

Transition Workbook



A picture of me

Name: _____

Secondary school I will be attending:

Finding out about my new school



The name of my new school is _____

The address is

The telephone number is _____

The name of the head teacher is

School starts at _____ and finishes at _____

I will travel by **car/bus/walking/bike/train** (*circle one*)

To get to school on time, I will need to leave my house
at about _____

I will attend the school from _____ September 2020

Finding your way around

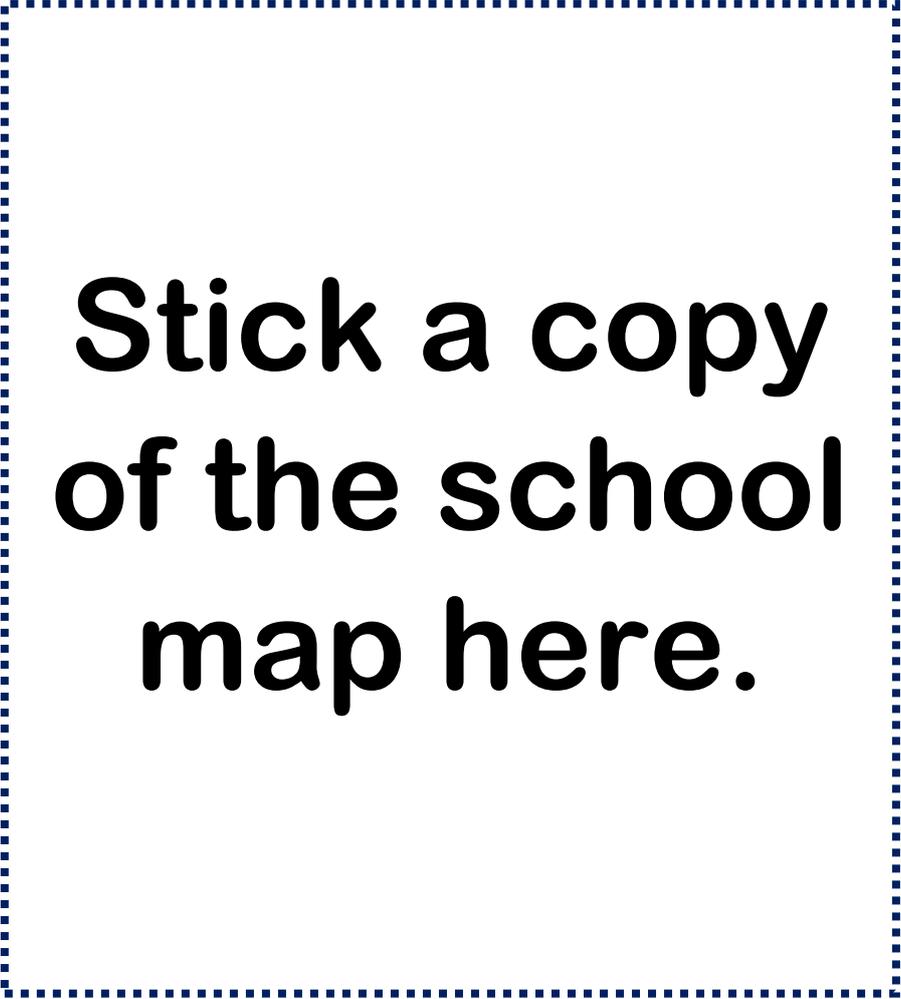
Most Year 6 pupils feel a little scared about going to a school which is so much bigger than their primary school. They feel worried about getting lost, or being late for a lesson because they're not sure of where the room is.

A map can help because it shows where all the different rooms are and you can easily see the quickest way to get there.



If you like Science you could look to see where the science labs are or if you think dinnertime is the best thing about school then you can look to see where the canteen is!

There is space to stick in your map on the next page.



**Stick a copy
of the school
map here.**

The Timetable

One of the first pieces of information you will be given in September will be your timetable. It's very important because it not only tells you which lessons you will have that day but it also gives you a clue about the equipment you will need to pack in your bag the night before. It also tells you what time each lesson starts and finishes and in which room they will take place. If you haven't got a watch yet, it might be a good idea to buy one to practise telling the time and getting to places on time.

Usually the timetable will also let you know which teacher you will have for each subject. Instead of just one teacher, you're going to have to get used to ten or more different people being in charge of your class! Often, the timetable will have the teacher's initials next to the name of the lesson.



You will probably have 5 or 6 different subjects every day and some will be in special rooms. For example science will usually take place in a laboratory.

One thing to watch is whether your school has a two week timetable or not. If your school does use this system, you will have to remember whether you are on week one or week two.

Stick a copy of timetable.

**If the secondary school
hasn't decided on the new
Year 7 timetable yet, stick in
this year's timetable as an
example.**

Timetable practice

The P.E days
are....

I will see my
tutor...

English will be
in room...
with...

My favourite lesson
is on....

For Thursday's
lesson the following
equipment will be
needed...

Monday



Tuesday



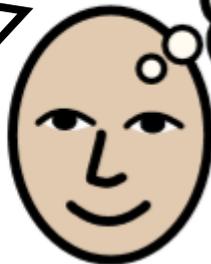
Wednesday



Thursday



Friday

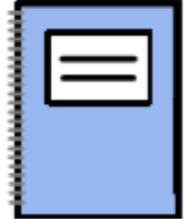


Homework

Homework – ugh! No one likes it but it's just one of those things that you have to do and the more organised you are, the less amount of time you'll have to spend doing it.

In Year 7 you may start to get a lot more homework than you have been used to. Teachers will be stricter about getting it done and handed in on time too.

To help you do this, you will probably be given a homework diary where you or the subject teacher can write down what you have to do and when it has to be finished by.



Why is homework important?



Homework is really important because it shows the teacher whether you've understood the work or not. It also means that you can cover more work than the time allowed by a lesson in school.

You need to make sure that you really understand all the rules about homework. On the next page there are some questions you could ask your form tutor. You can add a few more of your own if you like.



Homework questions

How long will I be expected to spend on homework each night?

How will I know what to do?

How long will I have to complete it?

What should I do if I get confused when I'm writing the homework instructions in my diary?

What should I do if I find the homework is too difficult?

What will happen if I forget to do it or forget to bring it in?

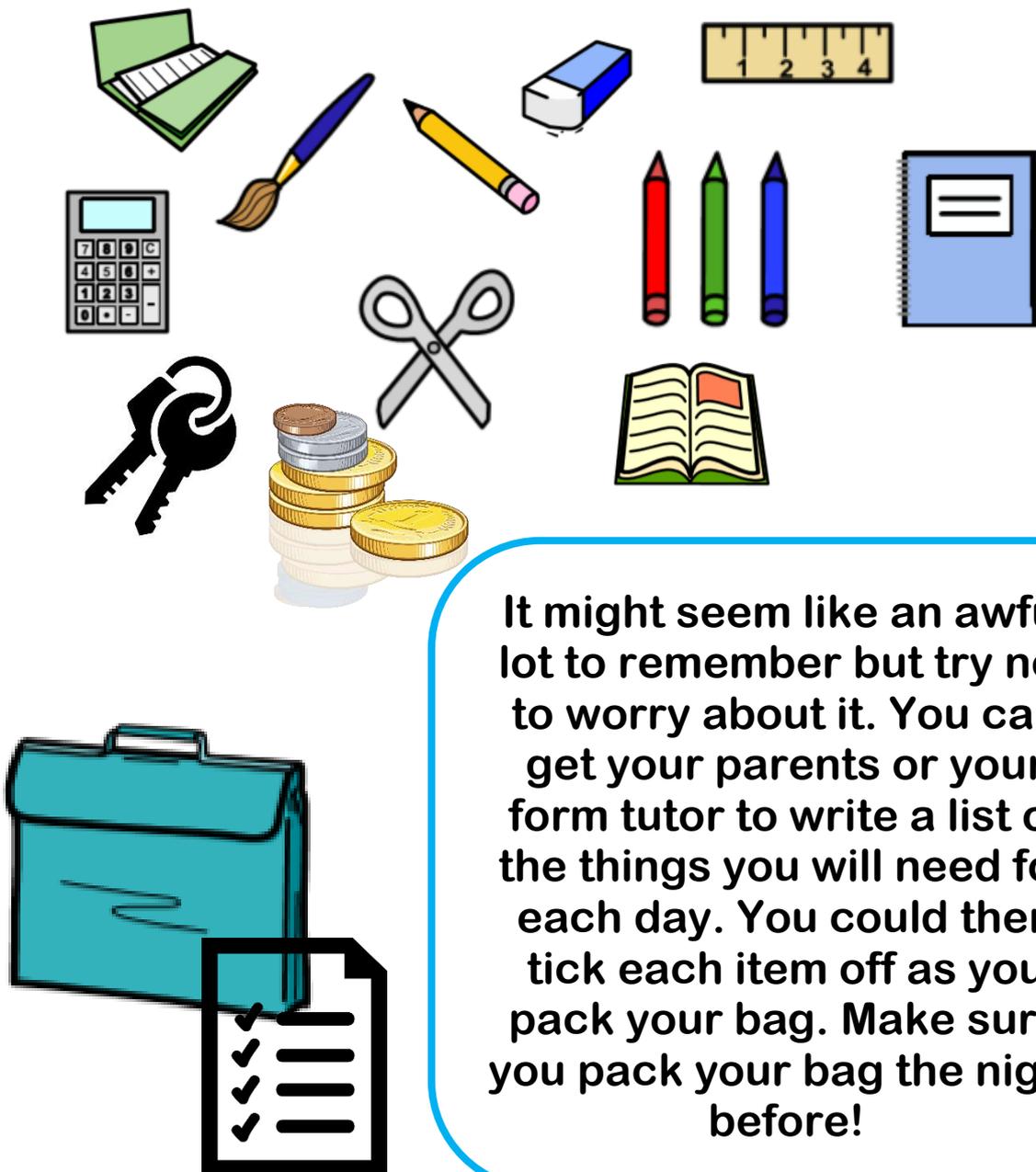
Any other questions?



Equipment

In primary school, most of the equipment you need is kept in the classroom. But at secondary school, you will be expected to have your own pencils and pens and you will have to carry them all around with you. There are lots of other things you might need too.

Circle the equipment you will probably need and draw in any more you can think of:



It might seem like an awful lot to remember but try not to worry about it. You can get your parents or your form tutor to write a list of the things you will need for each day. You could then tick each item off as you pack your bag. Make sure you pack your bag the night before!

School rules

Why do we have them?

Every school will have some rules for the classroom, corridors and assembly as well as rules about homework, break-times and uniform. You might not like them or even agree with them but they are there to make life easier for everyone in school.

Can you think of a reason why schools need rules?

Breaking the rules!

There will always be consequences for breaking the rules too. So it's not only important to know what the rules are but also what will happen if you don't follow them.



Apologising



If you do break a rule, it is usually a good idea to admit that you got it wrong and to say sorry.

It might be useful to practise apologising. Look at the scenarios on the next page. In each one a rule has been broken. With a partner take it in turns to be the annoyed teacher and the pupil who says sorry. It can be hard to keep your cool if you're being told off. Try to remember things will only get worse if you get angry.

School rules

What should you do in these situations?

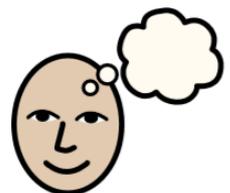
A teacher tells you off for talking in class but you were just answering your classmate's question...

You have not done your homework because you didn't write the instructions down properly...

You have forgotten a textbook you need for that lesson...

The teacher sees you chewing gum in her lesson and isn't happy...

Can you invent some of your own scenarios for your friend?

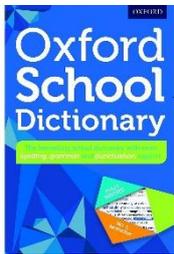


Rumours

Most people in your class will probably want to talk about going to secondary school because it's a big step for you all. It's good to talk about all the exciting things ahead of you and it's also good to tell each other about the things you're a bit worried about.

Sometimes though pupils can scare each other unnecessarily because they have listened to rumours about what the school is like.

Look up the word 'rumour' in the dictionary and write the definition here:



Very often rumours are exaggerated stories. For example, a story that there are gangs of older students taking money from new Year 7 pupils could be an exaggeration of a one off incident where a Year 11 boy ran off with £1 when a Year 7 girl dropped it.

Rumours may have an element of truth in them but usually they contain a lot of things which aren't true. It's best to listen to the facts that members of staff tell you rather than the rumours pupils from the school might tell you.

Write down some of the rumours you have heard:

•

•

•

•

•

Uniform

Uniform makes us look smart, sensible and creates identify for the school. Rules for school uniform might be stricter in secondary school. As well as school uniform, there may be rules on jewellery, makeup and hair.



Clubs

Just like primary school, in secondary school you can there will be lots of clubs you can attend at lunchtime or after school. You may be interested in sports or arts and crafts, ask your class teacher about the different clubs for more information.

Key questions to ask about clubs:

- ❖ What different clubs I can attend?
- ❖ What are the club days?
- ❖ What are the timings?
- ❖ Where will it be?
- ❖ Who will lead the club?
- ❖ What do I need to bring with me?



Meeting new people

How many children are in your Year 6 class?

How many years have you known them?

How many adults work with you in your classroom?

Most children in your class will feel comfortable and happy because they know everyone very well and feel like they belong. Just having one teacher can make you feel safe too. Going to secondary school can be different because you won't know everyone and it may take a bit of time to feel like you 'belong' in your new form.

The important thing to remember is that **EVERYONE** will feel the same way and that you're not alone. It's actually a good opportunity to make new friends and learn from adults who have specialised in their particular subject.

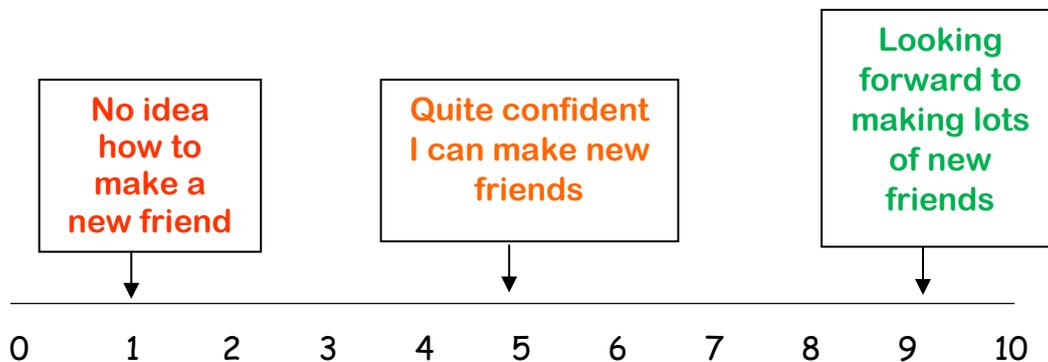
| I'm looking forward to meeting...  | I'm not too sure about meeting...because...  |
|---|---|
| | |

Making friends

Everyone has strengths and weaknesses. Some pupils find it really easy to get to the top level on a computer game whilst others never get past Level 1. Some pupils have no problems drawing amazing life-like pictures whilst others find it difficult to draw a good stick-man.

It's the same with making friends. Some pupils love meeting new people, are very chatty and make lots of friends easily. Others don't know how to begin to make even one new friend.

Where do you think you are on the friendship scale?



Below are a few hints and tips to help you make a new friend. Why don't you practise with a classmate?



- ❖ Smile
- ❖ Tell them your name and ask them their name too
- ❖ Find out what they are interested in or if they have any talents
- ❖ Talk about shared interests – you both might like computers
- ❖ Ask them if they want to do something at break-time



Well done! You have completed the transition booklet. I hope you feel prepared for secondary school now.

