potato	
Oven chips, baked beans & peas or salad bar	
Milk shake & a cookie, cheese crackers grapes, fruit salad	

**Meals for KS2 are £2.20, Meals KS1 and Reception are FREE of charge**

**Payment enclosed £ .....**



## COLLATON LUNCH MENU ORDER FORM

**CHILDS NAME**

**CLASS**

**Please tick as applicable and hand into the office**

**w/c 22.01.18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Build your own pizza bar Cheese & tomato Pizza with choice of healthy toppings	Chilli Con Carne	Local roast chicken fillet, gravy	Cheese & ham pasta bake	MSC fish fingers
Filled soft roll	Macaroni cheese	Quorn pieces in veggie gravy	Cheese & tomato pinwheels,	Sweetcorn & bean fritters
Jacket potato	Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll
Pasta salad, peas & sweetcorn Salad bar	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Winter crumble & custard, yoghurt, fruit salad	Crusty loaf, savoury rice carrots & green beans, Salad bar	Roast potatoes, yorkshire, carrots cauliflower & cabbage or salad bar	Wedges, green beans & sweetcorn , salad bar	Oven chips Spaghetti hoops & peas, salad bar
	Jelly & fruit yoghurt, fruit salad	Fudge tart yoghurt, fruit salad	Fruit wobble & ice cream, yoghurt, fruit bowl	Milk shake & a cookie, cheese crackers grapes, fruit salad

**w/c 29.01.18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quality sausage, onion gravy	Italian wholemeal pasta pots, with a variety of toppings, including vegetarian options	Devonshire roast beef , gravy	Mild chicken curry	MSC breaded cod bites
Quorn sausage	Filled soft roll	Lentil loaf	Cauliflower & chickpea curry	Vegetable fingers
Filled soft roll	Jacket potato	Filled soft roll	Filled soft roll	Filled soft roll
Jacket potato	Garlic bread, carrots & sweetcorn or salad bar	Jacket potato	Jacket potato	Jacket potato
Mashed potatoes green beans & sweetcorn or salad bar	Mandarin sponge & custard yoghurt, fruit salad	Roast potatoes, yorkshire, carrots, cauliflower & honey parsnips	Naan bread, savoury rice, green beans & carrots, salad bar	Oven chips baked beans & peas or salad bar
Apple shortbread & custard, yoghurt, fruit salad		Chocolate date brownie yoghurt, fruit salad	Fruity flapjack, yoghurt, fruit bowl	Milk shake & a cookie, cheese crackers grapes, fruit salad

**w/c 05.02.18**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Dog	Spaghetti bolognaise	Free range roast gammon	Sticky BBQ chicken	MSC Salmon nibbles
Quorn Dog	Quorn & chickpea bolognaise	Quorn wellington	Lentil & veggie burger	Vegetable & chickpea nuggets
Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll	Filled soft roll
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Hand cut wedges peas & sweetcorn or salad bar	Garlic bread, carrots & broccoli or seasonal salad bar	Roast potatoes, yorkshire, carrots broccoli & cabbage or salad bar	noodles, green beans & sweetcorn, salad bar	Oven chips, baked beans & peas or salad bar
Plum and apple cobbler custard, yoghurt, fruit salad	Pear & chocolate cake & custard, fruit salad	Toffee apple sponge & ice cream yoghurt, fruit salad	PIP Organic Apple lolly, yoghurt, fruit bowl	Milk shake & a cookie, cheese crackers grapes, fruit salad

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**Payment enclosed £ .....**