



Thornton Primary School

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Dear Parents/carers,

Years five and six Sex and Relationships Education

We believe that promoting the health and well-being of our pupils is an important part of their education. We do this through our Personal, Social and Health Education (PSHE) lessons which encompass Healthy Relationships and Sex and Relationships. These lessons look at many topics including all kinds of relationships, emotional and physical health and living in the wider world. The aim of PSHE lessons are to help our pupils make safe and informed decisions during their school years and beyond.

Sex and Relationship Education (SRE) is an important part of PSHE. We will be teaching lessons about SRE in the summer term in Year Six 2019 and during the autumn term of Year Six 2019 (our current Year 5 pupils). These sessions will include topics such as puberty, menstruation, how to keep your body clean, relationships and how babies are conceived. During the lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

We would like to invite the parents of Year 5 and 6 pupils to view the resources we will be using during our SRE lessons on **Monday 24th June 2019 at 9am** when staff from our Pastoral Team and Senior Leadership Team will be happy to answer any questions you may have.

Some parts of SRE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from other parts of SRE not included in the National Curriculum if they wish to do so. However, we believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Parents are the first educators of young people in personal issues and the majority of our children tell us that their parents are the people they go to when seeking information on growing up, relationships and feelings. They also welcome the support that school can offer to supplement their home teaching. The meeting will be a great opportunity for you to begin to think about how you may answer questions that your child may start to ask as they approach puberty.

We look forward to seeing as many of you as possible at the meeting on Monday.

Yours sincerely,

Sue Simmons,
Headteacher.

