



'Ensuring Excellence'

Executive Headteacher: Mrs M Cross
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Dear Parent/Carer,

RE: THRIVE Approach

I am writing to introduce a new whole school approach that all children will be participating in based around emotional and social development.



What is Thrive?

Thrive is a therapeutic approach to help support children with their emotional and social development.

The Thrive approach offers practical strategies and techniques and is built around online assessments which identify children's emotional development and provides action plans for their individual needs.

Research has shown that how we behave is linked to how we feel and our emotions are linked to how we learn. By teaching children to recognise and notice these feelings and emotions it can help with their development and learning.

Thrive promotes their emotional and social growth by building positive relationships between a child and their peers and helps them explore and understand their feelings through various activities.

Once a week, all children take part in 'Thrive Time' class assemblies where they complete activities linked to the following:

- Difficulties with friendships.
- Finding it hard to settle in the classroom.
- Finding it difficult to manage their strong feelings.
- Not knowing who to turn to when feelings are too big to manage on their own.

There is a possibility that your child may work in a smaller group or 1:1 with Mrs Clarke to go over specific aspects in more depth. Therefore we are asking parents to sign the consent form to enable us to work with your child over the academic year, if needed.

Why might my child attend a Thrive session?

Many children experience difficulties during their time at school. These difficulties can lead to many different feelings which may seem overwhelming at times. They might include: anger, frustration, sadness, loneliness, confusion or anxiety.

All these feelings are very normal and happen to a lot of children. The Thrive sessions are to help children learn to manage their feelings and teach them strategies that will help promote their learning at school.



Chosen Charity

What will happen in a Thrive session?

The session may be on an individual basis or as part of a small group of children. During each session there will be an activity which may include:

- Story telling
- Circle games
- Arts and crafts
- Sand play
- Movement and relaxation
- Role play and puppet work
- Games

Our Vision is to:

Develop children emotionally so they are able to recognise and manage their emotions and learn ways of responding to their feelings appropriately.

We aim to:

- Provide alternative support for children who are experiencing emotional, social or behavioural difficulties.
- Provide a safe and calm environment for children to develop their skills.
- Enable children to take pride in their achievements and enhance self-esteem.
- Help children to manage their feelings and develop skills to enjoy and participate in school life.
- Use positive approaches to manage all behaviours.

I would be grateful if you would sign and return the following sheet, consent given or not, so that we can log your response.

I will also be running an 'Introduction to THRIVE' workshop for parents and carers in the Autumn Term. Dates will be confirmed nearer the time. All parents are welcome to this.

If you would like to discuss this further please do not hesitate to contact me,

Yours sincerely,



Miss V Lewis
SENDCo

THRIVE CONSENT FORM

At our school we have been using THRIVE to assess children in their class. The results help us to plan our social and emotional curriculum for the whole school. We adapt what we teach to best meet the needs that are indicated.

We can also use Thrive-Online to assess and develop action plans for individual children. This ensures that the adults working with them understand their individual needs and are able to meet these most effectively.

At some point in the future we may need to assess and develop an individual action plan for your child. In order to do so we require your consent. Your child will not be aware that this is being done.

Please read the statement below and sign to signify your agreement.

By signing this form I agree that:

- A THRIVE assessment may be carried out for my child. A Thrive Assessment involves school staff assessing the positive display of important social and emotional skills from a child or group/s of children and then determining the frequency and confidence of the skills being exhibited. The assessment process occurs as part of the normal daily observation of school staff and therefore does not involve children directly responding to questions or having to experience being assessed.
- Personal data will be gathered relating to my child in order to carry out the THRIVE assessment and action plan, this may include contact details, date of birth and information relating to my child's learning and behaviour at the school
- My child's personal data will be assessed by individuals from the school and an automated process will assist with the action plan
- Where there are other professionals and services involved, or required, for the best support of the child and/or family, it may be of benefit to share the Thrive action plan and profile. The school will always inform me and consent will always be sought prior to information being shared. Typically this could include Speech and Language therapy, CAMHS provision, Social Care, Educational Psychology or other provision from the appropriate Local Authority, although this is not an exhaustive list.

I understand that information gathered in the THRIVE assessment will be stored in secure computer systems and anonymous statistical information will be created. The data will be deleted in accordance with the school's data retention policy.

The school will only use any personal data collected for the purposes detailed in this consent form and in accordance with its privacy policy. The on-line tool is provided by Thrive who will process data on behalf of the school.

I understand participation is voluntary and I can withdraw my child at any time.

I **DO** give my consent

I **DO NOT** give my consent

Parent/ Carer name: _____ Signature: _____

Child's name: _____ Date signed: _____



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Heart Beat Award 2014
North Warwickshire Borough Council